According to Dictionary.com, a transition is a movement or change from one state or stage to another. Over the past 2 years, Duke DPT has been in a period of transition navigating and adapting to changes associated with COVID, social unrest and the arrival of a new, green Division Chief. With the upcoming strategic planning process occurring this fall, our Division will continue to positively transition with the ever changing educational and healthcare landscape.

One important transition that I want to inform you about is the recent naming of Tiffany Hilton, PT, PhD as the Program Director/Director of Professional Education of the Duke DPT Division as of August 1, 2022. Dr. Hilton will be responsible for the oversight, management, design, delivery, and review of the professional educational program with the goal of effective and positive student learning experiences, successful achievement of the DPT degree, and career satisfaction of physical therapist alumni. I will continue in my role as Division Chief providing leadership and oversight for the overall success of the Doctor of Physical Therapy Division and its stakeholders, furthering the academic enterprise in education, research, and clinical practice. This eventual transition of naming a Program Director was planned upon my hire in 2020 as to assist me in the leadership of the Division and to allow me time to focus on reestablishing my research program and on the initiatives of growing research, improving diversity and fostering a collaborative and welcoming culture in the Division.

Together with Dr. Hilton and the Division Directors, faculty, staff, students and alumni, I believe the Division can reach new heights in the School of Medicine, the Duke University community and in our profession both nationally and internationally. Together as One Duke family, the sky is the limit.
In April, members of the Diversity, Equity, and Inclusion committee, Dr. Gary Johnson and students, Angelica McNair, Shawn Armstrong, Beautiful Reed, and Razan Fayyad, went with Duke OTD’s Dr. Tomeico Faison to North Carolina Central University to distribute information about Duke’s DPT and OTD programs.

Carol Casper Figuers ‘81 was joined by her family, friends, and colleagues to celebrate her long tenure at Duke DPT during her retirement party on June 2. The following week she gave the keynote address at the White Coat Ceremony for the Duke DPT Class of 2023.

On May 12, members of the Class of 2023, Wes Pritzlaff, Abbianna Robert, Jessika Barnes, and Dr. Kelly Reynolds attended an interprofessional memorial service for the anatomy donors co-hosted by classmates Jordan Jaklic and Jessica Fritson with other students in the MD, OTD, PA, and MBSN programs.

A thank you note from one of our community volunteers who participated in our Comprehensive Assessment and Management of Practice course with the Class of 2023.

Our Summer Discovery Program was hosted in a hybrid format this year, and we hosted 18 participants live on campus with over 70 participants joining virtually on Zoom.
The 17th Annual Duke DPT 5K was held on March 20 at Duke’s East Campus. Over $3,000 was raised for physical therapy research by the 135+ participants and generous donors, which helped our program reach the Honorable Mention level in the 2021-2022 VCU–Marquette Challenge. The Class of 2023 5K Committee spearheading these efforts were Charlotte Selters, Ellie Bradach, Lily Scott, and Alex Lallier. Congratulations to Gavin Clewley and Dr. Laura Stanley Pietrosimone ’10, the first place finishers in the individual category and to Team “The Sweetest 16,” the top team finishers. Race results can be found on the race website.

In late March, 13 members of the Class of 2023 spent time in Washington DC as part of an Advanced Practice Course led by Dr. Kyle Covington ’04. They engaged with governance staff experts and lobbyists at the American Physical Therapy Association to learn about federal issues impacting the profession. The students also visited elected officials and congressional staffers in 15 congressional offices on Capitol hill representing their home states and North Carolina to discuss current congressional bills about telehealth, patient access to PT in community health centers, the National Health Service Corps, and increasing diversity in health professions.

A few of our students and alums even snuck in the Washington, DC Rock-n-Roll Half marathon while they were there!

On March 19, the Duke DPT Class of 2023 participated in the Adapted Sports Experience with students from the Duke OTD and PA programs learn about and participate in adapted sports with athletes from our community partners, Bridge II Sports, and Triangle Thunder.

On May 2, Dr. Gary Johnson, and students Kimberlyn Hayes, Melissa Trujillo, Melanie Grady, and Lauren Alexander, left, spent some time with the Boys and Girls Club of Durham. The kids were put into groups to participate in three different stations. Station one was a sports battery test with lessons on use of stethoscope, heart rate, and sports rehab. Station two was a fun, perhaps most popular, station on nutrition and how to fuel the body. And the final station was a coaching/basketball and glaucoma station where the emphasis was communication, empathy, and fun! Regina at the Boys and Girls Club is excited to host DPT students again as this outreach is being taken on by the Pride and DEI clubs as well as inviting us back for their summer career fair!
DPT faculty Dr. Tiffany Adams and Dr. Jamie Greco, OTD faculty Dr. Cambey Mikush and Dr. Tomeico Faison, and DPT student Lily Scott '23 received a 2022 IPEC Grant to support the development of a new Duke OT and PT High School ImpACT Program. Using their education and unique backgrounds to develop fun educational programming to help bring change to their local communities and their professions at large, DPT and OTD students worked collaboratively to bring awareness of PT and OT careers to 12 high school students from Title I schools in Durham while teaching healthy lifestyle choices focused on chronic disease prevention during the program held June 13-15. The execution brought much ImpACT to the lives of the students AND Duke's OT & DPT students.

