Mentor Self-Assessment Form: How Good a Mentor Are You?

Activity/Strategy	Question/Task	Example	What could be done better?
Appreciating individual differences	Give an example of an incident that illustrates your acknowledgment of individual difference:		
Availability	Give an example of the strategy you use to be available to your mentee:		
Self-direction	What was your rating on this scale (Page 793)? The direction-self-direction scale Guided independence and scientific creativity Micromangement 1 2 3 4 5 6 7 8 9 10		
Questioning	Describe how you last used active questioning to lead a mentee towards a solution:		
Celebration	When did you last celebrate a mentee's achievement? How did you celebrate?		
Building a scientific community	Describe a deliberate strategy you use to build a scientific community in your group:		
Building a social Community	Describe a deliberate strategy you use to build your group as a social community:		
Skill development	Describe steps you take to develop the critical, writing and presentation skills of your mentees:		
Networking	Describe one example of how you have introduced each of your mentee into the scientific network of your research area:		
Mentor for life	How many of your past mentees are you in contact with?		
What one thing will you do differently after reading the description of the mentoring behavior of the <i>Nature</i> mentors?			

Adapted from the article: Lee, A., et al. Nature's guide for mentors. Nature, 447:791-797. 2007.