



# Duke in touch

Connecting Duke Physical Therapy alumni, students, faculty, clinicians, and friends | Summer 2019

## Duke Physical Therapy:

# The Path Forward

*Come gather 'round people, wherever you roam  
And admit that the waters around you have grown  
And accept it that soon you'll be drenched to the bone  
If your time to you is worth savin'  
Then you better start swimmin' or you'll sink like a stone  
For the times they are a-changin'.*

BOB DYLAN, 1964

from **Chad Cook PT, PhD, FAPTA**, Program Director and Interim Chief



**B**ob Dylan had a way of capturing the zeitgeist of a time – and for the Duke Doctor of Physical Therapy Program, that time is now. Big changes are coming to our program over the next year: We will roll out our new curriculum, welcome a new sister program, move into a new state-of-the-art building, and identify and hire a new chief to lead us into the ensuing decade.

### A New Curriculum

As I shared in a previous newsletter, our new DPT curriculum will educate the modern learner of the 21st century and is nimble enough to reflect the ever-changing scope of practice in physical therapy. Our novel curriculum, which launches this fall, allows students to pursue formal specialization experiences, work with patients throughout their full three years, and gain exposure to professional issues that are germane

to all caregivers. This new course of study embraces interprofessional education and addresses the continued evolution toward biopsychosocial management and shared decision-making of patients.

### A New Partnership

In early 2019, with the support and encouragement of the DPT division, the Department of Orthopaedics hired its first Occupational Therapy Doctorate Program chief and is planning the rollout of a Duke OTD program in 2021. DPT expects strong synergies with OTD, with shared learning, research, and service opportunities.

### A New Space

In August, the DPT program will relocate into a modern building, on campus, with two floors dedicated to DPT student education. With a 306%

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Congratulations to **Dr. Chad Cook**,



DPT program director, who has been selected as a Catherine Worthingham Fellow, the American Physical Therapy Association's

highest distinction. Dr. Cook joins an impressive and exclusive list of physical therapists recognized to receive this honor. He was recognized in June at APTA's awards ceremony at NEXT in Chicago. Dr. Cook was also the plenary lecturer and a keynote speaker at the Journee's Francophones De Kinesitherapie Conference (JFK) sponsored by the French Society of Physiotherapy – his fifth trip to France to collaborate with university and private organizations to promote physical therapy in that country. In May, he served on APTA and ACAPT's Criteria for Excellence Task Force, which aims to evaluate the definition of success for academic physical therapy programs. And, read his recent editorial in the **Journal of Manual & Manipulative Therapy**.

In October 2018, **Dr. Richard Clendaniel**, along with Dr. Courtney Hall from East Tennessee State University and Dr. Neil Shepard from the Mayo Clinic,



conducted a five-day competency-based course in the assessment and treatment of vestibular disorders in Hyderabad, India. In February 2019, Dr. Clendaniel was an invited speaker on the role of vestibular rehabilitation at the American Balance Society annual meeting in Scottsdale, Arizona.

Congratulations to **Dr. Kyle Covington '04** on his **election as Vice Speaker of the House of Delegates for the APTA**.



**Dr. Jody Feld** was coauthor on an article that appeared in March on relationships between gait variability and ambulatory activity post stroke in **Topics in Stroke Rehabilitation**.



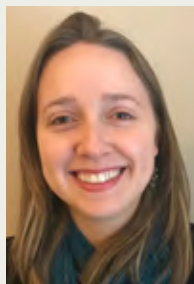
An article coauthored by **Dr. Steven George** appeared in the April issue of **Annals of Internal Medicine**, on risk and risk factors for chronic opioid



use among opioid-naive patients with newly diagnosed musculoskeletal pain in the neck, shoulder, knee, or low back.

## Staff Shout-Outs

No moss is growing on post-doc **Alessandra Narciso**



**Garcia, PhD!** Her systematic review on the reliability of the mechanical diagnosis and therapy system in patients with spinal pain was published in the **Journal of Orthopaedic & Sports Physical Therapy**. Already this year, more of Dr. Garcia's coauthored articles have appeared in the *Journal of Manual & Manipulative Therapy*, *Brazilian Journal of Physical Therapy*, and again in *JOSPT*. Not too shabby!

Congratulations to **Dr. Adam**



**Goode '05**, who was selected by APTA for the 2019 Eugene Michels New Investigator Award! This prestigious early career research

award recognizes physical therapists who have engaged in independent or collaborative research efforts.

For the second year in a row, **Dr.**



**Jeff Hoder** was presented with the Jan K. Richardson Excellence in Teaching Award by the graduating class! Will he

get the hat-trick next year??

A manuscript by **Dr. Katie**



**Myers** and her colleagues from Colorado has been accepted for publication in the *Internet*

*Journal of Allied Health Sciences & Practice*. The paper is titled “Clinical instructor perceptions of the collaborative clinical education model: Providing solutions for success in physical therapy education.”

It’s been a busy few months for **Dr.**



**Amy Pastva**. In January, she met the certification requirements of the Society for Simulation in Healthcare and is now a Certified

Healthcare Simulation Educator. In April, she was a presenter on the COMPASS (COMprehensive Post-Acute Services) care plan for heart failure at the American Heart Association’s Quality of Care and Outcomes Research Conference in Arlington, Virginia, and in May she headed to Providence, Rhode Island as an invited speaker at the Center on Health Services Training and Research. You can hear her weigh in on bioenergetics, frailty, and function on this [TopMedTalk podcast episode](#), recorded live at the TRIPOM/Morpheus Consortium in January.

