

# Duke University School of Medicine Office of Financial Aid and Student Financial Planning

## FINANCIAL LITERACY & DEBT MANAGEMENT



"Helping You Put It All Together"



A representative from the Financial Aid office will be in the office at the Seeley Mudd Building on the following dates for in person appointments!

October 4<sup>th</sup> – Cierra Harris

October 11<sup>th</sup> – Mitsi Norton

October 20<sup>th</sup> – Lori Crooks

October 23<sup>rd</sup> – Lisa Wioskowski



If your student account was charged for the health insurance premium in fall 2023, our office is currently updating financial aid and will be sending a communication to students to offer financial aid to offset the cost of the premium. Please monitor your DukeHub, Communication History and Message Center for information

### TUESDAYS IN OCTOBER 7:00 – 8:00 PM

Dr. Chirag Shah, MD, MPH – Medical Student Financial Literacy Series:



#### October 3, 2023

- Why Financial Planning Matters
- Jobs and Contracts
- Initial Steps Post Graduation

#### October 10, 2023

- Disability, Health, and Malpractice Insurance
- Student Loans and Retiring Debt

#### October 17, 2023

- Taxable Investing
- Tax-Advantaged Investing

#### October 24, 2023

- Diversification and Asset Allocation
- Life, Homeowners, and Umbrella Insurance
- Financial Advisors
- Have I Won The Game
- Pitfalls To Avoid

Zoom Passcode Required: 051472

[Launch Meeting - Zoom](#)

Or <https://harvard.zoom.us/j/95618295631?>

*As part of the Duke financial literacy program, all M.D. students borrowing educational loans at Duke are requested to enter and update their loan information annually through the AAMC Medloans Organizer.*



### THE IMPORTANCE OF BUDGETING

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### WONDERING WHERE DO I START?

Our website offers a monthly budget spreadsheet!! Check it out - it's very detailed and there are probably items on the spreadsheet you hadn't thought about!  
[Financial Planning and Literacy, How to Create a Budget, Monthly budget excel.](#)

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Oct 2023