



Duke in touch

Connecting Duke Physical Therapy alumni, students, faculty, clinicians, and friends | Summer 2015

Message from the Interim Program Director



As a sports fan who loves a good baseball analogy, I'm thrilled to be called up to the "big leagues" to "pinch-hit" for Dr. Michel Landry, who is in Nepal working with the World Health Organization to create a process that will allow rehab specialists to function in disaster sites around the world. See page two for details about this exciting appointment for Dr. Landry.

Prior to his departure, the Duke Division of Physical Therapy sponsored the Summer Global Health Institute. Students and educators from the U.S., Norway, and Canada participated in a week of education and fellowship. They even had a chance to meet Dr. Emma Stokes, president of the World Confederation for Physical Therapy. The Institute and opportunities for students and faculty to take part in international service are among the many reasons why students seek out Duke University as a learning destination for global health.

In our last DPT newsletter, Dr. Landry wrote: "a new era of research begins for Duke Physical Therapy." Indeed, faculty funding rose over 3,100 percent from 2014 to 2015, while peer reviewed publications increased by 26% and book/chapter publications increased over

100%! With several pending grants and many faculty members serving as journal editors, DPT continues to reach new research/scholarship milestones.

On August 25, 2015, Duke DPT will launch the Ron Peyton Innovation Lecture Series. Ron is one of Duke's most accomplished alumni; his fingerprints are all over the physical therapy profession. Ron has agreed to be our inaugural speaker. The provocative Dr. John Childs will be our second speaker on January 25, 2016, and long-time Duke DPT affiliate and research icon Dr. Pam Duncan will speak on March 28. These stimulating, TED-like lectures are open to the public.

On a personal note, I appreciate the faith that Mike Landry, the DPT faculty, and students have placed in me as I oversee the program in Dr. Landry's absence. Duke University is the major leagues, and although I'm only pinch-hitting, I relish this opportunity to help provide the best learning environment possible for our gifted students.

Chad Cook, PT, PhD, MBA, FAAOMPT
Professor and Interim Program Director
Doctor of Physical Therapy Program



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DPT Chief asked to lead development of global disaster response policies

Landry in Nepal to assess needs and opportunities for WHO



A few months ago, DPT Chief Mike Landry was approached by the World Health Organization (WHO) to lead a group of policymakers and health experts in creating a standard set of policies for disaster response processes for rehabilitation specialists. Dr. Landry and his group will create policies for rehab specialists to manage care in disaster environments (e.g., Haiti, Nepal, Sumatra) for all future disaster incidents around the world. These policies could effectively change how disaster response

is managed. Rehabilitation will have a major role, since traditional medical infrastructure mechanisms are almost always inadequate.

Dr. Landry's appointment is a huge responsibility, but an even greater honor. As the United Nations' public health arm, WHO guides international policies on health.

Dr. Landry is spending three months (July through September) in Nepal to see firsthand the extent of the recent earthquake disaster, which took an estimated 8,500 lives, injured another 15,000, and left hundreds of thousands more displaced from their homes and communities. Dr. Chad Cook is serving as interim chief while Dr. Landry is traveling.

All of us at Duke, including our colleagues in Duke Medicine and the Duke Global Health Institute, are so proud of Dr. Landry's appointment, and thrilled that WHO has recognized the leadership and expertise he will undoubtedly bring to this monumental task.

Dr. Landry also recently received the International Service Award from the World Confederation of Physical Therapy.



“These policies could effectively change how disaster response is managed.”

Cook to deliver keynote at upcoming NCPTA conference

Our own Dr. Chad Cook will be the inaugural keynote speaker at the NCPTA's Fall 2015



Conference in Asheville on October 8-10, 2015. We want to have a strong Duke presence at this year's conference in the beautiful Blue

Ridge Mountains. The division will sponsor as many faculty and students as possible, and we hope you'll plan to attend, too!

In March, Dr. Cook also completed three teaching engagements in Spain that have fostered international collaborations among faculty and clinicians and led to his guest editorials in the *Spanish Physiotherapy Journal*. Check out [this short video](#) about Dr. Cook's educational endeavors in Spain.

Kudos

Dr. Carol Figuers '81 is on an interdisciplinary Duke project team that has received an advanced nursing education grant from the federal Health Resources and Services Administration.



The grant, based within the Duke University School of Nursing, implements a Women's Health Nurse Practitioner specialty program in collaboration with the Doctor of Physical Therapy and Physician Assistant programs. This new specialty emphasizes interprofessional and patient-provider communication to improve women's health outcomes.

Dr. Tiffany Hilton has been appointed Director of Curriculum for the DPT program. In her new role, Dr. Hilton will take over much of the planning and implementation



of course and schedule structure within the DPT curriculum.

Dr. Kyle Covington '04 successfully defended his dissertation and, in February 2015, accepted a new position in the division. As Director of Assessment and Evaluation, Dr.



Covington is leading the charge to evaluate all aspects of the DPT curriculum. We've done well so far, but there are great opportunities to keep evolving alongside the changing nature of physical therapy practice locally and globally.

This spring, Dr. Covington's manuscript on resource investment in academic PT programs and its influence on licensure pass rates was accepted in the *Journal of Allied Health*. Dr. Covington collaborated with colleagues from the University of Cincinnati, Walsh University, and those within this division.

Kudos

One of **Dr. Laura Case's** dreams came true in June when Duke Children's Hospital became the ninth center recognized by the Parent Project Muscular Dystrophy (PPMD) as a Certified



Duchenne Care Center. Dr. Case has collaborated with PPMD for over 20 years and is involved in a number of research endeavors in Duchenne muscular dystrophy (DMD), including the Solid Suit Robotics Initiative. Duke is also a Cooperative International Neuromuscular Research Group (CINRG) site and is participating in studies on Duchenne, Becker, and Facioscapulohumeral muscular dystrophies. Dr. Case serves on the CINRG executive committee and on the steering committee for the Center for Disease Control's initiative to update and share guidelines for DMD care and management with the global Duchenne community.