**CLINICAL EDUCATION NEWS AND UPDATES**

The Duke DPT Clinical Education team remains grateful for the continued support from our amazing clinical partners. Our students have benefitted from the guidance, mentorship, and teaching from clinical instructors that have invited our students into their clinics to learn and care for patients despite the challenges facing our health care community. This spring, the Class of 2022 finished their final Terminal Clinical Experience at sites across the country, including in twenty different states and over fifty different clinical sites. Many of these same sites are welcoming our Class of 2023 this summer as the students launch into their final clinical year. Our first-year Class of 2024 students continued progressing through their STEPs® curriculum at our clinical sites throughout the Triangle region. These sites have supported our STEPs® experiences consistently year after year. We are thankful for the opportunities afforded to our students through our clinical community. If you are interested in being a clinical instructor for one of our students, please reach out to Dr. Katie Myers, Director of Clinical Education, at Katherine.D.Myers@duke.edu.

**Clinical Instructor Spotlight**

Grant Bitzer, PT, DPT is Duke DPT’s awardee of the Carolina Clinical Education Consortium CI of the Year Award! Dr. Bitzer is a physical therapist at Duke University Medical Center, practicing in the cardiopulmonary ICU. Dr. Bitzer has been a clinical instructor for multiple third year Duke students and has recently assumed the role of STEPs® Clinical Educator as well. His teaching also crosses into the classroom as well when he serves as a teaching assistant in the Foundational Cardiopulmonary Practice course. Dr. Bitzer was nominated by Class of 2022 student, Mimi Smith, who benefited from his mentorship and expertise during her second Terminal Clinical Experience. In her nomination, Dr. Smith wrote, “I have always felt safe and have felt like I'm able to provide the best care, while also being challenged at an appropriate level during each step of the rotation.” Thank you to Dr. Bitzer for his dedication to his patients and his students!
Dr. Tiffany Adams served as a panelist for APTA's Paving the Way for Women in the Profession panel on March 20. The panel focused on women's empowerment and mentorship in the professional setting in honor of Women's History Month.

At the 2022 Norwegian Physiotherapy Association Conference, Dr. Chad Cook provided the keynote lecture on social determinants of health as well as an education breakout session on manual therapy. He is also scheduled to be the keynote speaker of the 2022 AAOMPT INSPIRE Annual Conference in San Diego this October.

Dr. Kyle Covington ’04 has been slated by the American Physical Therapy Association’s national nominating committee to run for a second term on the APTA’s Board of Directors and Vice Speaker of the House of Delegates. He will be the Kathy Harris Keynote Address Speaker for the APTA CT Annual Conference on October 22, 2022.

On April 26, Dr. Tim Faw ’09 presented “Eccentric training to promote white matter plasticity and motor learning” at the Duke Orthopaedic Surgery Departmental Research Day and Symposium.

During the introduction of our 2022 Branch Lecture speaker, Dr. Steve George, it was announced that he had recently received the 2022 Marian Williams Award for Research in Physical Therapy by the American Physical Therapy Association (APTA). Considered one of the profession’s highest honors, The Williams award is given annually to a member of the APTA who has outstanding basic clinical and/or educational research that pertains to physical therapy and makes a meaningful contribution to the scientific basis of physical therapy, has published scientific studies with sufficient frequency in appropriate scientific and/or professional publications, has presented his/her scientific studies orally with sufficient frequency to the appropriate audiences, and has demonstrated continuity of professional commitment to physical therapy.

Dr. Adam Goode ’05, was awarded an NIH Grant K24 Mid-Career Mentoring Award to focus on building a program for early stage investigators and trainees interested in patient oriented research on musculoskeletal pain. Regarding his Transitions Low Back Pain study, he said, “We want this study to reflect the community and include people from all walks of life who have low back pain. As we search for a deeper understanding of musculoskeletal pain, we want to know whether biological factors — such as physical function and inflammation that we measure in the blood — as well as psychosocial factors like quality of sleep can help predict which individuals will transition to chronic low back pain.” Managed by the Duke Clinical and Translational Science Institute (CTSI) in Kannapolis in collaboration with Duke Orthopedics, the study works with patients who have recently experienced sudden low back pain with no specific cause:
Dr. Jamie Greco was awarded a spot at the Federation of State Boards of Physical Therapy (FSBPT) Regional Item Writing Workshop hosted in partnership with Winston-Salem State University. She was also appointed to the ACAPT NCCE Task Force on Clinical Education Placement Capacity and Process Innovation. The National Consortium of Clinical Educators (NCCE) engages academic and clinical educators through partnerships to advance excellence and innovation in physical therapist education. Their mission is to lead a culture of shared accountability for physical therapist education by connecting stakeholders across academic and practice communities to facilitate integration of best practices in clinical education.

Recently named our Program Director/Director of Professional Education, Dr. Tiffany Hilton was accepted into the APTA Fellowship in Higher Education Leadership, a one-year program that beginning in June 2022 whose mission is to develop a community of visionary, innovative, and influential directors in physical therapist and physical therapist assistant educational programs to advance the health of society.

Another faculty presenter at the Duke Orthopaedic Surgery Departmental Research Day and Symposium was Dr. Laura Stanley Pietrosimone ’10 who presented “Load-based exercise for the treatment patellar tendinopathy: is it enough?”

Recently promoted to Assistant Professor of Orthopaedic Surgery, Dr. Ashley Poole spoke during the APTA North Carolina webinar on COVID, Long COVID and Therapy Considerations. The following week, she spoke at the APTA Acute Care SIG journal club regarding updated physical therapy management of COVID-19.

