



Duke in touch

Connecting Duke Physical Therapy alumni, students, faculty, clinicians, and friends | Winter 2015

Message from the Chief A new era of research begins for Duke Physical Therapy



This summer the Division of Physical Therapy made a major move within Duke School of Medicine, shifting our academic home from Community and Family Medicine into the Department Orthopaedic Surgery.

This is a terrific opportunity for Duke DPT, as there is tremendous alignment between the interests of our division and the department, in particular with regard to advancing rehabilitation research and practice. And although physical therapists practice in a wide range of settings, with nearly 80% currently practicing in an orthopaedic environment, connecting ourselves to this department and its other subspecialties makes logical sense.

The Department of Orthopaedic Surgery's new chair, Dr. Ben Alman, has been particularly welcoming and eager to help DPT explore synergies and opportunities for collaborative research with faculty across various divisions. Dr. Alman and I are convinced that this move will position Duke to become one of the leading centers for rehabilitation research, education, and practice in the country.

This move also ties into DPT's commitment to strengthen our research enterprise. As we announced in our last newsletter, Dr. Chad Cook has returned to Duke as DPT's Vice Chief of Research. His charge is to create and implement a strategic plan that will aggressively scale up our research funding and output. See page 2 for an update from him on our research progress.

One more important piece of news: As of January 1st, one of our most long-standing and influential faculty members, Dr. Jan Gwyer, has embarked upon a two-year transition into retirement. Dr. Gwyer has meant a tremendous amount to our program over the years, and I am personally grateful for her role in recruiting me to Duke. See page 3 for some highlights from her career and thoughts from me and other colleagues on what she has meant to Duke DPT.

I hope you enjoy this issue. Please keep in touch – we love hearing from you!

Michel D. Landry BScPT, PhD
Associate Professor & Chief



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Celebrating and sharing our research successes

by Dr. Chad Cook

Faculty in the Duke Doctor of Physical Therapy (DPT) Program are engaged in extraordinary research that is informing – and transforming – the science and practice of physical therapy around the world. The depth and breadth of research projects being undertaken by our DPT faculty is nothing short of extraordinary. (*See sidebar for a few recent highlights.*)

To encourage and facilitate research opportunities within the Division of Physical Therapy and ensure that the results of this research are widely disseminated, DPT recently convened a **Faculty Research Task Force**. The group, currently comprised of faculty members **Adam Goode, Robert Butler, Jody Feld, Amy Pastva, Kyle Covington, and Chad Cook**, meets regularly and then shares what they've learned with the rest of the faculty. Our goal is to communicate faculty research successes in a timely manner throughout and beyond our Division, to students, faculty and staff, alumni, other physical therapy programs and practitioners, and prospective students.

At Duke, we expect great things to happen and we set the bar very high. Our Division of Physical Therapy has grown accustomed to the success that occurs



Butler



Cook



Covington



Feld



Goode



Pastva

as a byproduct of our day-to-day responsibilities. We believe that reflecting on these successes is healthy, allows one to target even greater deeds in the future, and promotes collegiality among faculty. We anticipate continued success, and look forward to bolstering our ability to celebrate these achievements and share them widely so we can continue to make a major impact on the field of physical therapy.

DPT Faculty Research Highlights

- 56 unique peer-reviewed publications in 2013* – easily ranking in the top five DPT programs (**most recent year for available data*)
- 2 highly anticipated textbooks published in 2014
- 137 professional conference presentations in the past year alone, in 13 countries, to share the rich scholarly work for which our faculty has become world renowned (See dpt.duhs.duke.edu/Research/Conference-Presentations/ for a list of recent presentations.)
- Research funding at greater levels than ever, with faculty members now co-investigators on a multi-center NIH grant as well as grants from The Duke Endowment and (pending) the Patient-Centered Outcomes Research Institute/Veterans Affairs
- Our faculty also have been vital mentors for DPT student-driven Capstone projects. In 2014 we reached a new milestone: Every single Duke DPT student project was, or will be, presented at a professional conference! One of last year's student projects was even accepted into the prestigious *British Journal of Sports Medicine*. The quality of our students' work has continued to improve significantly over the years; the end result is an increased capacity to influence clinical practice.

Longtime Duke DPT leader stepping down

In January, **Dr. Jan Gwyer** stepped down as the Duke DPT program's Vice Chief of Education. Fortunately, our students and faculty will continue to benefit from her wisdom, wealth of knowledge, and experience as she begins a two-year transition into retirement.

“Jan has been one of the cornerstones of the DPT faculty, and the lifeline who has kept this program going. She is the epitome of a strong, silent leader – an extraordinarily hard worker who keeps things going behind the scenes.”

Dr. Michel Landry, Duke DPT Chair

Over a distinguished PT career spanning more than four decades, Dr. Gwyer has served as clinical practitioner, teacher, researcher, journal editor, and leader in APTA (which awarded her the 2012 Catherine Worthingham Fellowship) and other professional organizations. She continues to advocate for the advancement of physical therapy at state, national, and international levels.