Dr. Andrea B. Taylor has been awarded a senior research grant from the National Science Foundation. Collaborating with scientists from Arizona State University, the Universities



of Chicago and Missouri, and the American Museum of Natural History, Dr. Taylor will use computed tomography to gather information on the internal structure of the mandible in living primates and use this data to build models to study how these jawbones perform under a variety of behaviors. Dr. Taylor and her collaborators will travel to Africa to apply these same methods to the mandibles of human ancestors from Ethiopia and Kenya, to advance our understanding of the mechanisms that shaped the evolution of our earliest ancestors.

At DPT graduation in May, **Dr.**



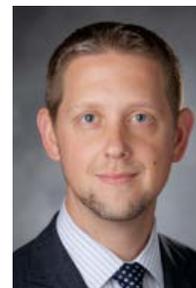
Mike Reiman was recognized by the graduating class with the 2015 Jan K. Richardson Excellence in Teaching Award.

Thanks to her advocacy, one of the patients of **Dr.**



Dora Gosselin '05 received a robotic arm from Kinova Robotics, giving this young man a new chance at independence. Check out the [news story](#).

It's been a big year for **Dr. Paul**



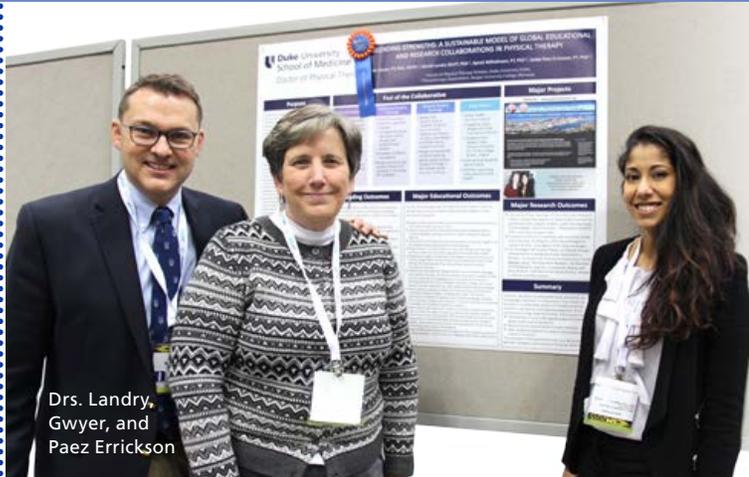
Salamh, president of the DPT Class of 2007: In January, he started Duke DPT's new faculty residency program, and in May, he received his

PhD in Physical Therapy from Nova Southeastern. (*see page 11*).

The application to become the next faculty resident is available on our website and due on September 15th.

CSM 2015 Highlights

APTA Combined Sections Meeting
February 2015, Indianapolis



Dr. Landry, Gwyer, and Paez Errickson

As always, Duke DPT took CSM by storm!

Faculty

■ Congratulations to **Dr. Mike Landry, Jan Gwyer, and Sadye Paez Errickson** on their ribbon from the Global Health Special Interest Group of the Health Policy & Administration Section for their poster, *Blending strengths: a sustainable model of global educational and research collaborations in physical therapy*.

■ **Dr. Carol Figuers '81** was honored by the APTA Section on Women's Health as 2015 Volunteer of the Year "for her dedication, support, and commitment to serve as co-chair of the Entry Level Curriculum Task Force." The task force developed updated curriculum guidelines for women's health content, now available on the section's website.

■ **Dr. Kyle Covington '04, Jody Feld, Jan Gwyer, Mike Landry, Amy Pastva, and Andrea Taylor** jointly presented an educational session on Team-Based Learning as the Signature Pedagogy in a DPT Curriculum.

■ In addition to the above collaborations, 16 members of the DPT faculty contributed to 39 unique presentations, and **Dr. Chad Cook** and **Amy Pastva** served as session moderators for platform sessions of the Orthopaedic and Cardiovascular/Pulmonary Sections, respectively.



Students

The DPT Class of 2015 had an outstanding showing at CSM 2015. Twelve capstone groups made poster or platform presentations, and student groups from our advanced biomechanics elective and the global health service learning experience in Jamaica also presented.

Additionally, two students from the Class of 2015 were selected to participate in mentorship programs:

■ Orthopedic Section Mentorship Program: **Sarah Dickey '15**

■ Global Health Special Interest Group Mentorship Program: **Laura Good '15**



Educational session on Team-Based Learning

Student Capstone Presentations

Platform Presentations:



Functional outcomes associated with pulmonary rehabilitation in lung transplant candidates: a systematic review

AUTHORS: Mollie Hope, Zainab Kothari, Monica Pamer, Jonathan Weinholt, Keenan Whitesides **MENTOR:** Amy Pastva

Won the CSM 2015 Cardiovascular & Pulmonary Research Platform Award and the Student Research Award

Disability in children in low-income and lower-middle-income countries: a narrative review of parental and community perception and the psychosocial impact on the family



AUTHORS: Laura Grabowski, Laura Good, Brittany Torres **MENTORS:** Michel Landry, Sadye Erickson



Association between depression, physical function and potential mediating factors in veterans with knee and/or hip osteoarthritis

AUTHORS: Devin DeGreif, Brent Denisar, Ramiro Garrido, Danielle Overcash, Matt Rossman **MENTOR:** Adam Goode

Poster Presentations:

Diagnostic accuracy of the bedside and video head impulse tests: a systematic review and meta-analysis



AUTHORS: Elizabeth Buice, Daniel Chen, David Lawton **MENTOR:** Richard Clendaniel, Adam Goode



The effectiveness of manual therapy and exercise in isolation or in combination for the treatment of hip and knee osteoarthritis: a systematic review

