

Moments to *Movement*

TALKING ABOUT THE BLACK LEADERSHIP EXPERIENCE

TABLE

The goal of TABLE is to strengthen your capacity to care for yourself and lead others. During a time that is testing the longstanding traditions of society, our hope is that you have the tools and organizational support you need to show up and influence racism at Duke, putting our values into action to create a community that is stronger, healthier, and more just.

AUDIENCE

Black/African American leaders/people managers.
(*manager and above*)



SESSION DETAILS

- Cohort based, coach-facilitated, bite-sized learning
- Four 90-minute facilitated dialogues
- Starting Tuesday, January 4, 2022: 4 cohorts

Limited Seating Available!

Click Link Here To Register -

[M2M TABLE registration January and February](#)

SESSION ONE:
UNPACKING RACE THROUGH STORY & EMBODIMENT

SESSION TWO:
DEALING WITH MICROAGGRESSIONS & ENHANCING EMPOWERMENT

SESSION THREE:
BUILDING BLACK/AFRICAN DIASPORA COMMUNITY & COHESION

SESSION FOUR:
THRIVING AT DUKE IN ALIGNMENT WITH DUKE'S ANTI-RACISM PLEDGE

LEARNING OBJECTIVES

TO RELEASE RACIAL TRAUMA AND BECOME MORE WHOLE WITHIN OURSELVES

TO BECOME MORE EMPOWERED WHEN FEELING THE STRESS OF BEING "THE OTHER" AND HEAL NEGATIVITY TOWARD THE DOMINANT CULTURE

TO MOVE TOWARD COHESION AND COMMUNITY WITH THE AFRICAN DIASPORA

TO DETERMINE ACTIONS AND STRATEGIES FOR THRIVING AT DUKE

PARTICIPANT FEEDBACK

"There needs to be more opportunities for black leaders to come together to share and learn from the experiences of others."

"The group discussions were insightful and provided real examples of some of the struggles we face...this forum allowed each of us to express ourselves openly and honestly".

"This forum offered me exposure to other black leaders at Duke which is so meaningful to me as I do not report into or have many opportunities to see and interact with other black leaders".



100% OF PILOT PARTICIPANTS RECOMMEND THIS COURSE FOR BLACK LEADERS AT DUKE

FOR ADDITIONAL DETAILS CONTACT THE OLE TEAM:
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