The Duke DPT Class of 2022 selected Dr. Mike Reiman to receive this year’s Jan K. Richardson Excellence in Teaching Award.

Dr. Corey Simon was the lead source for Shape’s recent article on exercise recovery. The online article investigated whether hydrotherapy practices that involve submerging yourself in water may have recovery benefits, but they are not backed by a ton of robust research.

Dr. Allyson Sutkowi-Hemstreet ’14 published her story on Pulse. Every Friday, Pulse—voices publishes and distributes a first-person story or poem, together with a visual image or haiku, about health care. Launched in 2008, Pulse was created by members of the Department of Family and Social Medicine at Montefiore Medical Center and Albert Einstein College of Medicine in collaboration with colleagues and friends around the country.

Congratulations to Nathaniel Williams on becoming DPT’s Assistant Director of Admissions. While this is a new role, Nate has been part of the DPT staff team since November 2020, serving as the Senior Curriculum Coordinator. Nate says, “I hope to continue the mission of developing the next generation of leaders by partnering with program stakeholders and using holistic, innovative, and equitable policies to pursue and admit qualified students into our DPT family.”
DPT Faculty continue to pull in major research grants.

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<thead>
<tr>
<th>DUKE DPT INVESTIGATOR</th>
<th>GRANTOR</th>
<th>STUDY</th>
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<tr>
<td>Dr. Chad Cook, Co-PI</td>
<td>National Center for Complementary and Integrative Health (NCCIH) and the National Institute of Neurological Disorders and Stroke (NINDS)</td>
<td>Force Based Manipulations: ForceNET is a 5-yr 2.75 million dollar grant that includes the collaborations between Duke, UAB, Harvard, the University of Delaware, and the University of Alberta. The objective of the grant is to bridge the knowledge gap between research in mechanisms and clinical outcomes. The Social Media site of the grant is on Twitter @ForceNET5</td>
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<tr>
<td>Dr. Jody Feld, PI</td>
<td>Duke IPEC</td>
<td>Using adapted sports to challenge perceptions of disability: An interprofessional and community partnership. The objective of this study is to develop and examine the use of adapted sports to challenge perceptions of disability through an interprofessional (DPT, PA, OTD, and MD) and community partnership.</td>
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<tr>
<td>Dr. Jody Feld, Site Co-I, Rater</td>
<td>National Institutes of Health, National Institute of Neurological Disorders and Stroke, StrokeNet</td>
<td>Validation of Early Prognostic Data for Recovery Outcome after Stroke for Future, Higher Yield Trials (VERIFY). VERIFY will validate biomarkers of upper extremity (UE) motor outcome in the acute ischemic stroke window for immediate use in clinical trials, and explore these biomarkers in acute intracerebral hemorrhage. Mentoring in Musculoskeletal Pain Phenotypes is a 5-year K-24 grant. The purpose of the award is to provide resources to build a training program for early stage investigators and trainees interested in patient oriented research focused on musculoskeletal pain.</td>
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<td>Dr. Adam Goode '05, PI</td>
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### Development of a Risk Assessment Tool to Enhance Physical Resilience in Older Adults following Orthopedic Surgery for Acute Injury: A Feasibility and Acceptability Pilot Study

Ankle fractures account for 13%, or 2.1 million, of all fractures per year, making them the third most common lower extremity fracture in older adults. Older adults exhibit a worse prognosis for complete physical recovery than younger adults, with significant increases in activity limitations with each decade of life. Of utmost concern in older adults is the risk of falling and its association with subsequent disability and mortality. The overarching goal of this line of research is to develop a comprehensive risk assessment tool for delayed functional recovery following surgery for lower extremity fracture in older adults. The aim of this study is to determine the feasibility and acceptability of remotely measuring multidimensional psychological distress, social needs, mobility, and physical function following surgery for acute traumatic ankle fracture in older adults.

Dr. Laura Stanley Pietrosimone ‘10, co-PI, Duke Claude D. Pepper Older Americans Independence Center (Duke OAIC) - Pilot and Exploratory Studies (PESC) Award.

### The Study

The study will investigate age group differences in the interface between motor control and pain. Suzanne Morton and co-investigators Simon, Gregory Hicks, Matthew Cohen, and Ryan Pohlig will test the central hypotheses that both acute and chronic pain impair retention of locomotor learning that in older adults, these deficits are worsened and are related to the degree of cognitive decline.

Dr. Corey Simon, co-I, National Institute on Aging.

### Supporting Institutions

- **Duke DPT Investigator:** Dr. Laura Stanley Pietrosimone ‘10, Dr. Trevor Lentz, co-PI
- **Grantor:** Duke Claude D. Pepper Older Americans Independence Center (Duke OAIC) - Pilot and Exploratory Studies (PESC) Award.
Congratulations to graduate of our Faculty Development Residency Zachary Rethorn, left, who received the 2021 top paper award in the Journal of Geriatric Physical Therapy with Dr. Kyle Covington ’04 and Dr. Chad Cook for “Physical Activity Promotion Attitudes And Practices Among Outpatient Physical Therapists: Results Of A National Survey”.