AUTHORS: Bryan Pyrc, Susan Rhea, Lauren Ryan, Chelsea Wolfe, Justin Zych **MENTOR:** Michael Reiman

Effectiveness of exercise programs for management of shoulder pain in manual wheelchair users with spinal cord injury: a systematic review



AUTHORS: Kimberle Cratsenberg, Cassandra Deitrick, Taylor Harrington, Natasha Kopecky, Bradley Matthews, Lauren Ott **MENTOR:** Remy Coeytaux



The efficacy of mirror therapy on improved quality of movement of the upper extremity in a pediatric population with spastic hemiparetic type of cerebral palsy: a systematic review

AUTHORS: Sarah Dickey, Laura Henderson, Jennifer Hilmer, Emily Kemp, Elizabeth Schuppert **MENTOR:** Laura Case

Effectiveness of dry needling for temporomandibular joint disorders: systematic review



AUTHORS: Haley Harrell, Jarod Hill, Katie Kinsinger **MENTOR:** Remy Coeytaux



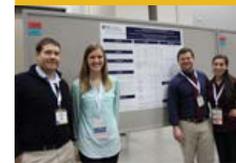
Diagnostic accuracy of clinical examination measures for pathology of the distal biceps brachii tendon unit: a systematic review with meta-analysis

Allison Bell, Spencer Cole, Joshua Holskey
MENTOR: Michael Reiman

An examination of gender-based differences in sport-related concussions of pediatric athletes: a systematic review



AUTHORS: Lauren Alpert, Sarah Lehman, Kerry McLaughlin, Stacie Morris, Morgan Mowery, Kelsey Nix, Anthony Phan **MENTORS:** Laura Case, Charles Sheets

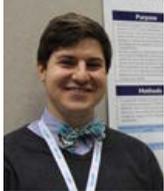


Back pain is associated with functional limitations but not physical activity participation in veterans with knee and/or hip osteoarthritis

AUTHORS: Brittany Boehnke, Dylan Elliott, Noemi Gomez **MENTOR:** Adam Goode

Message from

Dr. Jennifer Moody Skeesick '06, Alumni Association President



Effectiveness of galvanic vestibular stimulation for the treatment of unilateral neglect in patients post-stroke: a systematic review

AUTHORS: Haley Carter, **Jess Godfrey**, Claire McCormick, Katrina Schenck, Justin Stambaugh, Charliann Viviano
MENTOR: Richard Clendaniel

Other posters:

Rotational hip mobility does not alter sagittal plane landing mechanics



AUTHORS: Alli Bell, Spencer Cole, Josh Holskey, **Stacie Morris**, Dani Overcash
MENTOR: Rob Butler



Effects of short-term, intensive rehabilitation in the chronic phase of stroke recovery on functional outcomes in rural Jamaica

AUTHORS: Brittany Bohenske, Daniel Chelette, Laura Good, Sarah Lehman
MENTORS: Jody Feld, Charlie Sheets

Greetings! I hope you are enjoying your summer. Since our last Duke Physical Therapy newsletter, our community has clearly been very busy. Among the exciting goings-on:

- We had a remarkable showing of speakers at CSM in Indy, with an incredible alumni celebration. *(Check out photos on page 12.)*
- The DPT program and our **Alumni Association** have introduced an alumni **mentoring program**. *(To get involved, see page 11.)*
- Our alumni are actively and generously contributing philanthropically to the Division of Physical Therapy. *(Shout out, see page 9.)*
- Duke PT alumni, faculty, and students are traveling and making their marks internationally.
- The Duke University Alumni Association received approval to build a state-of-the-art Alumni Center for us all to enjoy upon completion.
- And...the Duke men's basketball team won the 2015 National Championship!!

All of this and so much more is happening, and I thank all of you for the many ways that you make our alumni body so strong. I am excited to begin a new term as president of our Alumni Association, and look forward to working with our newest association officers: **Secretary Shannon Brady Mathis '07** and **Director-at-Large Timothy Faw '09**. Please contact us with questions and ideas throughout the year!

Go Duke!

Jennifer Moody Skeesick '06
Duke Physical Therapy Alumni
Association President



SECOND ANNUAL DUKE DPT *Alumni Awards*

At the Duke PT Alumni Association Meeting and Reception during this year's CSM, we recognized two distinguished program alumni.

2015 Distinguished Alumni Award: **Gary Zigenfus '74** *Posthumous honor*

"Gary's leadership in promoting the autonomy of physical therapists' decision-making and collaboration with physicians and client workplaces in a very progressive approach to attending to the treatment and return-to-work needs of injured employees is unequalled in our profession."

Allen Wicken '74

Gary was a visionary and innovator who contributed in many ways to the physical therapy profession throughout his illustrious career. A tireless advocate for best practice, he developed a successful model of PT intervention in occupational medicine that made Concentra Health Services a career destination for PTs and helped patients, employers, and payers understand the value of physical therapy in improving outcomes. He gave back to the therapy profession and provided valuable clinical experience to thousands of therapy students.



A proud "Dukie," Gary maintained close ties to Duke's PT program and helped create an extensive and successful clinical education partnership that has provided high quality learning setting for Duke physical therapy students year after year.

Gary was nominated by classmate Allen Wicken '74, who presented the award to Gary's older brother Bob. We are grateful to the Zigenfus family and Concentra colleagues who attended the ceremony to join us in celebrating Gary's contributions to his profession.