Duke DPT Educational Technology Specialist **Kun Li,**



**PhD**, recently had an article published in **Computers & Education**, the Google Scholar-ranked #1 journal in the category of Educational Technology. The study, “MOOC learners’ demographics, self-regulated learning strategy, perceived learning, and satisfaction: A structural equation modeling approach,” suggested a positive relationship between SRL

strategy usage and both perceived and satisfaction.

Farewell, Mya! We wish Assistant



Director of Admissions **Mya Shackleford** the best in her new role as APTA’s program manager for PTA-CAS and Student Pipeline Initiatives. We

miss you already, Mya!



In April, **Dr. Mike Reiman**



returned to his roots, presenting “Post-arthroscopic and non-surgical management of the hip” at

the Nebraska Physical Therapy Association’s spring conference. In an academic family affair, in late 2018, Dr. Reiman and his daughter, Carly Reiman, along with international coauthors, had their systematic review on the accuracy of clinical and imaging tests for the diagnosis of hip dysplasia and instability published in the **Journal of Orthopaedic & Sports Physical Therapy**. Reiman family for the win!

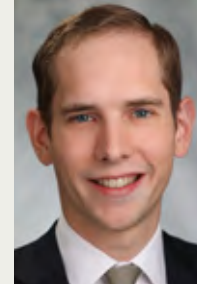
**Dr. Corey Simon** presented “Pain with movement among older adults and implications for physical decline” at the Duke Orthopedics Departmental Research Day on April 30. Earlier that month, he presented a poster, coauthored by



**Dr. Maggie Horn**, at

the American Pain Society Scientific Meeting that provided comparisons by age group for opioid prescription in the Emergency Department for patients with axial pain.

In May, Faculty Development



Resident **Dr. Zachary Rethorn** presented “Health coaching: Can physical therapists help patients change?” at the

World Confederation for Physical Therapy Congress in Geneva, Switzerland.

Faculty Development Resident **Dr.**



**Kayla Holz Black '14** was selected as a co-winner of the **Duke Graduate and Professional Student Council (GPSC) Inclusivity**

**Award**, designed to recognize Duke faculty who have been extraordinary in fostering an inclusive environment within their department or program.



# Hear ye!

## Listen to the new Duke DPT Podcast

We are excited to announce the launch of the Duke DPT Podcast, with host **Dr. Derek Clewley**. Through interviews, conversations, and stories highlighting the work of experts in the field of physical therapy at Duke and beyond, we'll bridge academia, research, and clinical care.



## TEAM PLAYERS

**Dr. Steven George, Dr. Adam Goode '05, and Dr. Chad Cook,** along with several other colleagues, recently published



their study on the association of early physical therapy with long-term opioid use among opioid-naïve patients with musculoskeletal pain, in **JAMA Network Open**. The team reports that when patients with low back, shoulder, knee, or neck pain sought physical therapy early, their subsequent opioid use for the following year was reduced by approximately ten percent.

**Dr. Amy Pastva and Dr. Timothy Sell** also teamed up with Duke colleagues to investigate the impact of quantitative



muscle ultrasound and electrical impedance myography techniques on muscle health in older individuals. Their findings appear in a special issue of the

journal **Geriatrics** devoted to geriatric assessment.

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## DPT Faculty Continue to Pull in Major Research Grants

Research is a cornerstone of all great DPT programs. **Duke DPT's 2018 Annual Research Report** offers a glimpse into the global reach of our faculty's research, including studies funded by major grants to our stellar faculty, such as:

Duke DPT Investigator(s)	Grantor	Study
<b>Dr. Jody Feld (co-PI)</b> <b>Dr. Adam Goode '05 (Co-I)</b>	North Carolina Translational and Clinical Sciences Institute (NC TraCS), funded by NIH National Center for Advancing Translational Science	<i>Development of a hospital discharge risk assessment for future falls and inactivity in subacute stroke.</i> This prospective, multicenter study examines the use of community-relevant mobility tasks at discharge to predict fall risk and daily walking activity in the first three months post hospital discharge. Team members: Dr. Prudence Plummer (PI, UNC-CH), Dr. Angela Lipscomb-Hudson (Co-I, UNC-CH)
<b>Dr. Steven George (site PI)</b> <b>Dr. Corey Simon (Co-I)</b>	NIH National Institute on Aging	<i>Manual therapy and strengthening for the hip (MASH) in older adults with chronic low back pain.</i> This multisite, randomized clinical trial investigates whether a hip-focused intervention warrants further investigation as a treatment approach to improve LBP-related disability and physical function among older adults with chronic LBP who are classified as members of the at-risk hip-spine subgroup. PI: Gregory Hicks (Univ. of Delaware)
<b>Dr. Tiffany Hilton</b> <b>Dr. Marcus Roll '11</b>	ReNeuron Group	<i>The efficacy and safety of intracerebral stem cells (CTX0E03 DP) in patients with disability following an ischemic stroke.</i> Drs. Hilton and Roll are overseeing the PT assessments for a multisite, randomized, controlled study to determine whether stem cells injected into a damaged area of the brain can improve function in people with ongoing disability following an ischemic stroke. Administered by Duke Clinical Research Institute. PI: Daniel Todd Laskowitz, MD
<b>Dr. Amy Pastva</b>	NIH National Institute on Aging	<i>REHAB-HF: A trial of rehabilitation therapy in older acute heart failure patients.</i> A multicenter trial of 360 patients at Duke, Wake Forest, and Thomas Jefferson Universities to test whether a specialized 12-week outpatient exercise program designed to improve strength, balance, mobility, and endurance will improve overall physical function and reduce rehospitalizations. If so, this could shift clinical management paradigms, improve function, reduce costs, and change health care policy for the 1 million older patients per year with hospitalized acute decompensated heart failure, the leading cause of hospitalization in older persons.
<b>Dr. Kyle Covington (Co-I)</b>	Duke Academy for Health Professions Education and Academic Development, Innovation Grant	<i>Routine text-messaging Assessment of Trainee Wellness with a Wellness Fuel Tank.</i> Duke Academy for Health Professions Education and Academic Development, Innovation Grant. Role: Co-Principal Investigator. Title: Impact of Medical Education Academies: A Social Network Analysis