“Including Modifiable And Non-Modifiable Factors Improves Injury Risk Assessment In Professional Baseball Pitchers”

Dr. Todd Cade Antiviral Therapy. “Socioeconomic Status Largely Explains Integrase Inhibitors-Related Body Composition Differences In Chronically Infected Men Living With HIV”

BMC Cardiovascular Disorders. “High Rates Of Undiagnosed And Uncontrolled Hypertension Upon A Screening Campaign In Rural Rwanda: A Cross-Sectional Study”


Pediatric Cardiology. “Longitudinal Observational Study Of Cardiac Outcome Risk Factor Prediction In Children, Adolescents, And Adults With Barth Syndrome”

The Journal of Strength and Conditioning Research. “Validity Of The 6-Minute Walk Test And YMCA Submaximal Cycle Test During Midpregnancy”

Shefali Mathur Christopher ’08, Garrett Bullock ’17, Journal of Women’s Health Physical Therapy. “Biomechanical And Musculoskeletal Differences Between Postpartum Runners And Nulliparous Controls”

Dr. Derek Clewley. Physiotherapy Theory and Practice. “Improvements After Dry Needling For Craniofacial Pain In A Patient With Chronic Rhinosinusitis: A Case Report”
publications


Dr. Chad Cook, Dr. Steve George


Journal of Neurosurgery: “High-Impact Chronic Pain Transition In Surgical Recipients With Cervical Spondylotic Myelopathy”

Dr. Chad Cook


Pain Medicine. “Self-Management of Chronic Pain: Psychologically Guided Core Competencies For Providers”


Dr. Jody Feld, Dr. Adam Goode. Gait & Posture. “Utility Of An Obstacle-Crossing Test To Classify Future Fallers And Non-Fallers At Hospital Discharge After Stroke: A Pilot Study”

Rebecca Fillipo, Katie Pruka ‘12, Marissa Araujo Carvalho ‘12, Dr. Maggie Horn, Jordan Moore, Benjamin Ramger ‘19, & Dr. Derek Clewley. Implementation Science Communications. “Does The Implementation Of Clinical Practice Guidelines For Low Back And Neck Pain By Physical Therapists Improve Patient Outcomes? A Systematic Review”

Dr. Steve George

Disability and Rehabilitation. “Working Alliance Inventory (WAI) And Its Relationship To Patient-Reported Outcomes In Painful Musculoskeletal Conditions”

Pain. “Biopsychosocial Influence On Shoulder Pain: Results From A Randomized Pre-Clinical Trial Of Exercise-Induced Muscle Injury”
**publications**

**Dr. Steve George. Physical Therapy & Rehabilitation Journal.** “Low Risk for Persistent Back Pain Disability Is Characterized by Lower Pain Sensitivity and Higher Physical Performance”

**Dr. Adam Goode ’05. JOR Spine.** “In Vivo Fluid Transport In Human Intervertebral Discs Varies By Spinal Level and Disc Region”

**Dr. Jamie Greco. Journal of Physical Therapy Education.** “Impact Of Pre-Admission Observation Hours On Key Physical Therapist Clinical Education Stakeholders: Qualitative Analysis”


**Maggie Holland ’16, Dr. Laura Case. Molecular Genetics and Metabolism.** “Early Clinical Phenotype Of Late Onset Pompe Disease: Lessons Learned From Newborn Screening”

**Dr. Maggie Horn, Dr. Steve George, Dr. Adam Goode ’05, Lily Scott ’23. The Journal of Arthroplasty.** “Can PROMIS Measures Differentiate Patients Who Will Undergo Hip And Knee Total Joint Arthroplasty: A Retrospective Case-Control Study”

**Dr. Kara Lardinois ’00, ’01, Dora Gosselin ’05, Dr. Kyle Covington ’04. Journal of Physical Therapy Education.** “PEDIATRIC EDUCATION SPECIAL SERIES: A Collaborative Model of Integrated Clinical Education in Physical Therapist Education: Application to the Pediatric Essential Core Competency of Family-Centered Care”

**Trevor Lentz, Dr. Steve George. Physical Therapy & Rehabilitation Journal.** “Efficient Screening For Fear Of Movement In Outpatient Settings: Short Form And Computer Adaptive Tests For Fear Avoidance And Negative Pain Coping”

**John Lowman ’95. Physical Therapy & Rehabilitation Journal.** “Behavior Change Interventions For Health Promotion In Physical Therapist Research And Practice: An Integrative Approach”

**Mike Majszak ’81. Journal of Physical Therapy Education.** “Physical Therapy Education Program Faculty Challenges, Concerns, And Priorities During The COVID-19 Pandemic: Looking Back And Moving Forward”


**Rachel Meyers ’21**

*Sports Medicine.* “Inconsistencies And Imprecision In The Nomenclature Used To Describe Primary Periphyseal Stress Injuries: Towards A Better Understanding”

*Wilderness & Environmental Medicine.* “Early Sport Specialization And Past Injury In Competitive Youth Rock Climbers”
Dr. Katie Myers, Dr. Kyle Covington ’04. Physical Therapy & Rehabilitation Journal. “Clinical Teaching Competencies in Physical Therapist Education: A Modified Delphi Study”

Dr. Amy Pastva


Transplantation and Cellular Therapy. “Geriatric Assessment Reveals Actionable Impairments In Hematopoietic Stem Cell Transplantation Candidates Age 18 To 80 Years”

Zachary Rethorn, Dr. Kyle Covington ’04, Dr. Chad Cook.