2015 Emerging Leader Alumni Award:

Rebecca Gutman Quinones '07



As a physical therapist in several multidisciplinary clinics at the Ann & Robert H. Lurie Children's Hospital of Chicago, Rebecca has already demonstrated extraordinary leadership that foreshadows the contributions she will continue to make in this field. The pediatric certified specialist and senior PT has developed a comprehensive Sharepoint for the hospital's OT & PT staff, and has been instrumental in enhancing the rehab department's emphasis on evidence-based practice. Rebecca is a clinical evaluator for multiple neurology research studies, and is working with a multidisciplinary team to develop interdepartmental protocols for serial casting for patients with degenerative neuromuscular diseases. In 2013, she published a journal article on a study comparing the scores of four-year-olds recovering from juvenile dermatomyositis on the Childhood Myositis Assessment Scale with those of their healthier peers.

Because Rebecca was home with a newborn; classmate Rosie Canizares '07 accepted the award on her behalf.



“[Duke PT] can feel proud to have educated and nurtured an individual who so clearly is emerging as an outstanding clinician, a successful clinical educator and mentor, an analytical thinker, a dedicated researcher and physical therapy professional.”

Martha Ellsworth '70



Know a Duke PT alum deserving of a 2016 award?

The Alumni Association seeks nominations for the 2016 awards, which will be presented during our Duke reception at the CSM in Anaheim, California in February 2016. For more details and to nominate a classmate, [click here](#).



Thank you to our wonderful alumni donors!

Duke DPT recently reached out for the first time to our alumni base to ask for annual support of the program’s mission. As of June 30, 2015 (the end of our fiscal year), these generous individuals answered the call:

- | | |
|--------------------------------|-------------------------------|
| Timothy Ainslie '86 | Christina Sgriccia Lieb '11 |
| Brian Allsopp '11 | Eliabeth Browning Lincoln '87 |
| Robert Bahr '75 | Stuart Lowenthal '64 |
| Lisa Ryan Banco '89 | Kevin Mark '81 |
| Charles Birdie '66 | Lisa Bollheimer Minn '98 |
| Carol Tarasovis Blanpied '84 | Elizabeth Mostrom '78 |
| Jean Bruce '48 | Allison Mumbleau '09 |
| Janet Job Byers '90 | Carol-Ann Nelson '13 |
| Rosie Canizares '07 | Tyler Patrick '13 |
| Marcella Van Camp Chancey '61 | Martha Dowling Redick '61 |
| Wren McLaughlin Cunningham '10 | Syliva Rapp Sabia '74 |
| Leslie Daigle '68 | Penny Sanford '91 |
| Doris James Duclos '54 | Abby Corsun Sims '80 |
| Elizabeth Eife-Johnson '75 | George Sims '60 |
| Linda Foster '87 | Hannah Smith '13 |
| Gabrielle Gordon '08 | Margaret Steele Smith '50 |
| Erika Hadley '13 | Barbara Day Taylor '59 |
| Mary Hasiak '63 | Treva Beam Teskey '59 |
| Sandra Herzog '67 | Patsy Lindsay Thompson '63 |
| Sharon Noack Jewell '62 | Herm Triezenberg '75 |
| Anita Kari '11 | Elia Villaneuva '59 |
| Kara Sporer Lardinois '00, '01 | Donald Walter '77 |
| | Leigh Welsh '14 |

It’s not too late to join these generous folks as donors to Duke DPT. Annual support helps ensure continued excellence in teaching, evidence-based clinical practice, and cutting-edge research, and helps Duke prepare the next generation of leaders in physical therapy. Make your gift today at <https://www.gifts.duke.edu/dpt>

CSM Reception

As always, the annual Duke Physical Therapy Alumni & Friends Reception at CSM was a huge hit! Nearly 200 alumni, students, faculty and friends came together at the Indianapolis Colts Grill to connect and celebrate.



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- 1 Class of 1994
- 2 Class of 2014
- 3 Class of 2015
- 4 Class of 1995

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- 5 Class of 2011
- 6 Class of 2010
- 7 Class of 2003
- 8 Class of 2000
- 9 Class of 2007
- 10 Class of 2012
- 11 Class of 2013

a huge hit!

28
Duke alumni contributed to
49
48 unique presentations

Numerically speaking Alumni at CSM 2015



23
Duke PT alumni were recognized as newly certified or re-certified clinical specialists.

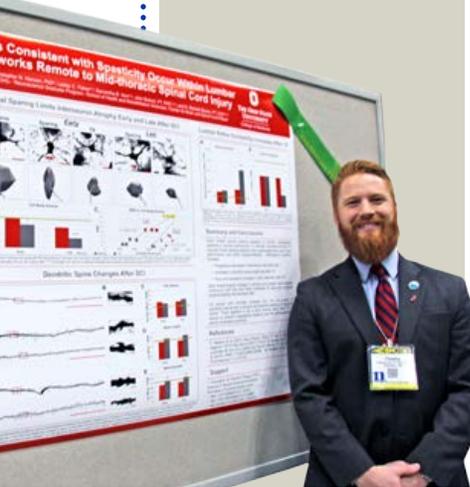
Neurology
Cameron Goepf Gartzke '11,
Katie MacDonald '09

Sports
Brett Aefsky '12,
Whitney Baker Chambers '01,
Trevor Matuly's '10

Geriatrics
David Lanum '02,
Phyllis Robinson Vandenberg '87
(re-certified)

Pediatric
Jodi Thomas '05

Orthopedics
Jason Davenport '10,
Jackie DelGiorno '11,
Tara Wiggins Dickson '12,
Angela Spontelli Gisselman '11,
Matt Ithurburn '12,
Michelle Pike '09,
Elizabeth Rachel Groff Polito '11,
Mike Schmidt '12,
Scott Tilson '04,
Amanda Tuck '09,
Brianna Zenerovitz Wahl '11,
Megan Peach Wiatr '09



Dr. Tim Faw '09
received the Promotion of Doctoral Studies - Level 1 Scholarship from Foundation 4 PT president Barbara Connolly, PT, DPT, EdD, FAPTA.



Dr. Amy Arundale '11 and Dr. Matt Ithurburn '12
each received a Legacy Fund Grant Award from the Sports Physical Therapy Section.
Matt also received the 2014 Florence P. Kendall Doctoral Scholarship from The Foundation for Physical Therapy.