We encourage you to read though this report and take pride, as we do, in how the research taking place at Duke DPT is helping to shape the future of physical therapy.

## Message from

### Laura Henderson Boose '15, Alumni Association President



As the new president of the Duke Physical Therapy Alumni Association, I want to thank **Tim Faw '09** for his many years of hard work as our previous president. I hope I can live up to the high standards previously set and can't wait to work with our newly elected board members.

Congratulations, Duke DPT Class of 2019! I am excited to welcome the newest class to our Alumni Association. We look forward to all the great developments that will be brought to the field of physical therapy by the newest generation of PTs! A special shout-out to **Katie Scaff '19**, the newest recipient of the Duke Physical Therapy Alumni Association's Helen Kaiser Scholarship Award.

After a quiet spring for the Alumni Association, we are eager to start planning new events and increasing alumni involvement in the months ahead. We look forward to the opening of the new building on the Duke Medical Center Campus and can't wait to see all the opportunities Duke DPT's new home will provide for upcoming generations of Duke physical therapy students. We also are excited about the upcoming changes to the curriculum that will allow DPT students more opportunities for specialization. This will provide a continued platform for Duke DPT to excel at groundbreaking education in the physical therapy field.

Thanks again for everything you guys do to make Duke DPT one of the best programs in the country. I am thrilled to serve as your Alumni Association president and continue the tradition of excellence. GO DUKE!!

Forever Duke,

A handwritten signature in black ink that reads "Laura Boose PT, DPT". The signature is written in a cursive, flowing style.

Laura Boose, PT, DPT, Duke DPT Class of 2015  
Duke Physical Therapy Alumni Association President

## The Path Forward

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increase in square footage, we will be able to provide the learning environment our students deserve, and have a space as innovative as our new curriculum.

### New Leadership

In June the DPT division launched a search for a new division chief, to identify the next great leader to take us even further down the path we've begun to forge. The new division chief will be expected to balance the longstanding success of our stellar educational program with the burgeoning growth of our research enterprise that is shaping the future of the physical therapy profession and practice.

All vibrant, successful institutions change, adapt, and respond to the world around them. Duke DPT is no different. These changes will further strengthen our already extraordinary program. In Dylan's words, we're swimmin' – For the times, they are a-changin'.

A handwritten signature in black ink that reads "Chad E. Cook". The signature is written in a cursive, flowing style.

**Chad E. Cook PT, PhD, MBA,  
FAPTA**

*Professor, Program Director, and  
Interim Chief  
Doctor of Physical Therapy  
Program*



# Thank you *to this year's*

## ALUMNI DONORS!

Gifts received July 1, 2018 – June 30, 2019

Timothy Ainslie '86	Sandra Reimers Herzog '67
Susan Kent Avjian '84	David Kirkwood '68
Amy Lee Baggett '97	Michael Majsak '81
Robert Bahr '75	Kevin George Mark '81
Lisa Marie Banco '89	Lei Fujitsubo Mark '81
Jocelyn W. Blaskey '77	Suzanne Martin '70
Mildred Petty Brickler '81	Rebecca Bloyer Masters '78
David Brown '83	Elizabeth Mostrom '78
Margaret M. Bruce '75	Marie Koval Nardone '79
Elizabeth Calabria '10	William O'Brien III '69
Rosie Canizares '07	Martha Dowling Redick '61
Marcella Chancey '61	Elizabeth D. Richardson '11
Allison Marek Conta '00, '01	Jennifer M. Riven '03
Sharon Geer Coplai '84	Laurie Beth Samet '82
Joseph Robert Crowder '88	Antonia Tartaglia Schantz '60
Tawnie Kei Crowe '11	Lorraine Shelton-Gaines '78
Jeanne Cushman '84	Melissa Joy Simon '89
Leslie John Daigle '68	Susan Mote Smith '84
Michael Paul Deminski '83	Deborah Aronoff Strull '87
Myra Marische Dey '67	Barbara Day Taylor '59
Barbara Miss Diederichs '81	Anne Weekley Thompson '79
Jennifer Carr Doyle '78	Carol Patton Tift '73
Doris J. Duclos '54	Herman Lee Triezenberg '75
Elizabeth Eife-Johnson '75	Elia Villaneuva '59
Martha L Ellsworth '70	Donald Walter '77
Luray Lindgren Eshelman '69	Cynthia J. Watson '88
Linda Weil Foster '87	Allen Wicken '74
Gabrielle Gordon '08	Sue Wolfson-Whitney '59
Mary Hasiak '63	Katherine Shizue Yano '90

Annual support helps ensure continued excellence in teaching, evidence-based clinical practice, and innovative research, and helps Duke prepare the next generation of leaders in physical therapy.

