



PEER SUPPORT COLLABORATIVE

- Create an outlet to process experiences in clinical education
- Learn strategies for coping with the challenges of clinical training
- Establish goals and progressive action steps to achieve career goals



Jarrod Sotos, MS, PhD
Candidate



Shelby Alsup, MS, PhD
Candidate



SCAN IF INTERESTED IN
CONNECTING WITH US

WE PROVIDE 1:1
PEER COACHING
&
COLLABORATIVE
GROUP PEER
COACHING

Together we explore topics, including:

- **Shame in medicine/healthcare**
 - Coping with death and dying
- Mental health, **burnout**, and empathy fatigue
- Striving for **excellence vs perfection**
 - Performance mental skills training
- **Navigating difficult interactions** with patient and supervisor



PROGRAM HEADS: DRs. MCLEAN POLLOCK, PHD; JANE GAGLIARDI, MD; AND LAURA WEISBERG, PHD
SCAN TO SEE OUR CURRENT WORK

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