Congratulations to all of you!

Newsworthy...

■ Congratulations to **Class of 2013 President Carol-Ann Nelson** and her family on the birth of her twins Lilia June and Elliot Charles on December 29, 2014 and to classmates from the **Class of 2014 Corey Drvol and Cara Heaton** on their engagement.



■ As noted in our faculty news section, **Class of 2007 President Paul Salamh** started Duke DPT's new faculty residency in January.



■ We are excited to announce the creation of the **Duke DPT Alumni Mentorship Program**. If you are an alumnus who is interested in being a mentor to a Duke DPT student or recent grad – or if you are a student or recent grad who would like to have a mentor – take [this survey](#) to help us pair you.



Next Up...

In June, these Duke PT alumni presented at APTA's 2015 NEXT Conference in National Harbor, Maryland:

■ **Amy Arundale '11**, Leadership Transforming Society: Engaging the New Vision



■ **Gerard Brennan '75**, Innovation Workshops



■ **Dr. Adam Goode '05** and **Sean Rundell '05**, Understanding Value in Healthcare and Physical Therapy



■ **Alan Lee '94**, Telehealth Implementation into Your Practice, and Clinical Practice Guidelines for Effective Patient-Centered Practice



■ **Laura Stanley '10**, ACL Injury and Long-Term Joint Health



If you have personal or professional news that you'd like to share with the Duke DPT family, please e-mail dptalumni@dm.duke.edu.

Recent Duke DPT Publications

Click each hyperlinked citation below to view the abstract.

Stress urinary incontinence in female athletes. *Journal of Women's Health Physical Therapy.* Heath A, Folan S, Ripa B, Varriale C, Bowers A, Gwyer J, Figuers, CJ. 2014; 38(3): 104-109.

Injury risk is altered by previous injury: a Systematic review of the literature and presentation of causative neuromuscular factors. *International Journal of Sports Physical Therapy.* Fulton J, Wright K, Kelly M, Zebrosky B, Zanis M, Drvol C, Butler RJ. 2014;9(5):583-95

Return to running after a tibial stress fracture: a suggested protocol. *Orthopedic Practice.* Bolthouse E, Hunt A, Mandrachia K, Monarski L, Lee K, Loudon JK. 2015; 27(1):37-45.

Effect of scapular stabilization during horizontal adduction stretching on passive internal rotation and posterior shoulder tightness in young women volleyball athletes: a randomized controlled trial. *Archives of Physical Medicine and Rehabilitation.* Salamh PA, Kolber MJ, Hanney WJ. 2015; 96(2): 349-56.

An interval kicking progression for return to soccer following lower extremity injury. *International Journal of Sports Physical Therapy.* Arundale A, Silvers H, Logerstedt D, Rojas J, Snyder-Mackler L. 2015; 10(1): 114-27.

Patient-reported outcomes associated with use of physical therapist services by older adults with a new visit for back pain. *Physical Therapy.* Rundell SD, Sherman KJ, Heagerty PJ, Mock C, Jatvik JG. 2015; 95(2): 190-201.

The clinic course of pain and function in older adults with a new primary care visit for back pain. *Journal of the American Geriatrics Society.* Rundell SD, Sherman KJ, Heagerty PJ, Mok CN, Jarvik JG. 2015; 63(3):524-30.



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- 1 Dr. Amanda Heath '13
- 2 Dr. Shauna Folan '13
- 3 Dr. Bridget Ripa '13
- 4 Dr. Caroline Varriale '13
- 5 Dr. Angela Bowers '13
- 6 Dr. Jan Gwyer
- 7 Dr. Carol Figuers '81

- 8 Dr. Jessica Fulton '14
- 9 Dr. Kathryn Wright '14
- 10 Dr. Margaret Kelly '14
- 11 Dr. Britanee Stone Zebrosky '14
- 12 Dr. Matthew Zanis '14
- 13 Dr. Corey Drvol '14
- 14 Dr. Robert J. Butler

- 15 Dr. Emily Bolthouse '14
- 16 Dr. Allison Hunt '14
- 17 Dr. Karen Mandrachia '14
- 18 Dr. Lauren Monarski '14
- 19 Dr. Krishinda Lee '14
- 20 Dr. Paul Salamh '07
- 21 Dr. Amy Arundale '11



Averages
13 citations
per year!

Dr. Mike Reiman is the most prolific physical therapist publisher in the area of musculoskeletal management of the hip! His three recent publications in the *British Journal of Sports Medicine* join a chorus of others that have helped reshape how we look at FAI and hip management.

Physical examination tests for hip dysfunction and injury.

Femoroacetabular impingement surgery: Are we moving too fast and too far beyond the evidence?

Eccentric training for prevention of hamstring injuries may depend on intervention compliance: a systematic review and meta-analysis.*

**This article was selected as an Editors' Choice, making it a free download from the BJSM website.*



"Bad news" is good news for Dr. Elizabeth Ross – she and her colleague keep cranking out the publications! Check out these two recent articles on *MedEdPORTAL Publications*.

A breaking bad news exercise to assess student competence prior to graduation.

Physicians' letters to their patients: a reflection exercise for graduating medical students.

In other news

Paul Rockar, Jr., PT, DPT, MS, immediate past president of APTA, visited Duke in January. While in Durham he met with other APTA past presidents and our previous and current program directors: Drs. Bob Bartlett, Jan K. Richardson, and Mike Landry. He also had an opportunity to speak to our current students about the importance of leadership and his vision for the PT profession. And of course, no visit to Duke would be complete without a chance to watch the Blue Devils play at Cameron!