[Click here](#) to make your gift today.





# Author! Author!

Check out these recent journal publications by DPT alumni.

**Ciara Burgi '14, Scott Peters '17, Jon Sylvain, Jack Magill, Dr. Mike Reiman.** *British Journal of Sports Medicine*. **Which criteria are used to clear patients to return to sport after primary ACL reconstruction? A scoping review**

**Mike Sola '18, Micah Allison '18, Meg Cusick '18, Madi Franek '18, Michael Murray, and Dr. Derek Clewley.** Class of 2018 Capstone in the *Academy of Aquatic Physical Therapy Journal* (February 2019). Biomechanical and physiological effects of shallow water gait in healthy adults: A systematic review

**Erin Midkiff Ball '03.** *Journal of Manual & Manipulative Therapy*. **The relative risk to the femoral nerve as a function of patient positioning: Potential implications for trigger point dry needling of the iliacus muscle**

**Garrett Bullock '17.** *Journal of Orthopaedic & Sports Physical Therapy*. **A systematic review of proposed rehabilitation guidelines following anatomic and reverse shoulder arthroplasty**

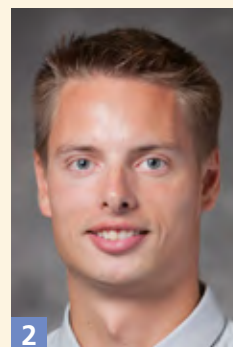
**Matt Ithurnburn '12.** *Journal of Orthopaedic & Sports Physical Therapy*. **Knee function, strength, and resumption of preinjury sports participation in young athletes following anterior cruciate ligament reconstruction**

**Annalisa Na '09.** *Human Movement Science*. **Self-reported walking difficulty and knee osteoarthritis influences limb dynamics and muscle co-contraction during gait**

**Paul Salamh '07** was an author on two of the four papers linked to the **BMJ Rapid Recommendations for subacromial decompression surgery for adults with shoulder pain**. Check out his papers in the **British Journal of Sports Medicine** and the **Cochrane Database of Systematic Reviews**.



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- 1 Ciara Burgi '14;
- 2 Scott Peters '17;
- 3 Mike Sola '18;
- 4 Micah Allison '18;
- 5 Meg Cusick '18;
- 6 Madi Franek '18;
- 7 Erin Midkiff Ball '03;
- 8 Garrett Bullock '17;
- 9 Matt Ithurnburn '12;
- 10 Annalisa Na '09;
- 11 Paul Salamh '07

# More **cool stuff...**



■ In February, **Carol-Ann Nelson '13**, founder of Destination Rehab, a nonprofit organization that takes physical therapy principles out of the clinic walls and into the outdoors, spoke at the Harvard Business School's Dynamic Women in Business Conference on a panel titled Diversity in the Great Outdoors.



■ Seventeen members of the **Duke PT Class of 1998** returned to campus the first weekend of February to celebrate their 20-year reunion. The weekend's events included a Chapel Tower Climb, a tour of the current Duke DPT facilities, the men's basketball game vs. St. John's, and dinner in downtown Durham.

■ Fellow Duke DPT alumni **Kim Sondles Scott '07** and **Cody Mansfield '14**, now both PhD students at the Ohio State University College of Medicine, presented posters at the OSU College of Medicine Trainee Research Day in April.



■ **Amanda Beaty '18**, **Justin Losciale '17**, and Faculty Development Resident **Kayla Holz Black '14** spoke at the Second Annual North Carolina PT/PTA Student Conclave in March.

■ After his team's capstone project, "**Clinical outcome measures for lateropulsion poststroke: An updated systematic review**," was published in the *Journal of Neurologic Physical Therapy* in July 2017, **Ryan Koter '17** received an invitation to present an overview of clinical measures for lateropulsion at a symposium in Bad Aibling, Germany.



In May 2019, he presented "Human perception of verticality: Lateropulsion & retropulsion in neurological disorders."



**Ramiro Garrido '15** is on a six-month deployment providing PT to Special Operations Forces throughout East Africa. Thank you for your service, Ramiro!



## Highlights from

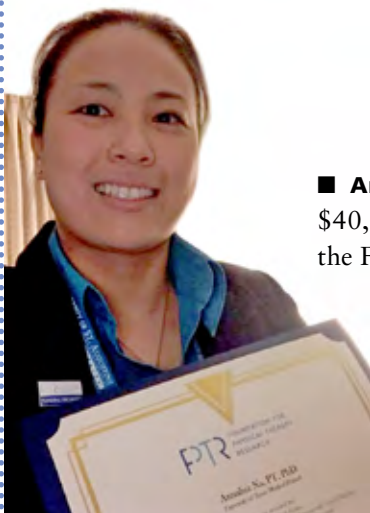
In January, Duke Physical Therapy faculty, alumni, and students attended the 2019 APTA Combined Sections Meeting (CSM) in Washington, DC.

