

Duke in touch

Connecting Duke Physical Therapy alumni, students, faculty, clinicians, and friends | Winter 2016

Message from the Chief Major Expansion of Duke's Rehabilitation Focus



When the Doctor of Physical Therapy division joined the Department of Orthopaedic Surgery at Duke 18 months ago, we had big plans in mind. I'm thrilled to announce that one of the biggest, most transformational of these plans is now coming to fruition.

In December, we received the go-ahead to launch a new institute for rehabilitation sciences: a comprehensive education and research enterprise that will combine physical therapy, occupational therapy, and speech pathology to examine, understand, and integrate all aspects of rehabilitation through a wider lens. We are entering uncharted territory, because we feel that no other academic rehab program exists to foster the kinds of cross-discipline "collisions" we aim to create here at Duke.

While the Duke Doctor of Physical Therapy (DPT) program will remain our flagship education program, we plan to add a new educational stream for occupational therapy, a research graduate degree program (providing the option of a dual degree with DPT), and expanded continuing education opportunities for working professionals. And of course, cross-disciplinary research opportunities will abound.

The creation of an institute for rehabilitation sciences is a dream come true for many of us at Duke Physical Therapy. We know we will be invigorated, challenged, and made better by the opportunity to work more closely with our colleagues in other rehab disciplines – and that the payoff will be an even larger impact by Duke graduates, students, faculty and staff on the health and wellbeing of people throughout the world. More to come...

Michel D. Landry, BScPT, PhD
Associate Professor & Chief



Global Impact | 2



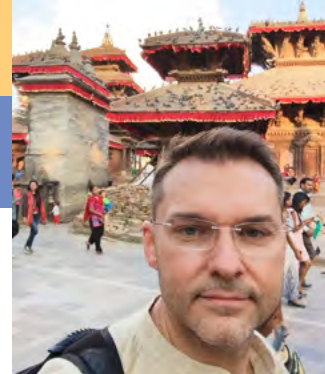
Faculty | 4



Alumni | 8



Students | 12



Nepal, Global Disaster Response, and the Growing Role of Rehab

Division chief Mike Landry spent this summer in Nepal at the behest of the World Health Organization to help this small country recover from two devastating earthquakes.

“ Not long ago, in major emergencies and disasters, rehabilitation services were seen as a nice thing to have, but not a medical necessity. I think we’ll look back at the Nepalese earthquake disaster as the tipping point for widespread recognition that injury rehabilitation must be an essential part of the humanitarian response in any disaster zone.

Advances in medical and surgical care in the field, and widespread use of antibiotics to reduce potentially fatal infections, make it possible for us to preserve more lives after a disaster. However, saving more lives also translates into more people living with injury disability – often at a level beyond the capacity of most local health systems. Nepal (one of the poorest countries in Asia) had a growing rehab field before the earthquakes, but nowhere near the supply needed to meet the post-earthquake demand.

Following any major disaster or humanitarian emergency, the United Nations establishes clusters of support.

In Nepal, for the first time, the Health Cluster included a designated Injury and Rehabilitation Sub-Cluster. I was asked to lead that sub-cluster on behalf of the WHO and in consortia with the Nepalese Ministry of Health and Population. We also collaborated with experienced colleagues

from non-governmental organizations (NGOs), such as International Organization for Migration (IOM), who did some really amazing and heroic work.

My work in Nepal fell into three categories:

1. Rounding on patients at the step-down facilities created by NGOs to help the injured who were not quite ready to go home – if they still had homes to

return to. I rounded with local orthopaedic surgeons and colleagues from the International Organization for Migration to develop care plans for patients.

2. Helping to distribute the WHO’s medical camp kits: temporary mobile hospitals that were delivered to remote areas of the country, where basic medical care had not yet reached.
3. Working with the Nepalese government to develop long-term strategy, policy, and action plans for rehabilitation and disability. This – my primary reason for being there – was the most challenging part of my job, as about 80% of the Nepalese population live in rural, mountainous environments and about 30% live in poverty. This work is ongoing, and regrettably has been seriously hampered by civil unrest that has led to a nationwide fuel crisis, making travel near impossible. Sadly, we have now headed into a very cold winter, and most of the Nepalese displaced by the earthquakes will spend this winter under tarps. The next six months or so will be very difficult in Nepal.