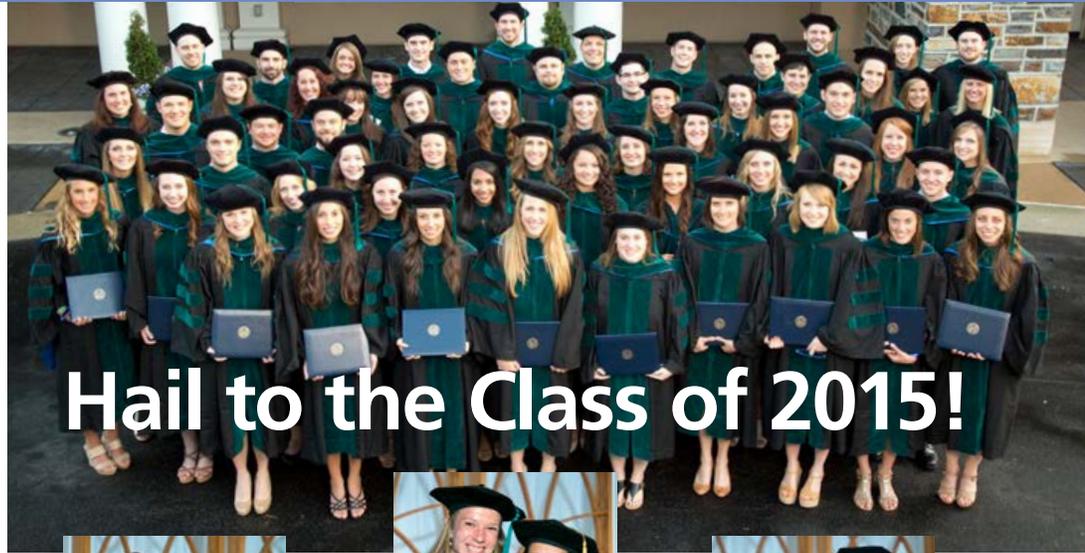


In February, Duke DPT had the pleasure of hosting **Gary Karp of the Christopher and Dana Reeve Foundation Paralysis Resource Center**. Mr. Karp, a wheelchair user since injuring his spinal cord in 1973 at the age of 18, is an author and Spinal Cord Injury Hall of Fame educator. He spoke to DPT students and faculty on how to thrive through and beyond trauma.



On May 4, 2015, **Dr. Andrea Behrman '80** kicked off our graduation week by delivering the 22nd annual Duke DPT Eleanor F. Branch Lecture, an inspiring speech: “You can let go of me now: Transforming society by optimizing movement to improve the human experience.”

Graduation week included fun events like an evening at the Tobacco Road Sports Café for a Durham Bulls game and a chapel climb, as well as the traditional events like the baccalaureate service in the Duke Chapel. The week culminated as 61 members of the Duke DPT Class of 2015 received their diplomas. At the ceremony, these graduates received special recognition:



Hail to the Class of 2015!



Duke Doctor of Physical Therapy Diversity Award:
Dr. Tash Kopecky



Helen Kaiser Duke Physical Therapy Alumni Association Award:
Dr. Claire McCormick



Student Recognition Award:
Dr. Justin Zych



Helen Kaiser Scholarship Award:
Dr. Daniel Chelette



Helen Kaiser Scholarship Award:
Dr. Devin DeGreif



Helen Kaiser Scholarship Award:
Dr. Laura Good



Helen Kaiser Scholarship Award:
Dr. Tash Kopecky



Helen Kaiser Scholarship Award:
Dr. Claire McCormick



Helen Kaiser Scholarship Award:
Dr. Monica Pamer



Helen Kaiser Scholarship Award:
Dr. Katrina Schenck



Clinical Site Lottery and Match Day

DPT students share memories of this nail-biting, annual rite of passage

Haley Harrell '15 participated in the inaugural Clinical Site Lottery/Match Day in 2013:

"June 21, 2013 was Duke DPT's first clinical site lottery, a draft-style process that replaced the previous matching system. While it was exciting to be part of something new, it was also quite stressful, so once Dr. Odom told us it would be a 12-hour day, I started planning my strategy. I knew I was most interested in outpatient orthopedics and that I wanted to stay in North Carolina. I hoped my lottery number would be in the mid-to-late range so I could get my first two picks [of the snake draft] close together. I was in luck: I drew #56 out of 62!"

"In the first round, I picked acute care with Novant Health Forsyth Medical Center in Winston-Salem – a great site for my first long-term clinical rotation. It's a certified stroke center, so I learned a lot about rehabilitation during the acute stroke phase from a group of fantastic, experienced, and welcoming therapists. For my next two picks, I turned my focus to outpatient orthopedics and ended up with Proaxis Therapy and Concentra. On paper these looked like very similar sites, but they provided very different experiences as well as the chance to compare company styles."

"Overall, I was very happy with the outcomes of that first clinical match day. I ended up with sites that were high up on my lists, and I enjoyed every rotation and developed great connections at each site."

"Switching to the draft style to determine the student clinical internship placements was a great move by the DPT program. As a student, it allowed me to better coordinate my sites with my interests and ensure I was getting a variety of clinical settings in locations that worked best for me personally and professionally."



Liz Charney '17 took part in this year's Match Day:

"None of us knew exactly what to expect going into our Match Day, and we were all a little nervous that morning. Making decisions about your future does that, I guess. Having a 'countries' theme helped provide a mental distraction and was a great source of fun and entertainment throughout the day. We picked our countries ahead of time and on Match Day each team brought in themed food and costumes. Fiji, the USA, Canada, Italy, Mexico, and Ancient Greece all made appearances, as well as others."