# CSM 2019

## Noteworthy...

■ **Jamie Hall Holloway '05** was presented with the APTA Academy of Pediatric Physical Therapy Dissertation Award at the APPT business meeting.

■ **Annalisa Na '09** received a \$40,000 Geriatric Research Grant from the Foundation for Physical Therapy.



■ **Amy Arundale '11** (our newest Emerging Leader Alumni Award winner), received the International Journal of Sports Physical Therapy Achievement of Distinction Best Original Research Manuscript Award for “Two-year ACL reinjury rate of 2.5%: Outcome report of the men in a secondary ACL injury prevention program.”

### BY THE numbers:

**124**

**total presentations** presented or coauthored by Duke PT faculty, students, alumni, clinicians, and graduates of Duke PT residency and fellowship programs

**18**

**faculty** presented or coauthored presentations

**17**

**student presentations,** including 11 Class of 2019 student capstone research posters



■ Third-year student **Katie Scaff '19** was selected for Academy of Orthopaedic Physical Therapy Mentorship Program. Her mentor is Duke DPT alum **Cody Mansfield '14**. **Chrissy Becks Mansfield '14** is the incoming coordinator of the AOPT Mentorship Program, and **Rosie Canizares '07** and **Bobby Jean Sanders Lee '14** are also serving as mentors for the program.

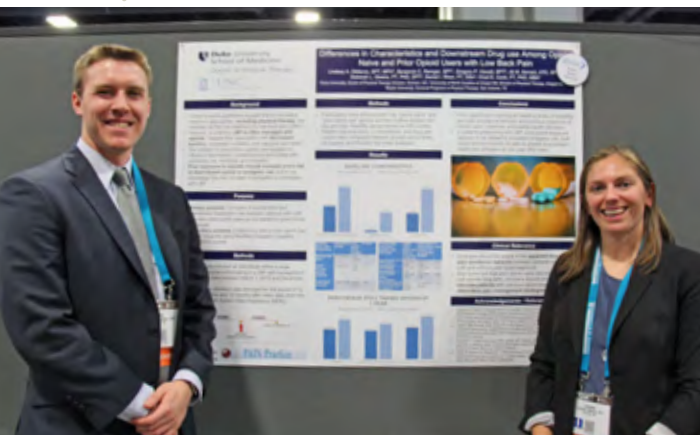
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# CSM 2019

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■ **Rosie Canizares '07** was re-elected as Vice-President/Education Committee Chair of the Academy of Orthopaedic Physical Therapy's Performing Arts Special Interest Group. She was also presented with a Certificate of Excellence by the Duke DPT Division for continuing excellence in alumni relations.



■ The poster, "Differences in characteristics and downstream drug use among opioid native/naïve and prior opioid users with low back pain," presented by third-year DPT students **Lindsay DiMarco '19** and **Ben Ramger '19** (faculty mentor **Dr. Chad Cook**), was nominated for an Academy of Orthopaedic Physical Therapy award.

At the Duke Physical Therapy Alumni and Friends Reception, **Laura Henderson Boose '15** was elected president of the Duke Physical Therapy Alumni Association.



The Alumni Association presented the Distinguished Alumni Award to **Kelley Kubota '94** and the Emerging Leader Alumni Award to **Amy Arundale '11**.

*Congratulations to everyone, and thank you for celebrating with us!*

See you in February 2020 in Denver, Colorado!

## Kelly Kubota '94

Senior Clinician, PT Supervisor,  
Research PT, Rancho Los Amigos  
National Rehabilitation Center

Chapter Board Director - California  
Physical Therapy Association



### Distinguished Alumni Award

- 2018-2021:** CPTA Rose Parade Float Task Force Chairperson
- 2018-2020:** CPTA Membership and Communications Committee
- 2015-2020:** CPTA Chapter Board Director
- 2015:** Joseph F. Dowling Memorial Distinguished Service Award, Professional Staff Association, Rancho Los Amigos National Rehabilitation Center
- 2014-current:** CPTA Education Committee
- 2011:** CPTA Annual Conference Task Force
- 2010:** Certified Brain Injury Specialist, Academy of Certified Brain Injury Specialists, Brain Injury Association of America
- 2009, 2011-2018:** California Chapter Delegate to APTA House of Delegates
- 2006-2012:** Long Beach-South Bay District Chief Assembly Representative to CPTA
- 2005-present:** G. Maureen Rodgers Lecture Planning Committee Chairperson 2005-2006; Specialization Academy of Content Experts, Neurology, APTA
- 2003- current:** Jacquelin Perry Gait Rounds Coordinator
- 2002:** Neuro-Developmental Treatment/Bobath Certification, Neuro-Developmental Treatment Association, Inc.
- 2000, 2010:** Neurologic Certified Specialist, American Board of Physical Therapy Specialties, American Physical Therapy Association

