Getting through the day with your mask

Use these helpful tips to properly wear and store your mask throughout your day.

**How to wear your mask.**
- Wear your mask secure over your mouth and nose.
- Secure your mask behind both of your ears.

**How to store your mask when going to the bathroom, taking a drink or eating.**
- Place your mask on a clean paper towel. (Exterior of the mask facing down with the ties placed away from the inside.)
- Store your mask in a clean paper bag.

**How NOT to wear your mask.**
- Do not wear your mask under your mouth.
- Do not pull your mask under chin, even to drink.
- Do not wear your mask on your elbow.
- Do not hang your mask from one ear.

Remember to always use proper hand hygiene before putting on and taking off your mask.