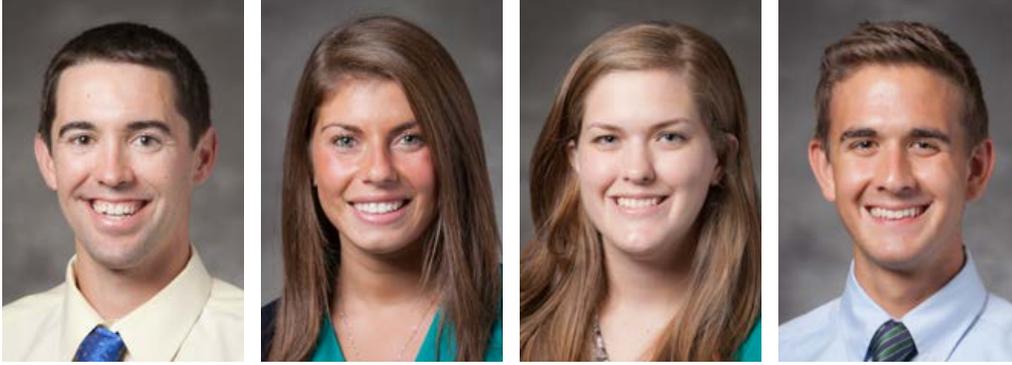
"What surprised me most about Match Day was how quickly it flew by and how busy we stayed throughout it. If you weren't researching sites or strategizing for your next pick, you were helping a friend do the same, or picking up some delicious éclairs from France's table (thanks, Team 3!)."

"While not everyone got everything on their wish list, I think overall we are satisfied with our picks and recognize that each site offers a unique opportunity to learn and improve our skills. We are looking forward to one more year of didactic coursework and then beginning our clinical rotations next August."

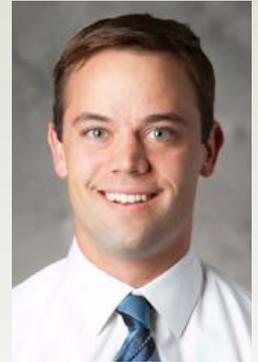


Head of the Class

Congratulations to the newly elected Duke DPT Class of 2017 Officers!



President: **Garrett Bullock**, Vice President: **Taylor Stern**, Secretary: **Ashlee Price**, Treasurer: **Ryan Koter**



Justin Zych '15 was elected as the American Academy of Orthopaedic Manual Physical Therapists Student Special Interest Group Membership Chair.

Victory Lap



Congratulations to new grad **Dr. Susan Rhea '15** and second-year **Kaitlyn Schleuter '16** for their 9th place finish at nationals as members of the Duke Women's Water Polo team! Susan was named First-Team All-Conference, and Kaitlyn was the All-Conference MVP. Incoming student **Travis Rhea** was the team's coach.



■ **Open Volleyball:** Adrienne Fox, Stephanie Babiarz, Taylor Stern, Hannah Jasurda, Evan Vasilauskas, Ryan McCarty, Mitch Therriault, Steven Higbie, Josh Staggs



■ **Coed Volleyball:** Adrienne Fox, Stephanie Babiarz, Courtney Williamson, Mary Jackson, Jackson Rollins, Matthew O'Connell, Ryan McCarty, Mitch Therriault, Steven Higbie



■ **Coed Soccer:** Becca Schafer, Nicole Neill, Josh Staggs, Mitch Therriault, Becca Todd, Sam Van Gorder, Kim Cratsenberg, Taylor Chapman, Aaron Rygiel

Go, DPT Teams!



The DPT Class of 2016 hosted the 10th annual DPT 5K to benefit **Easter Seals UCP of NC** on **March 22nd**. One hundred and twenty racers participated, ranging in age from 7 to 78. Third-year Neal Darmody won the race for the second year in a row and finished more than three minutes ahead of the next runner. First-years **Lynnea Kraft** and **Alisha Laing** were the top two female finishers in a field that included faculty, staff, students, and community members.

At the 3rd Annual PT Olympics on June 6th, participants competed in individual challenge such as a wheelchair obstacle course, single-arm shotput test, glaucoma glasses cup-staking, and cup of T...Test. Pairs competed in PROM cornhole, and teams went head-to-head in seated volleyball, armless soccer, a water/sponge race, and a relay. This year's

Champions: Team Put up or Shutt Up (**Dr. Jason Shutt '13** and members of the Class of 2017 **Bobby Prengle, Ryan Herr, Rachael Zdeb, and Hannah Jasurda**).



Duke DPT students and alumni spent a fun day in Cameron Indoor Stadium on April 26th at the **WunderGlo Foundation's 4th annual Go-To-Hell Cancer 3-on-3 Basketball Tournament**. Congrats to the Duke DPT Class of 2015 team of **Drs. Lauren Ryan, Kim Cratsenburg, and Keenan Whitesides** – a.k.a. “Hoopin’ and Hollerin’” – for winning the women’s division. DPT teams Brodie + Ber (**Adrienne Fox** from the Class of 2016 and **Maddie Nagy, Ambder Penna, and Caitlin Clark** from the Class of 2017) and Redickulous (members of the Class of 2016: **Josh Staggs, Steven Higbie, Ryan McCarty and Matt O’Connell**) were runners-up in the women’s and men’s divisions, respectively.

Several alumni also participated in the tournament: **Drs. Tyler Eubanks '13, Steve Arnold '12, Rosie Canizares '07, and Pat Ward '13**.



Going Social

Here are some of our favorite recent posts from the Duke DPT Facebook and Twitter accounts. Keep 'em coming – we love hearing from you!

Thanks for sharing!



dukedpt
 jwrfley1, hannonahjs, court_lyne_...
 ashleyspeightoneill, bagcatbreake
 and rc_duckeye like this
 dukedpt Other happenings in the TC
 #teacher #masticay2015
 chmundhenke #statisticallyspeaking
 court_lyne_ That's a dangerous
 conversation.