Now that I am back in the States, part of my challenge is to really try to understand: What are some of the lessons we learned in Nepal? How could – how should – we have done this better? You can read some of my thoughts via the links below.

The more positive part is that Duke faculty were able to have an impact at a global level. I was so impressed with the level of support and encouragement that I received from my fellow Duke faculty, students, staff, and the entire School of Medicine. I am now working alongside colleagues in the WHO’s regional office in New Delhi to scale up rehab capacity and competencies across the entire zone of Southeast Asia, which is one of the most highly active natural disaster areas in the world. There is much more work to do, and I am pleased that I – and Duke – get to be a part of it. ”



For more on Dr. Landry’s experience and lessons learned:

[Duke Global Health Institute news](#)

[Disability as an Emerging Public Health Crisis in Postearthquake Nepal](#)

[Lessons from the 2015 earthquake\(s\) in Nepal: implication for rehabilitation](#)

Ron Peyton Innovation Lecture Series launches

Many came to see Ron Peyton, '66, present "Where There's a Will, There's a Way" at the Trent Semans Center for Health Education. We are pleased to announce that the next Ron Peyton lecture will be given by Dr. Pam Duncan on Monday, March 28, 2016.



Class of 2016 Dons their White Coats

Dr. Jan K. Richardson was the keynote speaker at our White Coat Ceremony on July 17, 2015. Due to ongoing renovations at the Duke Chapel, the ceremony for the Class of 2016 was held in Griffith Film Theater. Despite the venue change, our Class of 2016 was just as excited to receive their white coats and embark on their long-term clinical rotations.



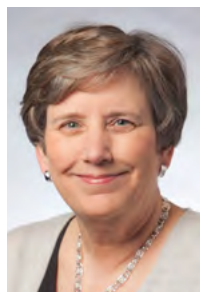
Kudos

Dr. Chad Cook was a keynote speaker at the Italian Society of Physiotherapy annual meeting in Milan this October. He presented on “Physical examination tests that



determine candidacy for manual therapy intervention.” Dr. Cook also was selected as a special topics editor for the *Journal of Orthopaedic and Sports Physical Therapy*. He will work with Dr. John Childs (Baylor University) and Dr. Lynn Snyder-Mackler (U. Delaware) to recruit clinical commentaries for the journal. Dr. Cook is also a senior associate editor for the *British Journal of Sports Medicine*.

Dr. Jan Gwyer was invited to teach a session on clinical reasoning and do a short faculty consultation at Western Carolina University. She then travelled to Norway to teach a team-based learning seminar.



Dr. Robert Butler, interim director of the Michael W. Krzyzewski Human Performance Lab (K-Lab) at Duke, collaborated with Duke DPT alum **Dr. Jason Shutt '13** and Duke



Department of Physical Therapy & Occupational Therapy Sports Residency and Division I Sports Fellowship alum Nikki Huffman to get Major League Baseball pitcher Marcus Stroman back on the mound just five months after tearing his ACL in spring training. The feat garnered attention from the national press, including features in **USA Today** and on **ESPN**. We would like to wish Dr. Butler well as he has **accepted the position of Director of Performance with the St. Louis Cardinals** Major League Baseball organization effective February 1, 2016.

Dr. Richard Clendaniel was invited to speak at the 2015 Neuro-otology Society of Australia Annual Scientific Meeting in Melbourne in September. The title of his talk was “Clinical measures: What do they mean and what is meaningful?”



Dr. Kyle Covington '04 received a 2015 Duke AHEAD grant for his project with Deborah Engle, Kathryn Turner, and Kim Cavanaugh: “Assessing student attitudes of interprofes-



sional learning experiences: A mixed methods approach.” He was also elected as a North Carolina delegate to APTA’s House of Delegates.