Since joining the Duke Physical Therapy program three decades ago, no one has meant more to the success and reputation of our program than Dr. Gwyer. One of the cornerstones of the DPT faculty, she was the driving force behind our curricular transition to a team-based learning model – an

achievement that put Duke back at the forefront of PT education nationally. She has consistently been recognized as an extraordinary teacher and mentor to hundreds of DPT students, teaching in many content areas including professional development, research methods, evidence-based practice, and clinical management of patients with limb loss – her area of clinical practice.

Despite earning her graduate degrees at UNC, Dr. Gwyer bleeds Duke Blue, and has been a vital member, not only of our DPT family, but also of the greater Duke University community.

On the occasion of this milestone, we asked several colleagues to share their thoughts on what Dr. Gwyer has meant to this program.

“‘It’s all about the questions!’ This phrase, often stated by Jan Gwyer, conveys her value and consciousness of the profound influence of evidence-based practice and teaching on excellence in the delivery of patient care. Jan is a valued colleague, advisor, and mentor who tirelessly acts as a beacon to guide, warn, illuminate, and inspire both novice and experienced faculty. She is a master teacher and clinician, one who is wise, ethical, leads with integrity, and perpetually strives to assure that justice in healthcare is preserved for all persons. Jan Gwyer teaches students at Duke to ‘love the questions’ that lead to excellence in physical therapy practice.”

Dr. Corrie Odom
Duke DPT Director of Clinical Education



“Dr. Gwyer has been a wonderful role model, mentor, and professional friend to me and many, many other colleagues in the physical therapy educational community for decades. She is a highly regarded and respected leader whose research, knowledge, and insight regarding clinical and academic education, physical therapist professional development, and clinical expertise has contributed greatly to the advancement of physical therapy practice and education for many years. Most of all, beyond all of her accomplishments and contributions, Jan is a genuinely thoughtful and caring person who always approaches others and all she undertakes with enthusiasm, humility, and a smile. Thank you, Jan!”

Dr. Elizabeth Mostrom '78

Professor and Director of Clinical Education,
DPT Program at Central Michigan University
Longtime colleague and friend of Dr. Gwyer



Want to share your own congratulatory message with Dr. Gwyer? Send it to dptalumni@dm.duke.edu and we'll share it with her!



Kudos

Dr. Andrea Taylor has been inducted as an honorary member of Pi Alpha, the National Honor Society for Physician Assistants, at the 2014 Physician Assistant Certificate Ceremony (their in-house graduation event) by Pat Dieter, Karen Hills, and the PA faculty for her work with their PA anatomy program.



Dr. Amy Pastva and her multidisciplinary team have been awarded NIH R01 funding from the National Institute on Aging for their multi-center randomized clinical trial “REHAB-HF: A trial of rehabilitation therapy in older acute heart failure patients.” Dr. Pastva will serve as intervention coordinator across the Duke clinical sites. The trial will test whether – in addition to standard care – a novel, progressive, multi-domain (strength, balance, mobility, and endurance) rehabilitation intervention administered to elderly patients with acute decompensated heart failure (ADHF), beginning early during hospitalization and continuing for three months after discharge, will improve key clinical outcomes, including the rate of re-hospitalization and death, physical function, and quality of life. ADHF, a disorder in which patients have severe



shortness of breath and exertional fatigue, is the leading cause of hospitalization in older persons, and is associated with subsequent adverse events, particularly rehospitalizations. It is the most common Medicare discharge diagnosis and has been declared a national priority by the U.S. Department of Health and Human Service, Centers for Medicare and Medicaid.

Dr. Rick Clendaniel has co-authored and published the fourth edition of *Vestibular Rehabilitation*. Dr. Clendaniel and Dr. Susan Herdman, two of the world’s leading authorities on the subject, along with a team of expert contributors, deliver the latest edition of the field’s definitive text on the management of vestibular diseases and disorders.



Dr. Mike Reiman starred in a terrific podcast from the *British Journal of Sports Medicine* in which he discusses current surgical strategies (specifically FAI) and examination methods of the hip and the overuse of selected types of surgeries, including prophylactic surgery. Dr. Reiman is uniquely qualified to discuss the topic, having published a number of highly cited works regarding the assessment and treatment of the hip. You can listen to the podcast at <http://bjsm.bmj.com/site/podcasts/>.



Dr. Michel Landry, chief of the Division of Physical Therapy, has been named as an affiliate faculty member of the Duke Global Health Institute.



Dr. Jan Gwyer received an inaugural Duke AHEAD grant for her project “Identifying Health Professions Educator Competencies: A useful process and tool for self-and 360-assessment, faculty development programming and promotion criteria.”



