Individual Program
Mental Health Support Contacts

• MD Program (Page)
  • Advisory Dean on call (919) 970-7399
  • MBS Program (Call/Text)
  • Dr. Andress: (917) 694-1230
  • Contact MBS advisor
  • MSIP (Call)
  • Andrea Luz: (919) 630-2615
  • DPT (Call)
  • Dr. Hoder: (919) 681-8559
  • Contact DPT faculty advisor
  • PA Program (Call)
  • April Stouder: (919) 360-5673
  • Contact PA faculty advisor
  • OTD (Call)
  • Dr. Gallagher: (919) 660-9827
  • Contact OTD home group advisor
  • Path Assistant Program (Call)
  • Michelle Johnson: (804) 246-0183

I'm Seeking Mental Health Resources @ Duke School of Medicine

How can we improve the process?
Please leave us anonymous feedback. We want to continue to improve serving you and your peers.

Are you or someone else in physical danger?
Yes
Call 911
On campus calls go to DUPD; off campus calls go to Durham PD

No

Get Help Finding Resources
CAPS After-Hours: 919-660-1000
DukeReach: 919-681-2455/email
"DukeReach provides case management services including coordination, advocacy, referrals, and follow-up services for students who are experiencing significant difficulties related to mental health, physical health, and/or psycho-social adjustment."

Mental Telehealth

Counseling & Psychological Services (CAPS)
Confidential care is available at no cost to Duke Students including individual and group counseling, psychiatry services, and community referrals. Call 919-660-1000 or walk-in Mon 9am-6pm, Tues-Fri 9am-4pm to get started. After your initial visit, ongoing sessions can be scheduled Mon 8am-7pm, Tues-Fri 9am-5pm.

Counseling and Psychological Services (CAPS)

Blue Devils Care 24/7 mental telehealth support to all Duke students at no cost. Blue Devils Care's TalkNow service provides 24/7 immediate access to a mental health professional. For other calls, the goal is to provide a response within 1 hour, 24 hours a day. Use the Service Key: DUKESTUDENT

What to expect

Yes

I Still Haven't Found What I'm Looking For

No

School-Specific Resources

Med Student?

• Yes
  • Alumni-sponsored Psychiatrist Available to Medical Students

• No

Identity-Specific Resources

Gender Violence Intervention: provides therapeutic services to survivors of all genders of gender violence, which includes sexual violence, intimate partner violence, stalking, cyber sexual harassment and sexual harassment.

Center for Sexual & Gender Diversity strives to achieve an inclusive campus climate for students, staff, faculty, and alumni with marginalized sexual orientations, romantic orientations, gender identities, and gender expressions through education, advocacy, support, mentoring, academic engagement, and providing space.

Multicultural Resource Center: assists with the preparation of learners, staff, and faculty to work and live in a world of diverse people who differ along the lines of culture, faith, gender, sexuality, and socio-economic backgrounds. Email Maureen Cullins for more info.

Duke Office of Diversity & Inclusion: Mental Health Resources for Black, Indigenous, and People of Color (BIPOC) Chaplain for Duke Hospital on call @ 919-970-8215: can assist in real time and/or give out community spiritual information

Caring for Each Other (CEO) Staff Emotional Support Pager @ 919-306-9788. The 24/7 CEO Team provides space for individuals or teams to emotionally debrief. The team is trained in the ACT Crisis Intervention approach. If needed, they support learners & staff as they connect to higher levels of care.