## Amy Arundale '11



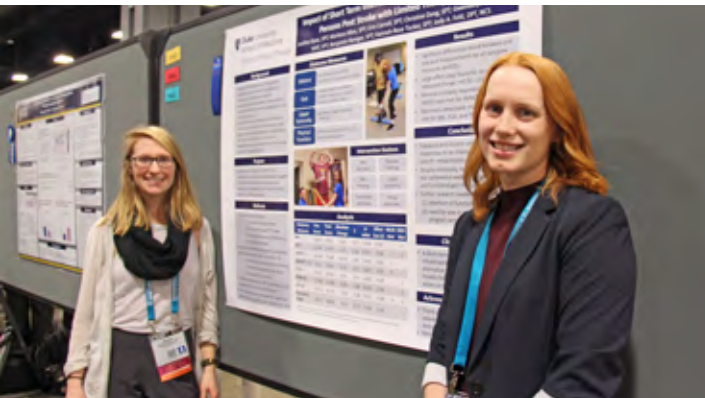
### Emerging Leader Alumni Award

- Physical Therapist at Brooklyn Nets
- Board-Certified Specialist in Sports PT
- 2017:** APTA Emerging Leader Award
- 2017:** APTA Sports Physical Therapy Section New Horizons Award
- 2015:** Foundation for Physical Therapy Promotion of Doctoral Studies (PODS) I Scholarship
- 2015:** APTA Sports Physical Therapy Section Legacy Grant 2012-2014: APTA Sports Physical Therapy Section Membership Committee Chair
- 2011-2012** APTA Student Assembly New Professional Project Committee Chair
- 2011:** Duke DPT Outstanding Student Award
- 2010-2011:** APTA Student Assembly Director



■ Two Duke DPT student posters received ribbons from the APTA Section on Health Policy and Administration's Global Health Special Interest Group in recognition of the authors' work in the area of social responsibility:

- "Impact of short-term intensive rehabilitation on outcomes in persons post stroke with limited therapy access," by **Joeline Kane, Marlena Allen, Erin Carroll, Christine Dang, Gwen Moffett, Ben Ramger, Hannah-Rose Tucker,** and faculty mentor **Dr. Jody Feld,** and



Joeline Kane and Marlena Allen

- "Barriers to the use of mobility assistive technology devices (MATDs) in low- and middle-income countries (LMICs): A systematic review," by **Will Jackson, Kayla Chee, Christina Cesarz, Jeff Cremonte,** and faculty mentors **Dr. Kai Kennedy** and **Dr. Mike Landry.**



Kayla Chee and Jeff Cremonte



Justin Zych '15, Mollie Hope '15, Dr. Kayla Holz Black '14, Jess Godfrey '15, Dr. Rosie Canizares '07

■ **33 alumni were recognized as board certified clinical specialists (Duke PT clinicians also included in this list):**

**Orthopaedics**

Antoinette Humphrey Avery '06  
Val Boyle  
Rosie Canizares '07  
Zach Christopherson  
Misty Woods Corcoran '10  
Neal Darmody '15  
Jen Davis  
Corey Drvol '14  
Kara Gorey '12  
Haley Harrell '15  
Heather Wicklund Hessler '06  
Michael Jeanfavre '16  
Bobby Jean Sanders Lee '14  
Angela Bowers Mabalot '13  
Katie May '10  
Ryan McCarty '16  
Liz Buice McGehee '15  
Karen Mandrachia Piacente '14  
Julie Reo  
Preston Roundy  
Daniel Sawyers  
Jessica Fulton Waters '14  
Leigh Welsh '12  
Thomas Willauer  
James Zhang  
Justin Zych '15

**Sports**

Drew Grant '16  
Steve Higbie '16  
TJ Moore  
Kaitlyn Schlueter '16  
Mitch Thierriault '16

**Women's Health**

Ijeoma Anyanwu-Nwankpa  
Laura Grabowski '15  
Kaylene Kroemer Hernandez '14  
Justine Wiltsie

**Neurologic**

Jess Godfrey '15  
Mollie Hope '15  
Amanda Jones Hyslop '10  
Ricki Sullivan

**Cardiovascular and Pulmonary**

Kayla Holz Black '14  
Eder Garavito

**Geriatrics**

Lindsay Ballengee '11  
David Jones  
Jennifer Park '12

**Pediatrics**

Jenn Hilmer Basch '15  
Cara Heaton Drvol '14  
Sarah Casten Lehman '15  
Heidi Pongracz



■ Kudos to **Lauren Cordova '21**, who is the 11th Duke DPT student to receive a VA Health Professions Scholarship!



■ Congrats to **Yusra Iftikhar '20**, who has been selected by the Duke School of Medicine Office of Diversity & Inclusion as one of the recipients of the 2019 Michelle P. Winn Inclusive Excellence Award! This award recognizes individuals who have made significant contributions to diversity and inclusion within the School of Medicine community.

■ Shout out to the students whose capstone has been published in the **British Journal of Sports Medicine** (7.8 impact factor!): **Hannah-Rose Tucker, Katie Scaff, Tess McCloud, Kimberly Carlomagno, Kathleen Daly, and Ale Garcia**, along with their faculty mentor, **Dr. Chad Cook**! Hannah-Rose and Ale also presented this study at the Duke Orthopedics Departmental Research Day in April.