Dr. Kathy Shipp also received an inaugural Duke AHEAD grant for a project on which she collaborated “Education Skills (curriculum development, teaching, and evaluation) Mentoring Program (ESMP).”



A new Masters of Biomedical Sciences degree program was recently approved by the Board of Trustees, and **Dr. Len White** is a member of this program’s leadership team. **Dr. Elizabeth Ross** will be a member of the inaugural faculty.





Mark Allard from New Balance of Durham with Dr. Kyle Covington

Duke DPT is shoe-in for youth charity

Duke DPT was the local host program for this year's Shoes4Kids Drive, an annual service project coordinated with the APTA House of Delegates and NEXT Conference. Each year APTA members from across the nation donate new shoes and socks for Shoes4Kids, a nonprofit organization that partners with businesses and organizations to provide footwear and mentoring programs to at-risk youth and their families. The shoes are distributed to children in need in the NEXT Conference's host city.

This year Duke DPT faculty, staff, and students collected more than 1,275 pairs of shoes – shattering previous records! – which were inventoried, sorted, packed, and transported to Charlotte, North Carolina, where they were distributed during the 2014 conference in June.

Recent Duke DPT Publications

Click each hyperlinked citation below to view the abstract.

Bilateral differences in the upper quarter function of high school aged baseball and softball players.

International Journal of Sports Physical Therapy. Butler RJ, Myers HS, Black D, Kiesel KB, Plisky PJ, Moorman CT 3rd, Queen RM. 2014 Aug;9(4):518-24.

Interaction of gender and body composition on rectus femoris morphology as measured with musculoskeletal ultrasound imaging.

Sports Health. Martinez C, Davis A, Myers H, Butler RJ. 2014 Sep; 6(5):451-6.

Injuries presenting to a walk-in clinic at a summer dance intensive program: A three-year retrospective data analysis. *Journal of Dance Medicine & Science*. Fulton J, Burgi C, Canizares R, Sheets C, Butler R. 2014 Sept;18(3):131-135.

Eccentric training for prevention of hamstring injuries may depend on intervention compliance: A systematic review and meta-analysis. *British Journal of Sports Medicine*. Goode AP, Reiman MP, Harris L, DeLisa L, Kauffman A, Beltramo D, Poole C, Ledbetter L, Taylor AB. 2014 Sep 16. pii: bjsports-2014-093466. doi: 10.1136/bjsports-2014-093466.



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- 1 Dr. Robert J. Butler
- 2 Dr. Corina Martinez '06
- 3 Dr. Jessica Fulton '14
- 4 Dr. Ciara Burgi '14
- 5 Dr. Rosie Canizares '07
- 6 Charles Sheets
- 7 Dr. Adam Goode '05

- 8 Dr. Mike Reiman
- 9 Dr. Lloyd Harris '14
- 10 Dr. Lucy DeLisa '14
- 11 Dr. Aaron Kauffman '14
- 12 Dr. David Beltramo '14
- 13 Dr. Andrea B. Taylor

Message from Dr. Jennifer Moody Skeesick '06, Alumni Association President



Greetings to my fellow Dukies!

I hope that 2014 has been a pleasing year for all of you. Our DPT program has continued to flourish on campus but also worldwide, affording current students awesome opportunities. The Duke Forward campaign is over 50% of our \$3.25 billion goal.

Our peers have also been very busy with outstanding accomplishments that should be recognized in a special way. I urge all of you to consider submitting at least one candidate for our alumni awards, which include the **Distinguished Alumni and Emerging Leader Awards**. We had the privilege of recognizing our first recipients of these awards at the APTA Combined Sections Meeting (CSM) 2014, and we will be continuing that tradition in Indianapolis at CSM 2015!

I also encourage you to visit the most recent addition to the Duke Alumni website to hear from various alumni and to share your own stories of how Duke has shaped you. whatsyourforever.dukealumni.com

I wish you the very best and hope to see all of you at CSM 2015!

Jennifer Moody Skeesick '06
*Duke Physical Therapy Alumni
Association President*

Hope to see you at CSM - please register for the Duke Physical Therapy Alumni & Friends Reception on Thursday, February 5th by clicking [here](#).

The joys and challenges of traveling PT

by Dr. Lindsay Krusich '07

Since graduating from Duke DPT in 2007, I have been a traveling physical therapist. As this an uncommon path, I wanted to share my experience in this rewarding career.

Traveling PTs work under job contracts, which average about 13 weeks and can be in a variety of settings, including acute care, skilled nursing and home health. As a traveling PT, you get to choose the location of your job. (I often pick cities I want to live in and search for jobs within a reasonable commute.) When the contract ends, you can decide to take a permanent job or move on to another assignment. And while you may not be eligible for paid time off, you do have the freedom to take time off

between contracts, work part-time, or design your own schedule.

There are many contract companies out there, and it is wise to talk with several because each has its own set of clients and can offer different experiences and contract options.

