

# Duke University School of Medicine Office of Financial Aid and Student Financial Planning

## FINANCIAL LITERACY & DEBT MANAGEMENT



"Helping You Put It All Together"



Helpful links to get the New Year started out in the right direction!!

How to Create a Budget:

<https://www.youtube.com/watch?v=6lb-bdtko5cE>

How to Manage your Student Loans:

<https://www.youtube.com/watch?v=flG4gFLiZzU>



A representative from the Financial Aid office will be in the office at the Seeley Mudd Building on the following dates for in person appointments!

January 9<sup>th</sup> Mitsi Norton  
January 17<sup>th</sup> Lisa Wioskowski  
January 26<sup>th</sup> Lori Crooks

### Community Pantry



Location: **GPSG House, 306 Alexander Ave., Durham NC 27705**

Saturdays 12:00-2:00PM. Note: hours are always subject to change based on volunteer availability. Continue to check the website for updates.

*As part of the Duke financial literacy program, all M.D. students borrowing educational loans at Duke are requested to enter and update their loan information annually through the AAMC Medloans Organizer.*



[NC DHHS: Food and Nutrition Services Food Stamps](#)



[Food Pantries – End Hunger in Durham \(endhungerdurham.org\)](#)  
[Map of Food Resources in Durham, NC](#)



A mutual aid network formed out of the COVID-19 crisis for the Duke/Durham community.

[Duke Mutual Aid | mutual aid network](#)

**Duke University School of Medicine Financial Aid Office**  
8 Searle Center Drive  
Durham, North Carolina 27710  
Email: [finaid-som@dm.duke.edu](mailto:finaid-som@dm.duke.edu)



Jan 2023