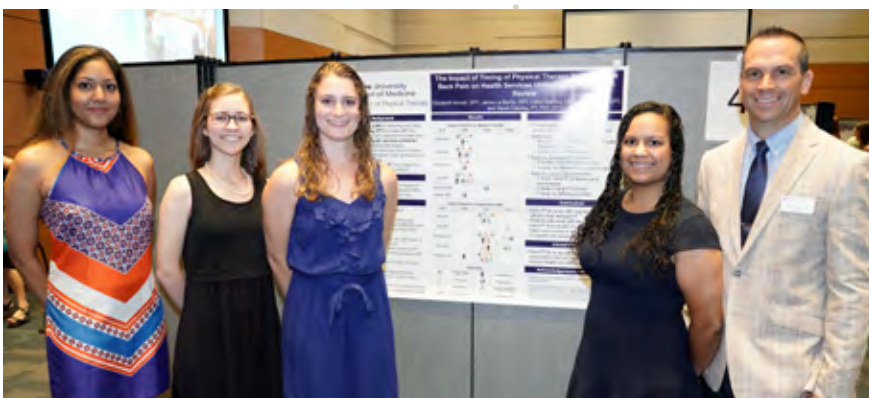
■ Cheers to **Bryce Olsen '20** and his Interprofessional Education teammates from Duke's medical and nursing schools and the physician assistant program, whose public service announcement for "Where's the closest AED?" was voted as the favorite at a Duke AHEAD event.

**Dr. Amy Pastva** served as a faculty mentor of this project, and **MaryEllen Targonski '21** and **Carolyn Stoddard '20** also participated.

■ A paper by the **Class of 2019** capstone group has been accepted for publication in the **Archives of Physical Medicine and Rehabilitation**. Archives has an impact factor of 3.07, which is truly exceptional. **Liz Arnold** led the group. Co-authors are **Janna La Barrie, Lisley DaSilva, Meagan Patti**, and faculty mentors **Dr. Adam Goode '05** and **Dr. Derek Clewley**.

■ Want a peak into March's Third Annual House of Dukelegates? Check out the presentations [here!](#)

■ Congratulations to **Class of 2020** members **Jordan Sunset, Caroline Penland, Katharine Majewski, Zach Conley, Nick Freijomil, Luis Freile, Ryan Kelly, Max Westhoven, Nick LeBlond, Kristen Dragotta, Nikki Ingel, Maddie Hayes, Lisa Shirafuji, and Alex Millay** who are the champions of Duke intramural basketball!



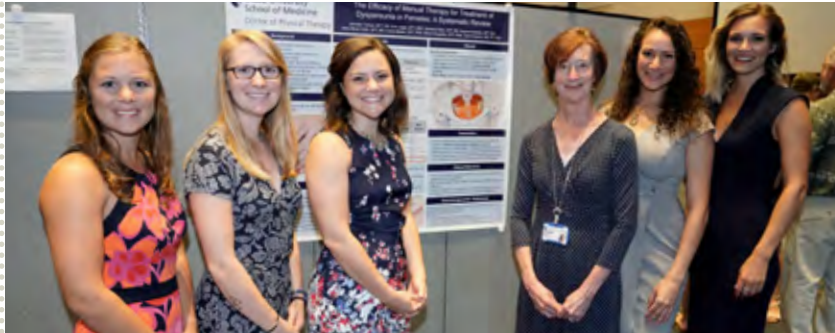


# Student News

■ In April, Neuro faculty and Class of 2020 student volunteers hosted **Durham Neuro Camp**, a week-long service-learning experience to provide physical therapy to participants from the community.



■ A tip of the cap(stone) to **Jennifer Trahan, Erin Leger, Marlena Allen, Rachel Koebele, Mary Brian Yoffe**, and faculty members **Dr. Corey Simon** and **Dr. Carol Figuers '81**, for the publication of their capstone in the **Journal of Women's Health Physical Therapy!**



■ The 2019 DPT Olympics were held on June 1, and over \$1,800 was raised for Bridge II Sports! Teams of Duke DPT students, faculty, staff, and alumni competed in wheelchair basketball, seated volleyball, blind bocce ball, PROM cornhole, and glaucoma knock-out. Competition was fierce, but Low Bach Pain took home the gold, followed by Red Flags in second, and RASS Score Plus Four in third. gastrocNEMESIS took home the prize for Best Dressed. Many thanks to our participants, and especially to the nearly 40 event sponsors who helped make #dptolympics2019 a resounding success!



■ In March, DPT students joined with PA and med students for the **Adaptive Sports Experience**, where they had a chance to play wheelchair basketball, seated volleyball, and bocce ball.



■ Our Diversity Club hosted the first-ever **Duke DPT Fast-a-Thon** to coincide with the end of Ramadan. All students, faculty, and staff were invited to fast from sun-up to sun-down for one day of Ramadan – the ninth month of the Islamic calendar – and then break their fast together at a local Durham restaurant. The goal of Fast-a-Thon was to increase social and religious awareness and help participants better understand and serve patients who may be fasting during sessions by gaining personal insight into what it's like. Diversity Club leaders **Yusra Iftikhar '20** and **Iman Banerji '20** led the effort, and Yusra created infographics to prepare everyone for the event.





## Student group attends Federal Advocacy Forum in DC

In April, a dozen members of the Duke DPT Class of 2020 traveled to Washington, DC with **Dr. Kyle Covington '04** to attend APTA's Annual Federal Advocacy Forum. The students spent a day learning about federal issues facing the profession and our patients, then followed up with a day of visits with senators, representatives, and legislative staff on Capitol Hill. **Rebecca Siegler '20** shared her experience:



■ Brava to **Ashley Lea '21**, who has started the **Performing Arts Club**, Duke DPT's newest student club!



■ In February, first- and second-year DPT students took part in a **Healthy Duke Initiative** program designed to empower staff to become more fit and to live well. Students taught participants how to be more aware of movement and body mechanics when standing, lifting, sitting, twisting, etc.