My first contract as a new graduate was at a short-term rehab hospital. It was a great fit for my first job, as I had ample time to work with each patient, which helped me learn and gain confidence. I had PT colleagues who I could ask for advice and assistance, and when I had a question about billing, my company had someone to help me.



Because traveling PTs work in many different settings, is it essential to keep up on the latest professional literature and techniques. Since many contract companies don't reimburse for specialized coursework or continuing education, you have to seek that out on your own. Fortunately, I have found that other physical therapists are very willing to share their wisdom and experience and lend literature. This has been invaluable and allowed me to be more competent and successful in multiple areas.

Contract companies may pay a stipend for temporary lodging and food; some will even help you find housing, although it may be more cost-effective to find it on your own. Some companies also offer optional, temporary insurance. Note that there are tax implications for being a contractor, so definitely check with an accountant before jumping in.

Personally, I have enjoyed most of my jobs, the professional relationships I've built, and the learning that comes from being a traveling physical therapist. There have been times when I was ready for a contract to end, and a few times when I have terminated a contract due to billing disagreements. Traveling physical therapy is definitely not the job for everyone. But the great thing about it is that you can stop when you find the location you want to live in or the clinic or setting you love.

Want to know more about a career as a traveling PT? Contact **Lindsay** for a more detailed article.



Class of 1994 celebrates 20-year reunion

by Kelley Kubota '94

The Class of 1994 made its presence felt at our 20-year reunion in August. Though our 28 classmates are scattered across the country, 14 (from California, Oregon, Idaho, Texas, Michigan, Ohio, Florida, and North Carolina) plus family members participated in the various festivities over the weekend. If you count the classmate we face-timed, we had 15!

Kicking off the festivities with a tour of DPT's new facilities at Erwin Square, we luckily bumped into Dr. Carol Figuers '81 in front of the building. Dr. Jan Gwyer welcomed us to the new digs (very impressive) and discussed the innovative changes to the DPT curriculum – mind-boggling, to say the least! A special treat was the arrival of Emy “V” Villanueva with Dr. Corrie Odom. We had a great visit with everyone and had a wonderful time reminiscing about our days at Duke. Big kudos to Dr. Rosie Canizares '07 for her support and for the awesome gift bags provided upon our arrival!

In the evening we met up with Dr. Dan Dore at good ol' Bullocks Barbecue for dinner – what a hoot!



Dan provided some dining suggestions (all in the name of research, of course!), and we later went to one of the new watering holes downtown. All of us were quite impressed with the new food scene in Durham. While lamenting that we didn't have such options while we were at Duke, some of us were also a little relieved we didn't have those distractions while we were students!

The next day, we met at Foster's for our last group activity and made a commitment to get together again in five years. We hope those who weren't able to join us this time will make it next time!

Congratulations to Kelley on her recent election as a Director of the California Physical Therapy Association!



Thank You! From this year's Alumni Scholar



I can't even begin to express my gratitude to the Duke PT Alumni Association, Duke DPT faculty and staff, and my classmates for granting me the opportunity to be **the 2014 Helen Kaiser Alumni Scholarship recipient**. My involvement in the APTA started early on, serving two terms on the Student Assembly Board of Directors. From the very start, Duke has supported me every step of the way. I know I speak for all of my peers when I say that we are so fortunate to have been part of a program that not only values professional involvement, but actively encourages it.

The funds from the Helen Kaiser Scholarship allowed me to attend this year's APTA House of Delegates and NEXT Conference in Charlotte, NC (formerly called Annual Conference or APTA Conference). I had the opportunity to network and learn from experts in our field, many of whom are fellow Dukies themselves! The Mary McMillan Lecture, Oxford Debate, and Maley Lectures are thought-provoking, inspiring, and definitely not to be missed.

However, the most memorable experience for me was the three days I spent prior to NEXT Conference at House of Delegates. HOD is the highest policymaking body of the association and is comprised of delegates from each chapter who meet annually to make decisions about the

future of physical therapy. They are the reason we transitioned from the master's to doctoral degree and have direct access!

The intimate feel of HOD presented unbounded opportunity for me as a new graduate. I developed a deeper understanding of the direction of our profession, met with thought leaders in physical therapy, connected with delegates from my home chapter in Oregon, was offered and accepted my first employment, and decided to become a delegate myself one day.

Well that day is today! Three months after the conference, I found out I had been slated as Delegate for our upcoming Oregon Physical Therapy Association elections. With a little luck, I'll be seeing all of you next year at House of Delegates in National Harbor, Maryland in June 2015!

My advice for students looking to get involved: don't be afraid to put yourself out there. Attend a conference, introduce yourself to your idol, ask how you can help out. Duke DPT and the Duke Alumni Association have set us up with all the tools necessary to succeed. Now it's up to you to make the most of your career!