Dr. Adam Goode '05 was promoted to associate professor in the Department of Orthopaedic Surgery. He also presented “Dissemination of student scholarship: Strategies to make it count twice for you and your students” at Duke AHEAD’s Health Professions Education Day.



In October, Duke DPT alum and clinician educator **Dr. Kara Lardinois '00** was inducted as a director-at-large (clinical) of the American Council of Academic Physical Therapy



National Consortium of Clinical Educators 2015-16 Leadership Team at APTA's Education Leadership Conference. Dr. Lardinois also received a public "high five" (a Duke Med recognition program) from coworker and Duke PT Kristi Duke, who said: "Kara presented an intriguing discussion about a conference she attended [that I was unable to attend]. To have a colleague bring back a bit of new knowledge she learned is greatly beneficial to me and to my patients. I tried some of the information with four children that very same day."

Dr. Elizabeth Ross was promoted to associate consulting professor in the Department of Orthopaedic Surgery.



In October, **Dr. Andrea Taylor** was an invited speaker at the Texas A&M University-Baylor College of Dentistry Pathways to Excellence Seminar Series, where she gave a



talk on "Jaw-muscle function, feeding behavior, and feeding performance in primates."

Dr. Len White has been busy with multiple presentations over the past few months. Along with DPT and other colleagues, he has presented on a wide range of topics, from



medical neuroscience to the history of segregation at Duke Hospital, at venues that include Computational and Systems Neuroscience, American Association of Physical Anthropology, and Duke AHEAD Education Day. Dr. White, whose free, massive open online course (MOOC), **Medical Neuroscience**, has just started on Coursera, also spoke about using MOOCs for medical education at the 2015 Coursera Partners Conference.

Drs. Len White, Robert Butler, and **Rosie Canizares '07**, along with Duke colleagues in Romance Studies and Evolutionary Anthropology,



received a grant from Duke's Bass Connections program for an interdisciplinary project on "Movement, Grace and Embodied Cognition." Together with Duke undergraduate and graduate students, this interdisciplinary team explored the multiple meanings of "grace" and its cognitive grounding in tactile, proprioceptive, visual and motor systems of the central nervous system. Bass Connections is a groundbreaking, university-wide program intended to explore societal and cultural challenges through collaborative, problem-centered learning.

Some Recent Duke DPT Publications

Click each hyperlinked citation below to view the abstract.



1



2



3



4



5



6



7



8



9



10

Correlation of diffusion tensor imaging parameters in the canine brain.

The Neuroradiology Journal. Leong D, Calabrese E, **White LE**, Wei P, Chen S, Platt SR, Provenzale JM. 2015; 28:12-18.

Effectiveness of exercise programs for management of shoulder pain in manual wheelchair users with spinal cord injury.

Journal of Neurologic Physical Therapy. Cratsenberg KA, Deitrick CE, Harrington TK, Kopecky NR, Matthews BD, Ott LM, Coeytaux RR. 2015; 39(4): 197-203.

Effects of weight-bearing biofeedback training on functional movement patterns following total knee arthroplasty: A randomized controlled trial.

Journal of Orthopaedic & Sports Physical Therapy. **Christiansen CL**, Bade MJ, Davidson BS, Dayton MR, Stevens-Lapsley JE. 2015; 45(9): 647-55.

Medical MOOCs: Lessons learned from the trenches of medical education.

The EvoLLLution. **White LE**. 2015.

Predicting degree of myelination based on diffusion tensor imaging of canines with mucopolysaccharidosis type I.

The Neuroradiology Journal. Choi J, Calabrese E, Snella EM, Dickson P, **White LE**, Provenzale JM. 2015; 28: 562-573.

Scholarly research productivity is not related to higher three-year licensure pass rates for physical therapy academic programs.

BMC Medical Education. **Cook CE**, Landry MD, Covington JK, McCallum C, Engelhard C. 2015; 11;15:148.