Zachary Rethorn, Dr. Chad Cook, Jason Sharpe. Preventing Chronic Disease. “Association Of Burden And Prevalence Of Arthritis With Disparities In Social Risk Factors, Findings From 17 US States”

Zachary Rethorn, Dr. Chad Cook. Journal of Neurosurgery. “Social Risk Factors Predicting Outcomes Of Cervical Myelopathy Surgery”

Dr. Corey Simon. JAMA Network Open. “Nonopioid Treatments For Chronic Pain – Integrating Multimodal Biopsychosocial Approaches To Pain Management”

Zach Tally ’18. Rehabilitation Oncology. “Oncology Residency And The Evolution Of Specialty Practice”


Despite the Omicron variant and COVID, the American Physical Therapy Association Combined Sections Meeting was still a great time. Though we missed many people and presentations due to the winter storm, and it was much chillier than we were expecting in San Antonio, Duke DPT had a great showing. Here are some highlights:

- 125 people attended the in-person Duke Physical Therapy & Friends Reception
- 102 Duke representatives (including students, alumni, current and former faculty, clinicians, and graduates of the Duke PT&OT residencies and fellowships) contributed to 123 presentations schedule to be delivered either live or on demand
- **Gerard Brennan ’75** was recognized as the recipient of the 2022 Richard W. Bowling – Richard E. Erhard Orthopaedic Clinical Practice Award by the Academy of Orthopaedic Physical Therapy
- Duke Physical Therapy Alumni Association President **Laura Henderson Boose ’15** was re-elected to a second term and **Moyo Aremu-Cole Tillery ’11** joined the board as an at-large member during the business meeting of the Duke Physical Therapy Alumni Association meeting; **Hannah Zhang ’16** also started her second term as an large member of the Board of Directors
- Students from the **Class of 2022 Hunter Grace Anderson** and **Greta Moyer** presented the poster “Student Physical Therapist Telehealth Assessment and Management of Practice of Multifaceted Lower Extremity Pain” for classmate co-authors **Lauren Alexander, Gabe Witt, Gabby Simons**, and faculty mentor **Dr. Derek Clewley**

Two alumni were recognized for APTA Pediatrics Awards – Dora Gosselin ‘05, top left, received the APTA Pediatrics Dissertation Award and Kim Sondles Scott ‘07 won the Jeanne Hughes Award.

Dr. Rosie Canizares ‘07, top right, was acknowledged for completing her second term of service as the Vice-President of the Academy of Orthopaedic Physical Therapy’s Performing Arts Special Interest Group.

Mohammad Saad ’22 won the American Academy of Sports Physical Therapy Outstanding Student Award- last year’s recipient was also recognized in-person, Rachel Meyers ‘21.

Dr. Jamie Greco, bottom right, was recognized for the grant she received from the APTA Academy of Education.

Dr. Chad Cook was part of the team that won the Journal of Orthopaedic & Sports Physical Therapy’s 2021 JOSPT Guy G. Simoneau Excellence in Research Award.
Better Together. Together Again. Seeing this welcoming statement displayed at the entrance of the Henry B. Gonzales Convention Center in San Antonio truly captured the essence of the 2022 Combined Sections Meeting (CSM) after two years of connecting virtually. Even the chilly weather from the Northeast winter storm couldn't contain the electric energy of over 11,000 physical therapy professionals and students eagerly anticipating what the next few days would bring.

Each year, the Duke Physical Therapy Alumni Association grants the Helen Kaiser Award to support a student with ongoing commitment to the profession by providing the opportunity for attendance at an American Physical Therapy Association (APTA) conference. I was honored to carry the spirit of Helen Kaiser's leadership and humanity at the largest physical therapy conference in the country this year.

CSM 2022 was historical. Aside from the history of the Alamo and the second tallest observation tower in the U.S. at the Tower of the Americas, Roger Herr headed his first conference with pride as our new APTA president. The Mary McMillan lecture also kicked off the weekend for the first time in conjunction with CSM, and I couldn't help but reflect how Helen Kaiser herself gave the fifth McMillan lecture 54 years earlier and how an award in her name brought me to that moment. With this being my first CSM attending as a practicing clinician, I couldn't have been more excited to view this conference through a new lens of educating and bettering my practice to the benefit of my patients upon returning to the clinic. Choosing just one session to go to seemed impossible with hot topics like long COVID recovery, promoting sleep hygiene, and implementing new clinical practice guidelines. My mind was at ease knowing that I could go back and review over 100 on demand sessions at home with virtual attendance being a new normal, making access greater than ever.

Duke dominates CSM. It is impossible to wander the halls of research posters or exhibitors without spotting the Duke logo on a badge, and seeing a Duke University School of Medicine mask allowed the perfect opportunity to introduce yourself to a fellow Blue Devil. The Duke Physical Therapy Alumni & Friends Reception was a great way to meet 175 current students, professors, staff, and clinicians from California to New York, sharing stories of virtual classes, residencies, careers, and all of the moments that we've missed since last being together for CSM in Denver.

CSM is an experience. It's exploring your interests further over breakfast with a Special Interest Group. It's learning how to salsa dance in advancing our profession at the PT Fund Celebration of Diversity. It's supporting our Political Action Committee (PAC) by listening to dueling pianos along the River Walk. It's a gateway to professional connections over Tex Mex food and BBQ, putting Chipotle and Cook Out to shame. We fill the days to capacity and still make the 8 AM wakeup call the next day, because CSM is more than just a conference, and we are more than just physical therapists.