Thank you Duke for all the opportunities you have given me. I wouldn't be here today without you!

Forever Duke,
Dr. Keaton Ray '14



Bringing hope to Rwandan kids through sports

Recent DPT grads visit African organization to share skills, strategies to keep young athletes healthy

by Class of 2014 Alumni, Drs. Ciara Burgi, Lucy DeLisa, and Allie Hunt

Not long after graduating from Duke, we had the extraordinary opportunity to share our recently acquired PT skills with youth athletes and their coaches in Rwanda. DPT Professor Robert Butler had introduced us to Brian Beckman, the co-director of Play for Hope, a faith-based organization that uses sports to transform vulnerable youth in that African nation by helping them identify their passions, cultivate their talents, and pursue their dreams.

Play for Hope runs several programs, including a residential soccer academy for boys from the streets of Kigali and a dozen youth soccer and basketball training centers, serving over 1,000 vulnerable youth in the Kigali area. Once we learned about Play for Hope's mission, we wanted to find a way to become involved in the organization. After working on smaller projects in the U.S., we were presented with the opportunity to travel to Rwanda and collaborate with the coaches and teams.

Not even 24 hours after graduating from Duke, the three of us departed for Rwanda. We first met with Brian and Serieux, the Rwandan director of Play for Hope, to establish goals for the trip. Their hope was for us to lead some educational sessions with the coaches and complete injury screenings with the athletes. We also met with the coaches to learn what types of injuries their athletes most commonly face and what they wanted to learn from us during our two weeks there.

Each afternoon we traveled to the practice fields and met with different teams. We performed the Functional Movement Screen to identify athletes at greatest risk for injury, then prescribed interventions for each to address deficits. For injured athletes, we performed evaluations and assigned exercises to help them recover.

Each morning we held educational sessions with the coaches, teaching them about injury prevention, rehabilitation progressions, and return-to-play exercises. Brian and Serieux also established an Injury Prevention Team from a select group of Play for Hope coaches. We met with this team multiple times to provide more in-depth injury prevention training so they can follow up with athletes who are at increased injury risk and ensure they are training appropriately.

As the first group of PTs to visit every Play for Hope team, we achieved many goals, and identified many more ways that we, or other PTs, could assist the athletes and coaches in the future. For us, this was an exciting way to use our DPT degrees for the first time. We hope that other Duke PT alumni will have the opportunity to work with Play for Hope and experience Rwandan culture in the same unique way that we were able to.

Student News

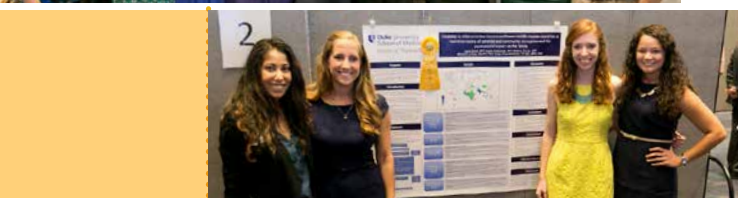
Awards cap off Capstone Day and White Coat Ceremony

On July 18, 2014, the DPT Class of 2015 celebrated their Capstone Day and White Coat Ceremony. This year, ribbons were awarded to three student groups for their excellent Capstone posters:



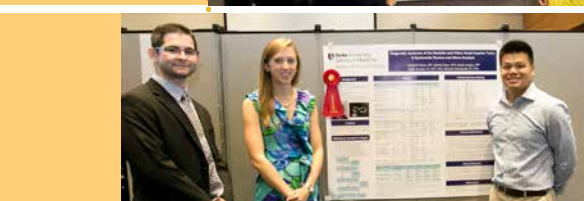
1ST PLACE: An examination of gender-based differences in sport-related concussions of pediatric athletes: A systematic review

Authors: Lauren Alpert, Sarah Lehman, Kerry McLaughlin, Stacie Morris, Morgan Mowery, Kelsey Nix, Anthony Phan
Capstone Mentors: Laura Case and Charles Sheets



2ND PLACE: Disability in children in low-income and lower-middle-income countries: A narrative review of parental and community perception and the psychosocial impact on the family

Authors: Laura Good, Laura Grabowski, Brittany Torres
Capstone Mentors: Michel Landry and Sadye Errickson



3RD PLACE: Diagnostic accuracy of the bedside and video head impulse tests: A systematic review and meta-analysis

Authors: Elizabeth Buice, Daniel Chen, David Lawton
Capstone Mentors: Richard Clendaniel and Adam Goode

This latter group won a ribbon for their poster at the 2014 NCPTA Fall Conference on October 10, 2014, and was one of four capstone groups presenting in Greensboro. Additionally, nine groups will be presenting their posters in February at CSM 2015 in Indianapolis, and three groups have platform presentations there. **Great work, teams!**

Community Health Engagement Day

The DPT Class of 2017 attended Duke Community & Family Medicine's annual Community Health Engagement Day on September 10, 2014. The event highlights community partnerships, research, and service projects. Several DPT students were chosen to present posters showcasing their research and service at the event.