1 Dr. Len White

2 Dr. Kim Cratsenberg '15

3 Dr. Cassandra Deitrick '15

4 Dr. Taylor Harrington '15

5 Dr. Tash Kopecky '15

6 Dr. Brad Matthews '15

7 Dr. Lauren Ott '15

8 Dr. Chad Cook

9 Dr. Mike Landry

10 Dr. Kyle Covington '04



2015 NCPTA Fall Conference Highlights

As always, Duke DPT represented strong and proud at the **North Carolina Physical Therapy Association Fall Conference, which was held October 8-10 in Asheville, NC.**

Faculty and Alumni Presentations

- **Beth Buzzell '14** and **Charlie Sheets**: My Patients Have Questions and I Need Answers
- **Dr. Richard Clendaniel**:



Vestibular Rehab

- **Dr. Chad Cook**: Keynote Address, Clinical Prediction Rules



- **Mandy Hyslop '10**: Mirror Therapy for Pain and Motor Recovery in the Neurologic Population Using a Lower Extremity Mirror Box

- **Dr. Corrie Odom** (Jennifer Martin, Heidi Shearin, Meredith Westbrook): Clinical Education SWOT Swap

- **Charlie Sheets** and **Mike Schmidt '12**: Spinal Imaging Across the Continuum: Interpreting and making decisions for conservative, traumatic, and post-operative care

- **Stephanie Milosovic '12, Emilie Olsen '12** (Jennifer Cooke, Steve Takacs): The Black Hole of Orthopedics: Current concepts in evaluation and management of patellofemoral pain syndrome Rules

Student Poster Presentations

Class of 2016 Capstone Research

- **Dr. Remy Coeytaux, Christine Ulses, Blair Losak Samantha Parlier**: A scoping review on the outcomes of implanted electrodes in individuals with spinal cord injury

- **Anne McGinty, Courtney Matthews** (pictured below), **Maggie Holland, Meredith Ramsey, Dr. Adam Goode '05, Leila Ledbetter, Dr. Laura Case**: Physiologic stability of intubated pre-term infants receiving skin-to-skin care in the neonatal intensive care unit: A systematic review



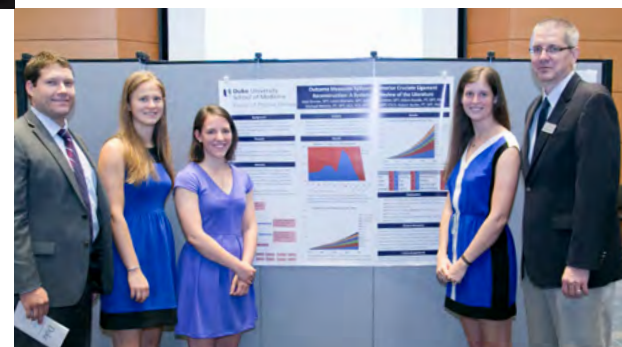
- **Dr. Adam Goode '05, Julia Murhammer, Laura Martens, Jessi Groves, Dr. Mike Reiman, Dr. Rob Butler**: Outcome measures following ACL reconstruction: A systematic review of the literature

- **Meg Hornsby, Sam Van Gorer, Liv Hebert, Kaitlyn Shlueter, Dr. Chad Cook**: The diagnostic credibility of second impact syndrome: A systematic literature review



Class of 2017 Research Elective

- **Scott Peters, Rachael Zdeb, Alisha Laing, Jeremy McCullough, Dr. Rob Butler**: Examining differences in basic movement competency in professional baseball draftees



Thank you to these recent alumni donors!

