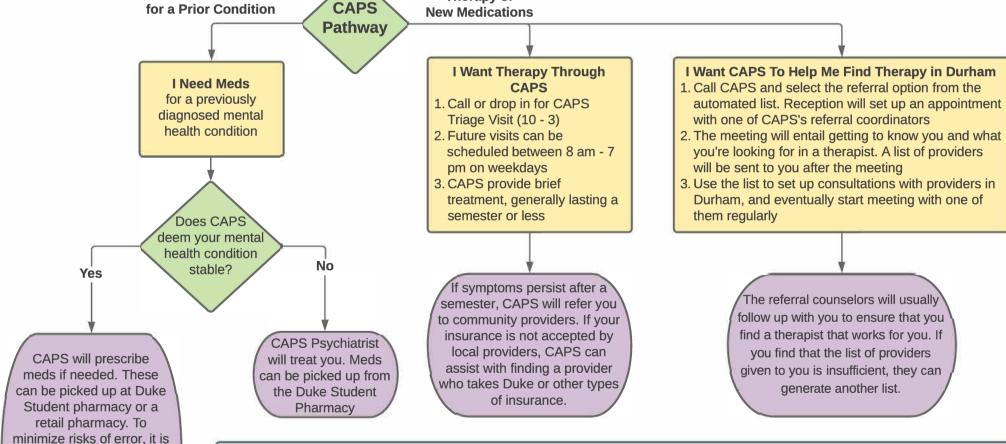
I'm Seeking Mental Health Resources @ Duke School of Medicine **Individual Program Mental Health Support Contacts** How can we improve • MD Program (Page) Advisory Dean on call (919) 970-7399 the process? Are you MBS Program (Call/Text) **Call 911** • Dr. Andolsek: (917) 684-1230 or someone Yes Please leave us On campus calls go to DUPD; Contact MBS advisor anonymous feedback. else in physical Off campus calls go to Durham PD MSTP (Call) We want to continue danger? • Andrea Liu: (919) 630-2615 to improve serving you • DPT (Call) and your peers. • Dr. Hoder: (919) 681-8559 Contact DPT faculty advisor No PA Program (Call) • Blue Devils Care offers 24/7 Telemental Health services • April Stouder (919) 360-5673 Contact PA faculty advisor **Trouble Getting Into** Student Dean on Call (cell: 984-287-0300) • OTD (Call) Is it Yes Call 919-660-1000. During business hours, a receptionist can • Dr. Gallagher (919) 660-9827 Please reach out to urgent? Contact OTD home group advisor connect you to a CAPS counselor; after business hours, follow Dr. Lisa Adams. Path Assistant Program (Call) the prompts to speak with an urgent care professional. • Michelle Johnson (804) 246-0183 lisa.adams3@duke.edu Link to Duke Emergency Resources Yes I Still Haven't Counseling & **Mental School-Specific Psychological Services** Found What I'm **Telehealth** Resources (CAPS) **Looking For** Blue Devils Care Counseling and Psychological Services (CAPS) **Get Help Finding Resources** Med Student? 24/7 mental telehealth Confidential care is available at no cost to Duke support to all Duke **CAPS After-Hours:** 919-660-1000 Students including individual and group counseling, students at no cost. Blue Yes psychiatry services, and community referrals. Call Devils Care's TalkNow DukeReach: 919-681-2455/email **Alumni-sponsored** 919-660-1000 or walk-in Mon 9am-6pm, Tues-Fri service provides 24/7 "DukeReach provides case **Psychiatrist** 9am-4pm to get started. After your initial visit, immediate access to a management services including **Available to** ongoing sessions can be scheduled mental health professional. coordination, advocacy, referrals, **Medical Students** Mon 8am-7pm, Tues-Fri 8am-5pm. For other calls, the goal is and follow-up services for students to provide a response who are experiencing significant within 1 hour, 24 hours a difficulties related to mental health, day. Use the Service physical health, and/or Key: DUKESTUDENT psycho-social adjustment." What to expect **Medical Treatment** Therapy or



best for one provider to

prescribe medications. If

there is an established care

provider, CAPS

recommends continuing

medication care with

them.

Identity-Specific Resources

Gender Violence Intervention: provides therapeutic services to survivors of all genders of gender violence, which includes sexual violence, intimate partner violence, stalking, cyber sexual harassment and sexual harassment.

Center for Sexual & Gender Diversity strives to achieve an inclusive campus climate for students, staff, faculty, and alumnx with marginalized sexual orientations, romantic orientations, gender identities, and gender expressions through education, advocacy, support, mentoring, academic engagement, and providing space.

Multicultural Resource Center: assists with the preparation of learners, staff, and faculty to work and live in a world of diverse people who differ along the lines of culture, faith, gender, sexuality, and socio-economic backgrounds. Email Maureen Cullins for more info.

Duke Office of Diversity & Inclusion: Mental Health Resources for Black, Indigenous, and People of Color (BIPOC)
Chaplain for Duke Hospital on call @ 919-970-8215: can assist in real time and/or give out community spiritual information
Caring for Each Other (CEO) Staff Emotional Support Pager @ 919-206-9785: The 24/7 CEO Team provides space for individuals or teams to emotionally debrief. The team is trained in the ACT Crisis Intervention approach. If needed, they support learners & staff as they connect to higher levels of care.