- **Kim Cratsenberg '15** presented "Assessing student confidence in meeting healthcare education core competencies: An adaptive sports experience"
- **Sarah Lehman '15** presented "Effect of short-term, intensive rehabilitation in the chronic phase of stroke recovery on functional outcomes in rural Jamaica"
- **Melana Tysowsky '16** won a ribbon for her poster, "Endless Possibilities Dance: Dance for children with special needs and their families"



Authors: Kim Cratsenberg, Dylan Elliott '15, Heather Alcorn, Betsy Melcher, Charles Sheets, Ashley Thomas, Dr. Jody Feld

Authors: Brittany Boehnke '15, Daniel Chelette '15, Laura Good '15, Sarah Lehman '15, Charles Sheets, Brooke Riley, Dr. Jody Feld



Authors: Melana Tysowsky '15, Kristi Duke, Dr. Sadye Paez Errickson



Student News

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Welcome to the 74 members of the Class of 2017, and congratulations to elected class liaison **Garrett**

Bullock! After an orientation week full of DPT traditions like the photo scavenger hunt and low ropes course, the new student physical therapists were privileged to hear from our very own **Ron Peyton '66** and Bob Bartlett during their Professional Development Seminar at Camp Chestnut Ridge.



Buckets of Support for ALS

One ALS Ice Bucket Challenge snowballed into many, and soon Duke DPT community members and friends as far away as Norway were getting in on the act!

It started when Dr. Jody Feld nominated the Duke DPT Class of 2016 for the **#icebucketchallenge** to **#strikeoutALS**. The Class of 2016, in turn, challenged the Class of 2017, Dr. Ben Alman and Duke Orthopedics, the PT programs at UNC Chapel Hill, Elon University, and East Carolina University, the Universitetet i Bergen PT Program, Dr. Jason Allen, and Dr. Andrea Taylor!

Many ice buckets and generous contributions later, on September 12th **Steven Higbie** (President of Class 2016), **Dr. Jody Feld**, and **Dr. Jan Gwyer** presented Dr. Richard Bedlack, Director of the Duke ALS Clinic, with a check for \$1,000 dollars. Dr. Bedlack thanked the Class of 2016 and the DPT Division for their efforts in drawing awareness and providing financial support for the research and clinic efforts of the Duke ALS Clinic.



Watch the challenge here
<http://vimeo.com/108927312>



Student News: **The Sporting Life**



PT Olympics nets healthy competition, camaraderie

Fun-filled fundraiser could expand to include alumni, other schools

by Kerry McLaughlin '15

On May 3rd, teams of Duke DPT students and faculty gathered on Duke's West Turf Fields to compete in the Second Annual PT Olympics, organized by the Division of Physical Therapy. Sixteen teams of six and about 30 volunteers took part in a fun-filled day of team and individual competitions – all with a “PT twist.”

Teams went head-to-head in events like “armless soccer” and seated volleyball, while individual athletes strove for glory on the wheelchair obstacle course, the developmental

locomotion pattern race (a.k.a., bunny hopping, à la neuro peds class), and blind bocce. After the highly contested cupcake eating contest, the event culminated in the Grand Finale Relay, with teammates completing legs via crutches, wheel barrow-style, and other PT-inspired transportation methods.

Participants gave this year's event a gold medal. What's more, organizers tied the PT Olympics to philanthropy, designating Shoes4Kids as this year's charity beneficiary. (See page 3 for more on Shoes4Kids.)

Next year, for the Third Annual PT Olympics, we hope to encourage DPT alumni to join our faculty and students for this special event. We also plan to invite the DPT classes at UNC and Elon to participate. Ultimately, our goal is to make the PT Olympics a statewide event with the different North Carolina DPT programs competing to make a bigger philanthropic impact. We feel that this is a great way for DPT students and faculty throughout the state to come together to compete in PT-related events for a great cause!



We are the Champions!

Recent Sporting Achievements by Duke DPT students

The Duke Women's Water Polo Team took 6th place at the 2014 Women's National Collegiate Club Championship Tournament. **Kaitlyn Schuelter '16** was named second team at the tournament, and both she and **Susan Rhea '15** were named first team in the Mid-Atlantic division of the CWPA Women's Club All-Conference, with Susan taking home MVP honors for the Mid-Atlantic. Susan also earned third team All-American Goalie (2014) for CWPA Women's Club Water Polo.

The domination continues!

■ At the WunderGlo Foundation's Third Annual Go To Hell, Cancer! 3-on-3 Basketball Tournament, Team Redickulous – comprised of DPT Class of 2016 members **Steven Higbie, Ryan McCarty, Matthew O'Connell, and Josh Staggs** – took home the championship.