This past year, Duke DPT reached out for the first time to our alumni base to ask for annual support of the program's mission. We highlighted last fiscal year's donors in our Summer issue; the alumni listed below have made gifts so far for our new fiscal year, which runs from July 1 to June 30:

Merle Adkins '67
 Robert John Bahr '75
 Lisa Ryan Banco '89
 Carol Tarasovis Blanpied '84
 Catherine R. Bookser-Feister '85
 Rosie Canizares '07
 Allison Marek Conta '00
 Kyle Covington '04
 Tawnie Crowe '11
 Jeanne Cushman '84
 Leslie Daigle '68
 Elizabeth Eife-Johnson '75

Martha Ellsworth '70
 Shannon Ericson '86
 Brianne Erwin '07
 Luray Lindgren Eshelman '69
 Margaret Rose Faust '75
 Linda Weil Foster '87
 John Garber '60
 Gabrielle Gordon '08
 Mary Algeo Hasiak '63
 Ann Hatten '57
 Kristen Molzon Henry '08
 Sandra Reimers Herzog '67
 Wendy Lochridge '95
 Diana Mantell '10
 Andrea Martin '11
 Lisa Hillemeier Maurer '91
 Lisa Bollheimer Minn '98
 Marie Koval Nardone '79
 William O'Brien '69
 Rachel Groff Polito '11
 Sharon Geer Russo '84
 Sylvia Rapp Sabia '74
 Laurie Samet '82
 Lorraine Shelton-Gaines '78
 Melissa Joy Simon '89
 Margaret Steele Smith '50
 Susan Mote Smith '84
 Deborah Aronoff Strull '87
 Ross Vines '84
 Leigh Meriwether Watts '09
 Sue Wolfson-Whitney '59

It's not too late to join these generous folks as donors to Duke DPT.

Annual support helps ensure continued excellence in teaching, evidence-based clinical practice, and cutting-edge research, and helps Duke prepare the next generation of leaders in physical therapy.

Make your gift today at <https://www.gifts.duke.edu/dpt>

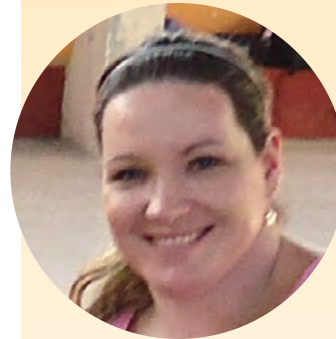
Congratulations



...to **Dr. Chris Holladay '08**, who has been elected to serve as the Director of Communications of the APTA Section on Women's Health!



...to **Dr. Amy Arundale '11** and **Dr. Tim Faw '09**, who have both received Post-Professional Doctoral Scholarships from the Foundation for Physical Therapy!



...to **Dr. Jodi Thomas '05**, whose novel was recently published in paperback and as an e-book on Kindle! **The Beauty of Holland** is a work of fiction, but it is based on a true story about a child with cerebral palsy with whom she worked for many years.



Message from **Dr. Jennifer Moody Skeesick '06,** Alumni Association President



Hello from Duke!

As we begin 2016, I hope that all of you are doing well. As proud graduates of Duke's Physical Therapy education programs, we are an important part of the University's broader alumni network. This year promises to be a very exciting time for alumni of this great university, with many impressive projects that should benefit all of us individually as well as the alumni network as a whole.

The University's new Alumni Center is in its final planning stages, with construction anticipated to begin soon. The Duke Alumni Association is also working diligently to improve communications systems so that we can all stay connected more efficiently. We are also reaching out to our constituents to encourage regional involvement. I encourage you to connect with a regional Duke alumni group in your area and participate in a game watch, community event, or an educational opportunity. Please contact me if you have any questions about Duke opportunities in your area.

I am excited to see many of you at the Duke Physical Therapy Alumni and Friends Reception at CSM 2016 in Anaheim, California (February 17-20), where we will award our Distinguished Alumni and Emerging Leader Alumni Awards and vote for board positions. This event will begin at 5:30 p.m. on Thursday, February 18, at FiRE + iCE Grill + Bar. (See link to register at left.)

I wish you all the best as we begin 2016!
Go Duke!