We leave with our suitcases a little heavier from extra pens and pamphlets, our minds far richer with new knowledge, and our souls filled with the reminder of why we chose and continue to choose physical therapy. We express gratitude to San Antonio for sharing their city and culture, and we recognize that we met on the traditional land of the Tonkawa and Payaya peoples of the Coahuiltecan band. Just when I thought this week of education, networking, and opportunity couldn't get better, Coach K and his team came through with a 20 point victory proving, once again, that our Blue is best. I am thankful to the Duke Physical Therapy Alumni Association for making attendance at CSM 2022 a possibility, and I am grateful to have joined the ranks of a network of groundbreaking alumni that only grows in strength with future leaders to come.
Congratulations to our alumni and clinicians who are newly board certified PT specialists:

**GERIATRIC**
- Melani Graves Grieff ’16
- Anne Rowe ’11
- Alice Stoner Samson ’11
- Jordan Moore
- Elizabeth Nixon
- Betsy Wonsetler ’11

**NEUROLOGIC**
- Kim Bader ’19
- Amanda Beaty ’18
- Kayla Chee ’19
- Kathleen Daly ’19
- Annie Daorai ’18
- Cat Roden Faulk ’11
- Ryan Koter ’17
- Carol-Ann Nelson ’13
- Amy Schepers ’17
- Amy Tally ’18
- Lauren Vicik ’18

**SPORTS**
- Katherine Fischer ’18
- Jack Friesen ’16
- Yana Ginzburg
- Shawn Hoffman ’16
- Claire Hsing ’19
- Michael Jeanfavre ’16
- Jonathan Kirsch ’19
- Drew Lukes
- Nick Mahaffey ’19
- Trac Norris ’19
- Olivia Rowland ’19

**CARDIOVASCULAR & PULMONARY**
- Ben Carriion

**WOMEN’S HEALTH**
- Rosey Erickson Judge

**ORTHOPAEDIC**
- Liz Arnold ’19
- Kelly Clark ’18
- Joe Colasurdo ’18
- Sam Engebose ’19
- Mike FitzPatrick
- Brianna Walker Gausman ’18
- Shannon Icenhour
- Christina Jaimes ’18
- Meredith Kinney ’18
- Janna La Barrie ’19
- Tess McCloud ’19
- Melina Rodriguez Upton ’13
- Bart Satterfield
- Katie Scaflf ’19
- Moyo Aremu-Cole Tillery ’11
- Ashton Wedemeyer ’17
- Erin Wyant ’17

**DISTINGUISHED ALUMNI AWARD**

**GERALD P. BRENNAN ’75**

Catherine Worthingham Fellow of the American Physical Therapy Association

- 3-time winner of the APTA Rose Excellence in Research Award: 2007, 2017, 2019
- 2019 Academy of Orthopedic Physical Therapy Paris Distinguished Service Award
- 2019 Intermountain ROMS Quality Improvement Award

- 2015 APTA Innovation 2.0 Award
- 2011-2017 APTA Orthopedic Section Vice-President
- 2006-2010 APTA Research Section Vice-President
- 2003-2006 APTA Research Section Program Chair
- 2003 Physical Therapist of the Year, APTA, Utah Chapter

“Dr. Brennan’s scientific accomplishments and his contributions to the physical therapy profession are well known to each of us; and it is our opinion he is extremely deserving of being recognized with this prestigious award. Our interest in nominating Dr. Brennan is increased by the fact that while he has been extremely influential to the physical therapy profession - he is perhaps best described as a kind, considerate, enthusiastic, and respectful colleague.” – Dr. Steve George, Dr. Maggie Horn, Dr. Adam Goode ’05
“His energy, enthusiasm, and interest for learning about this system was obvious — that was the first
time I had a meaningful discussion with Dr. Brennan and luckily for me, we connected enough to
stay in contact over the past 20+ years.” — Dr. Steve George, Duke Clinical Research Institute
Director of Musculoskeletal Research

“He has given me invaluable career and personal advice in which I still reflect on today. I am unsure
that I will ever encounter someone as special as Dr. Brennan in my professional career again. He is
my benchmark for what I mentor should be and I strive to provide this same level of commitment to
my mentees as Dr. Brennan has provided to me.” — Dr. Maggie Horn, Duke Doctor of Physical
Therapy Assistant Professor

“As a fellow alumnus of the Duke Physical Therapy Program, I am proud to join in the nomination of
Dr. Brennan for the Duke Physical Therapy Distinguished Alumni Award. Dr. Brennan has been an
inspiration to the physical therapy profession. We are proud to call him a Duke PT Alum.” — Dr.
Adam Goode ’05

**EMERGING LEADER ALUMNI AWARD**

**TASALA RUFAI ’12**
Durham Veterans Affairs Healthcare System
Geriatric Physical Therapy Program Director

▷ Board Certified Clinical Specialist in Geriatric PT
▷ Duke Black Alumni Vice-President of Student Affairs
▷ Duke DPT Summer Discovery Program Mentor
▷ Clinical Teaching Certificate from Stanford Faculty Development Center for Medical Teachers
▷ Author of Chapter 28 Geriatric Examination in Orthopedic Clinical Examination textbook
▷ Durham Veterans Affairs Healthcare System Physical Medicine and Rehabilitation Services
Interview Panel Member Kenan Institute for Ethics Project AMOURS (Adult Mentors of Underrepresented Refugee Students) Mentor