- The Untouchables from the Class of 2015 (**Charlie Miller, Kenny Palmer, Dylan Elliott, Matt Rossman, Josh Holskey, and Brad Basch**) successfully defended their intramural Wiffleball title.
- Class of 2016 teams were crowned intramural 3-v-3 Basketball Champions in both the male and coed divisions. Congrats to **Josh Staggs, Mitch Therriault, Steven Higbie, Stephanie Babiarz, Adrienne Fox, Matt O'Connell, Meg Hornsby, and Sarahbeth Ford** for representing!



Student Organizations

DPT Gay-Straight Alliance

Back in 2012, the Duke Doctor of Physical Therapy Gay-Straight Alliance (GSA) was launched with the vision of increasing experience, education, and proficiency in cultural competence among graduate and professional level students. This level of competency is directly addressed in APTA's vision statement.

The GSA serves as a foundational resource for students, faculty, alumni, and allies, both within and outside the DPT program. This student-run group has developed and delivered curriculum centered around LGBTQ competent care,

presented Ally Workshops, and recently launched an online forum to discuss the LGBTQ community's experience with healthcare.

For more information regarding the Duke DPT GSA, our mission, and how to get involved, please contact Christine Ulses '16 at **Christine** or visit the website dukegsa.wix.com/duke-health-gsa.

Other Duke DPT Special Interest Groups

- Neuro/Geriatrics
- Global Health
- Pediatrics
- Sports
- Acute Care
- Health and Humanities



Going Social



dukedpt
4 months ago
Breakin' it down #nailedit flovethe90s #backstreetboys #winitthatway
@advancedmedical kattadaddy 90skidculture and smoket1 like this.



dukedpt
3 months ago
Bidding farewell to Dr. Jason Allen at the faculty meeting today
@jwfarley1 streetmus. tessadenyse and 7 others like this.
smoket1 We will miss you Dr Al! #cpillaries

Duke Doctor of Physical Therapy shared Duke Blue Devils Athletics's photo.
August 10 · 🌐

Click on the photo below and like it to vote for our Cameron Craziest in this week's contest by Duke Blue Devils Athletics #GoDuke #Classof2016 #DukeDPT



682 people reached

Boost Post

Like Comment Share 7

Anna Evans, Ryan McCarty, Bridge II Sports and 4 others like this.

Duke Doctor of Physical Therapy shared a link.

Dr. Jessica Fulton '14 and Dr. Rosie Canizares '07 are excited to be in Basel, Switzerland, to present their recent publication with Dr. Clara Burgi '14, Charlie Sheets, and Rob Butler, at the 24th International Association for Dance Medicine & Science Annual Meeting #IADMS2014 #dptalumni #f



Injuries Presenting to a Walk-in Clinic at a Summer Dance Intensi...

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Affiliations: 1: Student in the Physical Therapy Division, Duke University School of Medicine, Durham, North Carolina, Athletico, Chicago, Illinois 2: Student in the Physical Therapy Division, Duke University School of Medicine, Durham, North...

Like Comment Share

Julie Granger Jesse, Heather Stevens Harrison, Colleen Kennedy Greene and 39 others like this.

Meagan Voorhees The opportunities to combine my passions for physical therapy and dance are the reason I'm so excited to apply to this program! This is awesome.
Like Reply · October 17 at 11:30am

Duke Doctor of Physical Therapy
August 29 · 🌐

Earlier today, Duke DPT students and faculty had the opportunity to hear from the newly-appointed Secretary of Veterans Affairs Bob McDonald #dukeparent #vamc



VA Secretary McDonald to Duke Med: "I want you to come work for the VA"

Veterans Affairs Secretary Robert McDonald spoke at the Duke Medical School Friday morning as part of...

DUKECHRONICLE.COM

436 people reached

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Mariann Holland, Chelsea Myers, Kaitlyn Schlueter and 5 others like this.

Working@Duke
@Working@Duke

Go team! MT @rjbutter_dptphd: @Duke_DPT @Duke_Medicine Great work by the Finch Yeager Sports Medicine group to help improve knee sx outcomes

Reply Retweeted FAVORITES 3 4

2:40 PM · 26 Sep 2014

Reply to @Working@Duke @rjbutter_dptphd @Duke_Medicine

Duke Doctor of Physical Therapy
September 26 · Edited [?] · 🌐

Congratulations to Duke Department of Physical Therapy and Occupational Therapy and faculty members Mike Reiman, PT, DPT, OCS, SCS, ATC, FAAOMPT and Jessie Mathers, PT, OCS, FAAOMPT, Co-Directors of the Orthopaedic Manual Therapy Fellowship, on the re-accreditation of the fellowship through 2024! Duke DPT alumni Dr. Beverly Hudson West '07, Dr. Matt Garet '04, and Dr. Mike Schmidt '12 are all graduates of this fellowship, and the current fellow is Dr. Mandy Allen '11. #dukedptalumni #FacultyFriday



Like Comment Share 50 9

Emily Smoak, Amy Arundale, Don Reagan and 47 others like this. Top Comments ·

Jessie Johnson Mathers Thanks guys! We are very proud of our graduates and our program

Unlike Reply · 5 · September 26 at 5:15pm

Melissa Kuczynski Eagleton Nice work! You continue to impress!