Jennifer Moody Skeesick '06
Duke Physical Therapy Alumni Association President

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CSM 2016

Click here to register for the **Duke Physical Therapy Alumni and Friends Reception at CSM 2016.**

If interested in running for Vice-President of the Duke Physical Therapy Alumni Association, please e-mail dptalumni@dm.duke.edu

Thursday, February 18th,
5:30 p.m.,
FiRE + iCE Grill + Bar

Division Highlights

DPT launches **Faculty Development Residency**



In 2015, Duke DPT launched a Faculty Development Residency to prepare highly qualified, effective PT educators for classrooms at Duke and elsewhere. The rigorous two-year program includes coursework in classroom management, test writing, academic advising, higher education structure, educational assessment, accreditation, and team-based learning, as well as faculty mentoring, a capstone project, and supervised didactic teaching responsibilities within the DPT program. Faculty residents also have opportunities to engage in additional educational opportunities like APTA, CSM, and other conferences, and grand rounds.

The Duke DPT Faculty Residency has been granted candidacy status and will be listed on the American Board of Physical Therapy Residency & Fellowship Education (ABPTRFE) directory of Developing Programs. Congratulations to **Dr. Carol Figuers '81** and **Dr. Kyle Covington '04** for this recognition of their efforts to develop this innovative and important program.

Dr. Paul Salamh '07 is the first faculty resident in this new program. We asked him to share how his first year has gone:

"My passion for education and research has been the driving force behind my academic pursuits, ultimately leading me to my current position as Duke DPT's first faculty development resident.

"Upon completion of my PhD it would have been a logical next step to enter the world of academia, allowing me to realize my longstanding dream of becoming a faculty member.

However, when the inaugural faculty development residency position became available, I saw this as a unique opportunity to further foster my current skillset and – more importantly – develop new skills that would ultimately allow me to be a more effective educator.

"During the first year I have had the opportunity to participate in a variety of learning experiences associated with the didactic modules of this residency. Day-to-day I find myself involved in several courses working with both first- and second-year DPT students. Additionally, I have learned a great deal from my mentors, Drs. Carol Figuers and Kyle Covington. Having knowledgeable mentors that I respect and who are driven by the same passion as I am has made this an invaluable experience.

"At the culmination of my first year in this residency I found myself delivering elbow,

wrist, and hand content to the second-year students in Musculoskeletal Practice Management I. What would have felt like an insurmountable task prior to this residency instead felt like I had only hoped it would be. I was able to apply what I had learned from the didactic modules and prior experience in the classroom to develop my own teaching style in the classroom. Additionally, the mentorship of Dr. Mike Reiman was critical in helping me to make this leap.

"Above all, the most valuable and enjoyable component of this residency is being able to engage with the students. I am continually amazed at their dedication and passion for learning new material and seeking out opportunities to apply it. They are at the heart of what I do, and I am most grateful for their willingness to allow me to be part of both their learning and their lives."





On Team USA for World University Games in South Korea

Duke DPT students and faculty join medical teams to help U.S. athletes compete at the highest level

by Michelle Anumba '16

In July, seven of my classmates, two awesome faculty members, and I had the amazing opportunity to be part of the U.S. medical team at the 2015 World University Games in Gwangju, South Korea, where college-aged athletes from all over the world competed.

At the Games, we worked side-by-side with very knowledgeable, world-class doctors, surgeons, physical therapists, and athletic trainers to provide coverage at all of the athletic events and to address the medical needs of the athletes in the clinic. We covered swimming, water polo, volleyball, basketball, fencing, judo, rhythmic gymnastics, archery, track and field, diving, soccer, golf, handball, rowing, taekwondo, and badminton. As we watched these highly competitive athletes, we brainstormed common injuries we would expect in each sporting population. In the clinic, we practiced skills and techniques we had learned in MSK, saw diagnostic ultrasound in action, and had valuable discussions with other members of the medical team. In addition, we got to attend a medical symposium where we learned from the world's top medical professionals.