Jessica Powley Reale @JessicaPowleyPT · Feb 12
 @ThePlatesPT @Duke_DPT just saw you're a fellow Duke alum! Love it! #pelvicmafia #bluedevilpelvicmafia

Heather JeffcoatDPT @LapelvicPT · Feb 12
 @JessicaPowleyPT @Duke_DPT Oh, wow! Small world. I knew there must be some reason I liked you :-)

Duke DPT @Duke_DPT · Feb 12
 @ThePlatesPT @JessicaPowleyPT we love all of our alumni! Wish you had made it to #DukeatCSM #APTACSM @womens_PT #dptalums

Jessica Powley Reale @JessicaPowleyPT · Feb 12
 @Duke_DPT @JessicaPowleyPT @womens_PT awesome!!! I love it!!!

Heather JeffcoatDPT @LapelvicPT · Feb 13
 @Duke_DPT @JessicaPowleyPT @womens_PT I will definitely be at CSM next year! Bummed it didn't work out this year.

Samantha Van Gorder @samvangorder · Jun 24
 #GHSI_PT15 enjoying the great American pastime #durhambulls #baseball
 @Duke_DPT pic.twitter.com/hhksSnsEQ

Duke DPT @Duke_DPT · Jun 24
 @samvangorder You're doing a great job tweeting! Are @BeccaToddPT and @melanatt there, too? #classof2016 #bulkity @Durhambulls

Samantha Van Gorder @samvangorder · Jun 24
 @Duke_DPT thank you, thank you. @BeccaToddPT @melanatt gotta step up their tweeting game!

Duke DPT @Duke_DPT · Feb 11
 Meeting @RobLowe and learning about flexibility in PT1617 @SadyePaez #classof2017 pic.twitter.com/WwVfxLz6w

Ryan Herr @Ryan_was_HERR · Feb 11
 @Duke_DPT @RobLowe @SadyePaez @BPrenkle #MeatHeadRobLowe

Jason Shutt @jshutt_dpt · Feb 22
 @Duke_DPT @njbutler_dptphd Strachan's a Dunedin spring break tradition in the making #carrotcakeshake pic.twitter.com/HlQp3pB6w

Duke DPT @Duke_DPT · Feb 23
 @jshutt_dpt @njbutler_dptphd Thanks for posting the pic- hope someone took pictures when you met up with @toyaFbaby703! #dptalum

LaToya Eason Fryer @toyaFbaby703 · Feb 23
 @Duke_DPT @jshutt_dpt @njbutler_dptphd We'll make it happen tonight!

Symlur Hashtags @healthhashtags · 20h
 Top influencers of #ghsi_pt15: @duke_dpt @ekstokes @physio_phils @uri_dpt @queensrrt @norsktyisio Real-time Analytics: bit.ly/1eDmvGT

Symlur
#GHSI_PT15 - Global Health Summer Institute for PT - Social Media...
 This international summer institute of physiotherapy and physical therapy in held annually. It is funded by the Norway-North America Partnership Program 20

#GHSI_PT15

Rachael Zdeb @rachaelzdeb · Feb 24
 Learned so much and had a great experience at spring training this year. One of the many reasons @Duke_DPT is so awesome!

Duke DPT @Duke_DPT · Feb 24
 @rachaelzdeb Love this- glad you had such a great time!



Duke University
School of Medicine
Doctor of Physical Therapy

A Division of the Department of Orthopaedic Surgery

Phone:
919.681.4380

Physical Address:
2200 West Main Street
Suite B-230
Durham, NC 27705

Mailing Address:
DUMC 104002
Durham, NC 27708

Email:
DPTalumni@dm.duke.edu

Michel D. Landry, BSCT, PhD,
Division Chief of the Duke Doctor of Physical Therapy Program

Chad Cook, PT, PhD, MBA, FAAOMPT,
Professor and Interim Program Director

Carol Figuers, PT, Edd,
Vice Chief of Student and Faculty Development

Tiffany Hilton, PT, PhD,
Vice Chief of Education

John McCall, Vice Chief of Administration and Operations

Designer:
Hopkins Design Group

Editor:
Rosie Canizares

Writer:
Laura Ertel

Engage. Connect. Celebrate.



As an alumnus, you are a valuable member of our community and we would like to hear from you.

Connect with other Duke Alumni

Duke Alumni Association: Connect with classmates across Duke, learn about upcoming events and career networking opportunities.

Duke Alumni Directory: Update your profiles to reflect your current contact and professional information.

Duke Connect: An online networking tool that includes 5,000 alums offering information and advice about particular geographic areas, jobs and careers, stages of life, and graduate education.

Grow your Professional Network

Join our **LinkedIn Group** to share jobs, discuss trending topics, and connect with alumni and current DPT students to expand your professional network.



Join Our **LinkedIn Group**

Get the latest DPT News

Receive daily news updates from the DPT community through Twitter and Facebook, and get snapshots of exciting events on Instagram.



Like Us on **Facebook**



Follow Us on **Twitter @Duke_DPT**



Instagram

How Can We Better Serve You?

We'd like to know a bit more about you so we can provide relevant resources and opportunities. Please **take our brief (10 minute) survey** to share how we can better serve you.

Please share your personal and professional accomplishments so that we may celebrate with you. Email us with your latest news and accomplishments.

Upcoming DPT Continuing Education Course

Title of Course	Dates	Provider	Registration Information
Pelvic Floor Level 2B	October 2nd–4th, 2015	Herman & Wallace	Register

We are collecting applications for the Duke DPT Faculty Development Residency.

Application materials are due September 15th.

If you're an alum interested in participating in the Duke DPT Alumni Mentorship Program, you can sign up by filling out this **short survey** to help us better pair you with a mentor/mentee.

Please **e-mail dptalumni@dm.duke.edu** if any of these apply to you:

- board certified specialist, please indicate which specialty
- graduate of a residency/fellowship program
- interested in accompanying Duke DPT students on global health service trips
- interested in helping Duke DPT admissions with recruitment
- willing to house students who are away on clinical rotations

<https://www.gifts.duke.edu/dpt>