Like Reply · September 26 at 11:01am

Kathryn Gibbons McGrath Congratulations!

Like Reply · September 27 at 1:33pm

Dawn Kennedy Great work getting re-credentialed!

Like Reply · September 26 at 11:25pm

Dawn Kennedy I think there was one my alums??????

Like Reply · September 26 at 11:24pm

Kelli L. Johnson Awesome Jess!

Like Reply · September 26 at 10:15pm

Mark Greene Congratulations Jessi!

Like Reply · September 26 at 4:22pm

Lisa Wimer Porter Congratulations Jessie and to all!

Like Reply · September 26 at 4:14pm

Colleen Kennedy Greene Yay!

Like Reply · September 26 at 3:52pm

ChadCookPT @chadcookpt · Jul 12

Just finished my 2nd week back at Duke University. It's good to be back. Duke DPT is a juggernaut

4 11

Duke Doctor of Physical Therapy

Class of 2017 Orientation Week (175 photos)
Greet, Meet and Go!, DPT scavenger hunt and low ropes course.



2,856 people reached

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Duke Doctor of Physical Therapy

Congratulations to Dr. Annalisa Na '09 who was asked by the Delaware Physical Therapy Association to be their Federal Affairs Liaison! — with Annalisa Na



350 people reached

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Duke Doctor of Physical Therapy

August 6 · Edited [?] · 🌐

A new academic year is beginning not just for our current Duke DPT students, but also for several of our alumni who are beginning residency and fellowship programs, including 12 members of the Class of 2014. If you're one of our alums and don't see your residency/fellowship program listed on our updated website, please let us know by e-mailing dptalumni@dm.duke.edu. <http://dpt.duhs.duke.edu/Student-Life/After-Graduation/>

Like Comment Share 8

Brittney Jackson, Karen Mandrachia, Caroline Marie and 5 others like this.

Here are some of our favorite recent posts from the Duke DPT Facebook and Twitter accounts. Keep on sharing!



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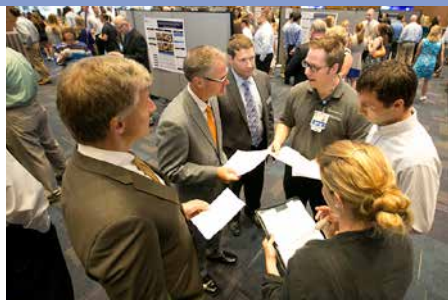
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Engage. Connect. Celebrate.



*As an alumnus,
you are a valuable
member of our
community and
we would like
to hear from you.*

Connect with other Duke Alumni

Duke Alumni Association: Connect with classmates across Duke, learn about upcoming events and career networking opportunities.

Duke Alumni Directory: Update your profiles to reflect your current contact and professional information.

Duke Connect: An online networking tool that includes 5,000 alums offering information and advice about particular geographic areas, jobs and careers, stages of life, and graduate education.

Grow your Professional Network

Join our **LinkedIn Group** to share jobs, discuss trending topics, and connect with alumni and current DPT students to expand your professional network.



Join Our **LinkedIn Group**

How Can We Better Serve You?

We'd like to know a bit more about you so we can provide relevant resources and opportunities. Please **take our brief (10 minute) survey** to share how we can better serve you.

Please share your personal and professional accomplishments so that we may celebrate with you. Email us with your latest news and accomplishments.

Get the latest DPT News

Receive daily news updates from the DPT community through Twitter and Facebook, and get snapshots of exciting events on Instagram.



Like Us on **Facebook** Follow Us on **Twitter @Duke_DPT** **Instagram**

Upcoming DPT Continuing Education Courses

Title of Course	Dates	Provider	Registration Information
Vestibular Rehab: Dizziness and Imbalance	January 10th–11th, 2015	DPT ConEd	Register
MT-1: Essential Peripheral Seminar	January 23rd–25th, 2015	MAPS	Register
The Complicated Shoulder	March 14th, 2015	DPT ConEd	Register
Structural Assessment: Coming Soon	March 21st–22nd, 2015	DPT ConEd	Register
Functional Dry Needling	March 27th–29th, 2015	Kineticore	Register
Pelvic Floor Level 1	April 24th–26th, 2015	Herman & Wallace	Register
MT-3: Intermediate Spinal Seminar	May 29th–31st, 2015	MAPS	Register

For further information, please sign up for one of our listserves **here**.

<https://www.gifts.duke.edu/dpt>