“What makes Dr. Rufai a strong candidate for the emerging leader alumni award is not her strides
she has made within her personal professional career but the work she has done with the
generation coming behind her, knowing that her legacy is only as strong as the ones she nurtured
and developed. She has been a mentor to myself and others in my class, fostering in depth
conversations about geriatrics, residencies and the importance of DEI work in the field.” — Amanda Clarke, Duke DPT Class of 2023 President

“As an educator and mentor to her residents, Dr. Rufai is a living example of the mission of the APTA
which is to build a community that advances the profession of physical therapy to improve the
health of society. She is helping to build the community through her work with the advancement of
innovative clinical education opportunities and also her service to educating future leaders
regarding the power of service to the profession. She has empowered numerous residents to take a
bigger role in the advancement of care for older adults and our United States Veterans. In addition,
she has been a strong advocate for the delivery of evidence-based and compassionate care to this
patient population.” — Mike Schmidt ’12

“Her mantra, ‘The details matter’ speaks to the thoughtfulness she puts into everything she does and
to how much she truly cares about improving the profession of physical therapy through high-
quality mentorship. I am honored to highly recommend Dr. Rufai for this award and to be learning
from such a fantastic physical therapist, fellow Duke DPT alumni, and human being.” — Daniel Fleming ’21

“I am proud to know her as a fellow PT.” — Jenna Bialik-Speight ’12
HAPPY SUMMER!

Congratulations to the class of 2022 that graduated in May and the new Board Certified Clinical Specialist! We are excited to see all the great things you guys will do! Duke hosted the annual Summer Discovery Program at the end of June with 18 participants on campus and over 70 participants on Zoom this year. Thank you to all the alumni, faculty, staff and current students that made this event possible. I enjoyed participating for the 3rd year in a row and helping motivate future PTs and demonstrate why Duke is such a great place to be.

Thank you to all of those attendees of the virtual and in person CSM receptions. It is great to continue to network and see all the great things coming from Duke clinicians across the country.

It was amazing to watch our Duke Men’s Basketball team make it all the way to the Final Four during Coach K’s memorable last season. Cameron Indoor will be a different place during the upcoming season without Coach K on the bench, but we are excited to welcome Jon Scheyer to the head coaching position to continue Duke’s esteemed legacy. I can’t wait to see the DPT students representing Duke next season on ESPN!

Congratulations to the class of 2023 for completing their didactic coursework and being honored at the annual White Coat Ceremony. We wish them luck as they head out on their 36 weeks of clinical rotations across the country. We know you guys will continue to excel into great clinicians and look forward to seeing you back in Durham in the spring.

Thanks again for everything you guys do to make Duke DPT one of the best programs in the country. GO DUKE!

TO OUR ALUMNI DONORS!

GIFTS RECEIVED JULY 1, 2021 – NOVEMBER 30, 2021

Annual support helps ensure continued excellence in teaching, evidence-based clinical practice, and innovative research, and helps Duke prepare the next generation of leaders in physical therapy. Click here to make your gift today.

Thank you!
The Class of 1994, above, reunited to watch Coach K’s last game in Cameron together on Zoom.

Corey Drvol ’14, left, was the recipient of the UNC Rehab Services People Award. His nominators stated, “Corey was instrumental in organizing the ERC event at the Honeysuckle Tea House, and has been an extremely active co-leader of the ERC. He strongly promotes recognizing people within our organization, and bringing them together to celebrate being a part of the UNC team” and “Corey has done a great job over the last year in his role as co-chair of the ERC. He continues to think about out-of-the-box ideas for recognizing staff for all the work they do. In addition to this Corey provides outstanding patient care and has been recognized by several past patients for the positive attitude that he brings to his treatment sessions. My favorite example of this is a young boy who dressed as Corey for ‘Real Life Hero Day’ day at his school. This is a great example of the impact Corey has on his patients. Corey always goes above and beyond to recognize the contribution of his peers. Whether it be his peers in physical therapy or the great work of our ORCM partners, Corey is quick to reward and recognize great work.”

On April 23, Jason Shutt ’13 and Bobby Prengle ’17 both spoke at the Duke Golf Program Symposium. Later that same day, two alumni also spoke at the APTA Arizona Student Conclave – Stacie Morris Barber ’15 presented “Owning Your Own Practice” and Kayla Holz Black ’14 presented “Acute Care: Beyond Walking & Discharge Planning.”

Michelle Anumba ’16 was the speaker on the Sports Rehab Experts with Chase Chavez podcast: on February 2. Andy Serpahin ’20, who just started a new position with Red Bull New York, was also a guest on the same podcast last December.

Mark Bowden ’95 presented “Helping You Thrive in the Clinic: Applications of Current Research” at the APTA South Carolina Annual Conference.
On June 3, Shefali Mathur Christopher ’08 presented “Musculoskeletal Differences Between Healthy Postpartum Runners And Nulliparous Controls” at ACSM.

Under the leadership of Kelley Kubota ’94, left, the California Physical Therapy Association Rose Parade task force raised $90,725 towards the float that won the Grand Marshal Award for most outstanding creative concept and float design, “Physical Therapists Improve the Way You Move.”

Tyler Mullen ’21 presented on April 7 as part of the APTA Cardiovascular & Pulmonary Physical Therapy 2022 Residency Reflections: Interesting Cardiopulmonary Patient Cases Residency Reflections.

In March, Brad Myers ’09 was appointed as the new chair/director of the Campbell University Doctor of Physical Therapy program.