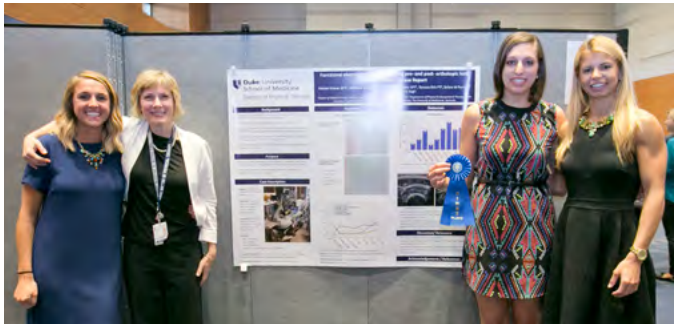
Between our time at the clinic and the events, we even got to explore the city of Gwangju, learn and use some of the language, and try some traditional Korean BBQ! It was an experience each of us will value for the rest of our lives. It was an honor to be a part of the World University Games and to represent the USA. We are thankful for this opportunity.



Michelle Anumba,
first from left

Way to Go!

■ Congratulations to the following Class of 2016 Capstone teams for winning ribbons for their research:



1st place: Functional electrical stimulation cycling pre and post bilateral orthotopic lung transplantation: A case report

Authors: Kathleen Decina, Melani Graves, Lauren Alexander

Mentor: Dr. Amy Pastva

2nd place: Interventions for concussion: An evaluation of the evidence

Authors: Michael Jeanfavre, Sean Husted, Lindsay Braun, Hilary Frimenko, Jennifer Tier

Mentors: Drs. Rick Clendaniel and Mike Reiman

3rd place: Predictors of prolonged recovery following sports-related concussion: A systematic review

Authors: Shawn Hoffman, Sarabeth Ford, Drew Grant, Steven Higbie, Mitch Therriault

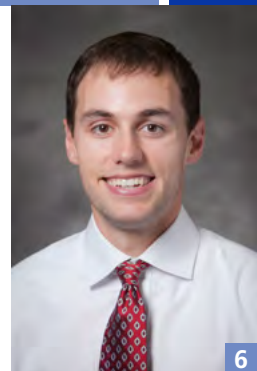
Mentors: Dr. Adam Goode '05, Leila Ledbetter, Pete Friesen, Dr. Mike Landry



■ Cheers for first-year student **Josh Fries**, who was elected by the Class of 2018 to be their liaison!

■ In October, third-year students **Julie Canfield** and **Melana Tysowsky** presented their capstone research, **Factors influencing prediction of injuries at a walk-in clinic during a summer dance intensive**, at the International Association for Dance Medicine and Science's 25th Annual Meeting in Pittsburgh. Co-authors were **Susan Kokot, Jacqueline McNeill, Norah Cetin, Rosie Canizares '07, Charlie Sheets, and Rob Butler**.





Isn't that **Special?** *(Interest)*

This year's DPT Special Interest Groups are being led by our second-year students:



**Inpatient
Neuro**

Lisa Delmedico, Rachel Cesario,
Hannah Josephson, Alex Reiley,
Melissa Mosley

**Sports
Pediatrics**

Thomas Joyce, Rachael Zdeb
Hannah Josephson, Sarah Funderburg,
Meredith Russo, Rachel Shepherd

**Global Health
Humanities**

Cayla Lowe
Ryan Koter

Women's Health

Rachel Shepherd, Lynnea Kraft

Military

Maggie Selzer, Chelsea Lineberger

United

Mariel Hammond, Kate Amsden



- 1 Lisa Delmedico
- 2 Rachel Cesario
- 3 Hannah Josephson
- 4 Alex Reiley
- 5 Melissa Mosley
- 6 Thomas Joyce
- 7 Rachael Zdeb
- 8 Sarah Funderburg
- 9 Meredith Russo

- 10 Rachel Shepherd
- 11 Cayla Lowe
- 12 Ryan Koter
- 13 Lynnea Kraft
- 14 Maggie Selzer
- 15 Chelsea Lineberger
- 16 Mariel Hammond
- 17 Kate Amsden





Getting Oriented

In August, we welcomed the Duke DPT Class of 2018 to our program. As always, our new students' first week was filled with a wide variety of orientation activities, ranging from the serious, to the studious, to the silly. As these photos attest, a great time was had by all. (Shout out to Team 13 for winning the Orientation Week Scavenger Hunt!)



