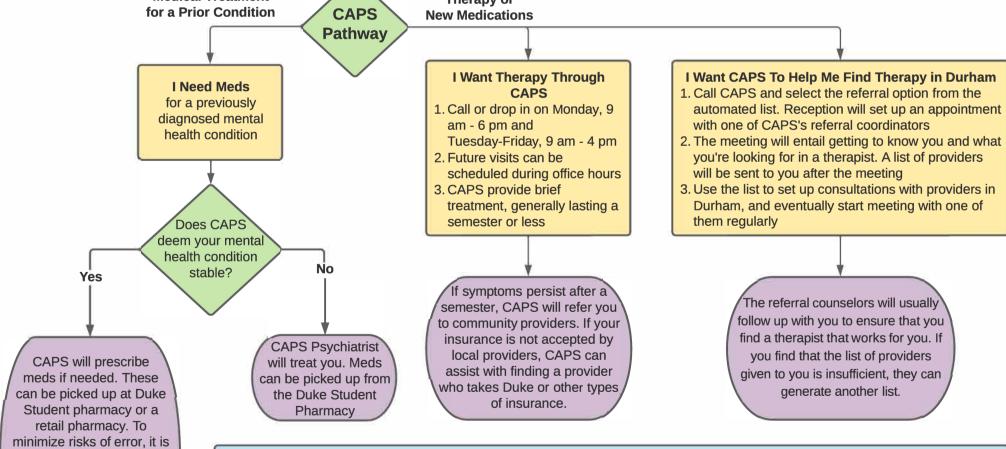
I'm Seeking Mental Health Resources @ Duke School of Medicine **Individual Program Mental Health Support Contacts** MD Program, Page Advisory Dean on Call (919) 970-7399 you or **Call 911** • MBS Program, Dr. Kathy Andolsek Yes someone else in On campus calls go to DUPD; kathryn.andolsek@duke.edu physical Off campus calls go to Durham PD MSTP Program, Andrea Liu How can we improve danger? .andrea.liu@duke.edu the process? • DPT Program, Dr. Jeff Hoder jeffrey.hoder@duke.edu No Please leave us • PA Program, April Stouder • Blue Devils Care offers 24/7 Telemental Health services april.stouder@duke.edu anonymous feedback. · OTD Program, Dr. Marybeth Gallagher, We want to continue to • Student Dean on Call (cell: 984-287-0300) marybeth.gallagher@duke.edu improve serving you Yes • Call 919-660-1000. During business hours, a receptionist can Is it · Path Assistant Program, and your peers. urgent? connect you to a CAPS counselor; after business hours, follow Meridith Hennessey the prompts to speak with an urgent care professional. .meridith.hennessey@duke.edu Link to Duke Emergency Resources No I Still Haven't Counseling & **School-Specific Mental** Found What I'm **Psychological Services Telehealth** Resources **Looking For** (CAPS) **Get Help Finding Resources** Counseling and Psychological Services (CAPS) **Blue Devils Care** Med Student? CAPS: call 919-660-1000 to speak with a 24/7 mental telehealth counselor, or visit CAPS main office, CAPS at Le Well - our services are confidential, free support to all Duke 9am-4pm, located on the 3rd floor of the and available to all enrolled students in the Duke students at no cost. Blue Yes Student Wellness Center, West Campus School of Medicine. Our regular office hours are: 305 Towerview Drive Devils Care's TalkNow Tuesdays/Wednesdays, 11:00am - 7:00pm **Alumni-sponsored** service provides 24/7 **DukeReach:** Provide individualized support to **Psychiatrist** Thursdays 9:00am - 5:00pm. students in managing all aspects of their immediate access to a personal, social, and academic success; Address **Available to** mental health professional. questions or concerns about utilizing various **Medical Students** For other calls, the goal is campus resources; Assist students who are to provide a response struggling to function academically, socially, or mentally due to a personal challenge or crisis; within 1 hour, 24 hours a Aid students in identifying and navigating offices both on and off campus to meet their respective day. Use the Service Key: DUKESTUDENT What to expect **Medical Treatment** Therapy or for a Prior Condition **CAPS New Medications**



best for one provider to

prescribe medications. If

there is an established care

provider, CAPS

recommends continuing

medication care with

them.

Identity-Specific Resources

Sexual Misconduct Resources: provides therapeutic services to survivors of all genders of gender violence, which includes sexual violence, intimate partner violence, stalking, cyber sexual harassment and sexual harassment.

Center for Sexual & Gender Diversity: strives to achieve an inclusive campus climate for students, staff, faculty, and alumnx with marginalized sexual orientations, romantic orientations, gender identities, and gender expressions through education, advocacy, support, mentoring, academic engagement, and providing space.

Multicultural Resource Center: assists with the preparation of learners, staff, and faculty to work and live in a world of diverse people who differ along the lines of culture, faith, gender, sexuality, and socio-economic backgrounds. Email Maureen Cullins for more info

Duke Office of Diversity & Inclusion: Mental Health Resources for Black, Indigenous, and People of Color (BIPOC)
Chaplain for Duke Hospital on call @ 919-970-8215: can assist in real time and/or give out community spiritual information
Caring for Each Other (CEO) Staff Emotional Support The 24/7 CEO Team provides space for individuals or teams to emotionally debrief. The team is trained in the ACT Crisis Intervention approach. If needed, they support learners & staff as they connect to higher levels of care. More info: <u>CaringforeaChother@duke.edu</u>