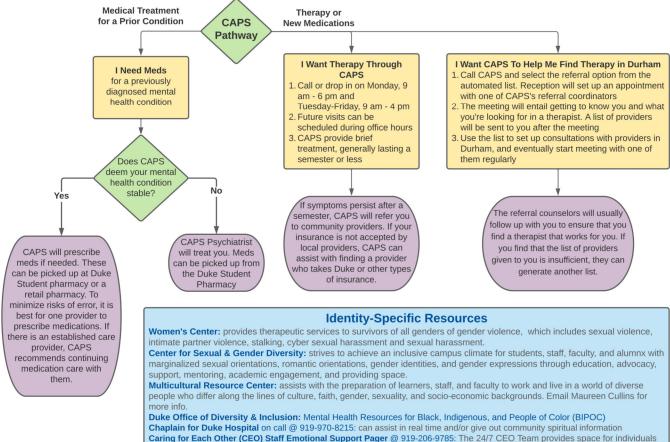
I'm Seeking Mental Health Resources @ Duke School of Medicine Individual Program **Mental Health Support Contacts** MD Program, Page Advisory Dean on Call Are (919) 970-7399 you or **Call 911** MBS Program, Dr. Kathy Andolsek Yes someone else in On campus calls go to DUPD; physical Off campus calls go to Durham PD • MSTP Program, Andrea Liu How can we improve danger? the process? • DPT Program, Dr. Jeff Hoder No Please leave us PA Program, April Stouder • Blue Devils Care offers 24/7 Telemental Health services anonymous feedback. · OTD Program, Dr. Marybeth Gallagher, We want to continue to • Student Dean on Call (cell: 984-287-0300) marybeth.gallagher@duke.edu improve serving you Yes Is it • Call 919-660-1000. During business hours, a receptionist can Path Assistant Program, and your peers urgent' connect you to a CAPS counselor; after business hours, follow Michelle Johnson michelle.p.johnson@duke.edu the prompts to speak with an urgent care professional. Link to Duke Emergency Resources No Counseling & I Still Haven't School-Specific Mental Psychological Services Found What I'm **Telehealth** Resources (CAPS) **Looking For** Counseling and Psychological Services (CAPS) **Blue Devils Care** Get Help Finding Resources Med Student? Confidential care is available at no cost to Duke 24/7 mental telehealth Students including individual and group counseling, support to all Duke CAPS After-Hours: 919-660-1000 psychiatry services, and community referrals. Call Yes students at no cost. Blue 919-660-1000 or walk-in Mon 9am-6pm, Tues-Fri Devils Care's TalkNow DukeReach: 919-681-2455/email 9am-4pm to get started. After your initial visit, ongoing service provides 24/7 **Alumni-sponsored** "DukeReach provides case sessions can be scheduled immediate access to a **Psychiatrist** management services including Mon 8am-7pm, Tues-Fri 8am-5pm. mental health professional. Available to coordination, advocacy, referrals **Medical Students** For other calls, the goal is and follow-up services for students to provide a response who are experiencing significant within 1 hour, 24 hours a difficulties related to mental health, day. Use the Service physical health, and/or Key: DUKESTUDENT psycho-social adjustment." What to expect **Medical Treatment** Therapy or



as they connect to higher levels of care

or teams to emotionally debrief. The team is trained in the ACT Crisis Intervention approach. If needed, they support learners & staff