Hail to the Victors



Shout out to the 3v3 co-ed basketball champions from the Class of 2016: **Josh Staggs, Meg Hornsby, Mitch Therriault, Matt O'Connell** (pictured above), **Adrienne Fox**, and **Nicole Neill!**



On October 25, students volunteering in Jamaica held a 5v5 dodgeball tournament. The tournament was won by the Duke DPT Team Dalbezy Swag: first-year **Logan Gudde** and second-years **Adam Dalbo, Frank Matt Vickory, Jamie Grainger**, and **Evan Vasilauskas**. *Big up, mon!*



On November 5, our first- and second-year students played each other in the Intramural Co-Ed Flag Football Championship. It was an energetic game, and **the second-years won 20-0**. Everyone had a great time and were good sports!

Major Milestones

Jeffrey Wimsatt '17 just got engaged to his high school sweetheart! Jeff met his now-fiancé Jessica in Louisville, Kentucky, where he went to a local all-boys high school and she went to a nearby all-girls school. A mutual friend paired the two to go to a



Christmas dance at Jessica's school together. After the dance, Jeff waited until summer to ask Jessica out – and the rest is history! Jeff was planning to wait until this summer to propose, but once he had the ring he just couldn't keep it a secret. When Jessica came down to visit in February, he took her to the Duke Gardens and popped the question on the stairs overlooking the koi pond. Jessica said yes!

The couple is planning their wedding for June 2017, a month after Jeff's graduation. Then, they plan to buy a house in Louisville, get a dog, and spend some time traveling before having kids takes up all of their time and money. Congratulations, Jeff and Jessica!

Derek Poulson '17 and his wife, Katelyn, welcomed their first daughter in August! Derek says he is extremely excited to be a dad and is most looking forward to spending time together as a family. He hopes his daughter will inherit his love of sports and Katelyn's kind personality. He also informed us that the first clothing item they purchased for her was a Duke onesie, so here's to hoping her first words are, "Go Duke!" Congratulations, Derek and Katelyn!



Engage. Connect. Celebrate.



As an alumnus, you are a valuable member of our community and we would like to hear from you.

Connect with other Duke Alumni

Duke Alumni Association: Connect with classmates across Duke and learn about upcoming events and career networking opportunities.

Duke Alumni Directory: Update your profile to reflect your current contact and professional information.

Duke Connect: An online networking tool that includes 5,000 alums offering information and advice about particular geographic areas, jobs and careers, stages of life, and graduate education.

Grow your Professional Network

Join our **LinkedIn Group** to share jobs, discuss trending topics, and connect with alumni and current DPT students to expand your professional network.



Join Our **LinkedIn Group**

Get the latest DPT News

Receive daily news updates from the DPT community through Twitter and Facebook, and get snapshots of exciting events on Instagram.



Like Us on **Facebook**



Follow Us on **Twitter @Duke_DPT**



Instagram

How Can We Better Serve You?

We'd like to know a bit more about you so we can provide relevant resources and opportunities. Please **take our brief (10 minute) survey** to share how we can better serve you.

Please share your personal and professional accomplishments so that we may celebrate with you. Email us with your latest news and accomplishments.

Upcoming DPT Continuing Education Course

Title of Course	Dates	Provider	Registration Information
Pelvic Floor Level	April 29, 2016–May 1, 2016	Herman & Wallace	Register

If you're an alum interested in participating in the Duke DPT Alumni Mentorship Program, you can sign up by filling out this **short survey** to help us better pair you with a mentor/mentee.

Please **e-mail dptalumni@dm.duke.edu** if any of these apply to you:

- board certified specialist, please indicate which specialty
- graduate of a residency/fellowship program
- interested in accompanying Duke DPT students on global health service trips
- interested in helping Duke DPT admissions with recruitment
- willing to house students who are away on clinical rotations

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