

Peer Support Collaborative



Process experiences in clinical education

Learn strategies for coping with the challenges of clinical training

Establish action steps to achieve career goals



Leah Sodowick, M.S.
Peer Supporter
Clinical Psychology PhD Candidate

We provide:

1:1 Peer Coaching

Together we explore topics, including:

- Shame in medicine/healthcare
- Coping with death and dying
- Mental health, burnout, and secondary traumatic stress
- Striving for excellence vs. perfection
- Performance skills training
- Navigating difficult interactions with patients and supervisors

SCAN THE QR CODE IF YOU ARE INTERESTED IN CONNECTING



Program Directors: Drs. McLean Pollock, PhD; Jane Gagliardi, MD; & Laura Weisberg, PhD

PLEASE CONTACT DR. POLLOCK IF YOU HAVE QUESTIONS: MCLEAN.POLLOCK@DUKE.EDU