The Foundation for Physical Therapy Research has awarded a 2022 Promotion of Doctoral Studies I Scholarship to David Rowland ’20 for his project, “Ankle exoskeletons as daily assistive devices to augment gait post-stroke” through the support of the Neurology Endowment Fund made possible through the generosity of the Academy of Neurologic Physical Therapy.

Melissa Hildebrand Scales ’08 presented “Immediate and 6-week effects of using carbon fiber footplates on gait in children with idiopathic toe-walking” at the 27th Annual Meeting of the Gait and Clinical Movement Analysis Society (GCMAS).

Mike Schmidt ’12, the new Director of Ambulatory Rehabilitation for Duke University Health System, was quoted in “Physical Therapy: An Integral Part of Abdominal Wall Reconstruction.”

Victoria Lamb Smith ’07 was chosen by the American Physical Therapy Association as a 2022 APTA Association Leadership Scholar.

Named by WebPT as one of 8 PTs Who Have Transformed the Profession in honor of Black History Month, Moyo Aremu-Cole Tillery ’12 was interviewed on the January 6 episode of the AAOMPT podcast, and she is an author of the Academy of Orthopaedic Physical Therapy’s Independent Study Course “Bridging the Gap Between the Workplace and Therapy Clinic” as she wrote about “Functional Job Analysis and Employment Exams.”
The Duke DPT Class of 2023, above, received their white coats at the Duke Chapel on June 9.

DPT students Amanda Clarke and Nancy Rodriguez of the Class of 2023 and Mohammad Saad of the Class of 2022 were selected to be 2022 APTA Association Leadership Scholars. The APTA Association Leadership Scholars Program was established during APTA’s 2021 centennial year to build a cadre of future association leaders, both nationally and locally. The program demonstrates APTA’s investment in the sustainability of the association by promoting a diverse leadership pool. Additionally, Mohammad interned at the 2021 American Academy of Sports Physical Therapy Annual Meeting & Scientific Conference, and Amanda recived a 2022 Michelle Winn Inclusive Excellence Award.

Duke DPT students were well-represented on the APTA Oncology Students & New Professionals leadership as Stef Stoller ’22 served as the Director of Professional Development, and Meredith Stutz and Naomi Klingbeil, both of the Class of 2023, served as the Co-Director of Mentorship- Development Co-Chair and Director of Membership respectively.

Layne Compton and Courtney Deaton from the Class of 2022 were speakers of APTA North Carolina SSIG Facebook Live event, “PT in Primary Care Part II - ‘things students should know’ From New Grads’ Perspectives.”

Hope Reynolds ’24 wrote the blogpost “From Cancer Patient to Cancer Survivor and PT Student” for APTA Oncology.
Lexi Woywod and Courtney Mueller of the Duke DPT Class of 2024 started our newest SIG, the Geriatrics SIG. For the SIG's first event this weekend, they volunteered with the cycling event at the Durham Senior Games.

Karen Brosko ’23 played in the Intramural Women’s League Championship game in Cameron and was well-supported by her fellow DPT students.

Jamell Joseph ’23 was accepted into the 2022 MS Rehabilitation Therapy Specialty Training Program sponsored by the Foundation of the CMSC (FCMSC), the Consortium of Multiple Sclerosis Centers (CMSC), and the International Organization of Multiple Sclerosis Rehabilitation Therapists (IOMSRT).
Class of 2022 Student Inductees into the American Council of Academic Physical Therapy (ACAPT) National Physical Therapy Student Honor Society

Inductees demonstrate excellence, integrity, and professionalism in areas of academic achievement, leadership, service, or research, and demonstrate strong moral character, ethics, and the core values of the PT profession.

Kelly Boyle  
Layne Compton  
Grace Ditzenberger  
Julie Hanson

Lindsay Heffron  
Glenda Holcomb  
Hope Kelly  
Alea Penner

Mohammad Saad  
Pia Salcedo  
Mimi Smith  
Stef Stoller
THE DUKE DPT CLASS OF 2022 CELEBRATED THEIR GRADUATION ON MAY 7 AT THE WASHINGTON DUKE INN

Robert Bartlett Student Recognition Award for Service and Leadership Excellence: Mohammad Saad

Jan Gwyer Student Recognition Award for Academic, Clinical and Scholarly Excellence: Grace Ditzenberger

Helen Kaiser Duke Physical Therapy Alumni Association Award: Marcus Taylor

Duke Doctor of Physical Therapy Inclusive Excellence Award: Pia Salcedo
engage. connect. celebrate.

You are a valuable member of our community and we would like to hear from you.

Duke Alumni Association
- Connect with classmates across Duke and learn about upcoming events and career networking opportunities.
- Update your profile to reflect your current contact and professional information.
- Network with 5,000 alums offering information and advice about particular geographic areas, jobs and careers, stages of life, and graduate education.
- Participate in Ask A Blue Devil, a smart tool that allows members of the Duke community to ask for help and to get it! With a community of more than 185,000 Ask A Blue Devil will connect you with the best Duke alum who can help you with advice and introductions.

How Can We Better Serve You?
We'd like to know a bit more about you so we can provide relevant resources and opportunities. Please take our brief (10 minute) survey to share how we can better serve you. Please share your personal and professional accomplishments so that we may celebrate with you.
Email us at dptalumni@dm.duke.edu with your latest news and accomplishments.

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