The Federal Advocacy Forum (FAF) is an opportunity for PT clinicians and students to lobby on behalf of our profession. Sounds intimidating, I know, but APTA provided everyone with ample preparation the day before. CNN political analyst Nathan Gonzales set the stage of the current political environment. We then broke into smaller groups. The session I attended was called “How to turn a 15-minute meeting with a congressman into a long-term relationship.” This session provided amazing tips about how to effectively relate to the individual you were speaking to, whether a congressman or their legislative staff, and how to best follow up with those individuals.

During lunch we had the pleasure of hearing Sarah Kliff, a leading health care journalist and senior editor of Vox.com, discuss where health care policy is and the realistic role that we, as PTs, could have in it. We then discussed each issue that was to be presented to the Hill. APTA created simple sheets that summarized the background, current action, and impact. After a very informative day, we all went to the PT PAC party at SPIN and relaxed by playing ping pong.

The next morning, we got an early start to Capitol Hill. Soon into the day, Bill S.970, “Physical Therapist Workforce and Patient Access Act of 2019,” was presented to the Senate. This bill called to amend the Public Health Service Act in order to allow

PTs to be a part of the National Health Service Corps Loan Repayment Program. My favorite description of the day was “rushed waiting.” It was imperative that we were in the right places at the right times, but once we got there, often we would wait to be seen by the staff.

In the semester leading up to FAF, we prepared for and participated in House of Dukelegates, which was such a unique experience, not only in the mock house of delegations but also in the process leading up to that point. We started by sitting down with our classmates to discuss what really matters to us. After we narrowed our ideas, we looked at current legislation and position statements to see where our ideas fit in. Once our motions were created, we gathered with mentors to advocate and lobby for our agenda.

How does Dukelegates relate to the Federal Advocacy Forum? Dukelegates was a hands-on example of the behind-the-scenes work that goes into creating motions and bills, some of which will progress to being presented to Congress. As a student, Dukelegates provided me with insight on how things get done on an official level from start to finish. This insight gave me context for real bills like S.970 that will directly impact students. I saw firsthand how the initial ideas of practicing clinicians grew into action that was being brought to Congress and would truly bring the desired changes.





CONGRATULATIONS TO THE **CLASS OF**

# 2019

The Hooding & Recognition Ceremony for the Duke DPT Class of 2019 was held on Saturday, May 11 at the Washington Duke Inn. Congratulations to all of our graduates, and especially to those who were recognized during the ceremony:



**Robert Bartlett**  
Student  
Recognition Award:  
**Ben Ramger**



**Duke Doctor**  
of Physical Therapy Cultural  
Diversity Award:  
**Kayla Chee**



**Helen Kaiser Duke**  
Physical Therapy Alumni  
Association Award:  
**Katie Scaff**



**Helen Kaiser Scholarship Award Recipients:**



**Kathleen Daly**



**Trac Norris**



**Alexis Reinbolt**



**Lindsay DiMarco**



**Katie Scaff**



**Katlin Harker**



**David Stewart**



**Stephanie Igo**



**Frank Talty**



**Anthony Delitto, PhD, PT, FAPTA,** delivered this year's Branch Lecture, "Implementation in practice: Getting past lingual solutions," to the Class of 2019 on May 9.

**Class of 2021 Officers**



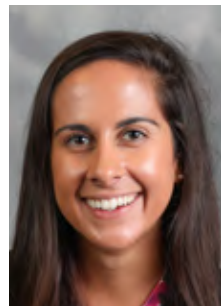
President:  
**Natalie McNerney**



Vice President:  
**Dashae Smallwood**



Secretary:  
**Jessie McLaughlin**



Treasurer:  
**Hannah White**



# Engage. Connect. Celebrate.



*As an alumnus, you are a valuable member of our community and we would like to hear from you.*

## Connect with other Duke Alumni

**Duke Alumni Association:** Connect with classmates across Duke and learn about upcoming events and career networking opportunities. Update your profile to reflect your current contact and professional information. Network with 5,000 alums offering information and advice about particular geographic areas, jobs and careers, stages of life, and graduate education.

## Grow your Professional Network

Join our **LinkedIn Group** to share jobs, discuss trending topics, and connect with alumni and current DPT students to expand your professional network.



Join Our **LinkedIn Group**

## Get the latest DPT News

Receive daily news updates from the DPT community through Twitter and Facebook, and get snapshots of exciting events on Instagram.



Like Us on **Facebook** Follow Us on **Twitter @Duke\_DPT** **Instagram**

## How Can We Better Serve You?

We'd like to know a bit more about you so we can provide relevant resources and opportunities. Please **take our brief (10 minute) survey** to share how we can better serve you. **Please share your personal and professional accomplishments so that we may celebrate with you. Email us with your latest news and accomplishments.**



If you're an alum interested in participating in the Duke DPT Alumni Mentorship Program, you can sign up by filling out this **short survey** to help us better pair you with a mentor/mentee.

Please **e-mail [dptalumni@dm.duke.edu](mailto:dptalumni@dm.duke.edu)** if any of these apply to you:

- board certified specialist, please indicate which specialty
- graduate of a residency/fellowship program
- interested in accompanying Duke DPT students on global health service trips
- interested in helping Duke DPT admissions with recruitment
- willing to house students who are away on clinical rotations

Please consider making a gift to the Duke Doctor of Physical Therapy division at:

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