



Duke in touch

Connecting Duke Physical Therapy alumni, students, faculty, clinicians, and friends | Fall 2013

Greetings from the Chief



Warm wishes from Durham, and welcome to the inaugural Fall Edition of our Doctor of Physical Therapy (DPT) newsletter! The goal of this newsletter, which will be published in the fall and spring of each year, is to connect our communities together to share stories and stimulate innovative discussions among the wide diversity of DPT community members ranging from alumni, students, faculty, clinicians and friends. We hope that this newsletter will be a source of information and a way to stay connected with all that happens in the DPT program here at Duke University, and among the DPT community across the landscape of this country and our expanding world.

Over the next year, we plan to roll out more opportunities for our DPT community to engage with each other about physical therapy. The goal of all our communication activities, including this newsletter, is to provide a platform for knowledge mobilization and information exchange, as well as provide learning and development opportunities.

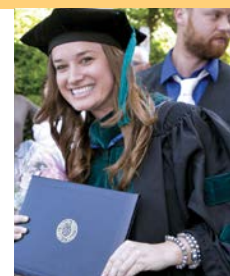
This will include exciting new opportunities such as online videos and discussion groups to enable our worldwide DPT community of scholars to engage in the discovery, dissemination and utilization of knowledge in the best care of patients.

Part of our commitment to you, and our social contract to our community here in Durham and around the world, is to continuously strive to improve the physical therapy profession, and the lives of people and communities around us. Here at Duke DPT we are creating "*the promise of a better future*." Faculty continuously seek new ways to prepare our learners for the future of health care, not just the current. Our learners challenge and motivate staff and faculty to be better every single day. And alumni inspire us by their actions and involvement around the world.

We hope that you'll join us as we shape a better future, through your ongoing involvement with Duke DPT.

Go Duke!

Michel D. Landry BScPT, PhD
Associate Professor & Chief



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Message from Dr. Jennifer Moody Skeesick '06 Alumni Association President



Greetings from the plains of Idaho! First, congratulations to the Class of 2013 and welcome to our Alumni Association. You have met the challenge and now you can forever enjoy the camaraderie of the Duke family. 2013 has proven to be an exciting year. In February, you elected your current alumni board including myself, Rosie Canizares ('06) and Shefali Christopher ('08). We are very excited about the opportunity to represent our group, as well as continue to support DPT and students in a special way. Henry Ford said, "Coming together is

a beginning; keeping together is progress; working together is success." Duke was the beginning and our profession keeps us together, but working together is the most challenging but necessary piece. Communication is the key, so you will notice a couple of immediate improvements, including the remodeling of our newsletter and increased use of social media like Facebook to update all of you on the successes of us! Please let us know how we can celebrate with you.



*"the promise
of a better future"*

New Global Health Summer Institute

links Duke DPT students, faculty with Norwegian and Canadian counterparts

In June 2013, six Duke DPT students and two faculty members spent a week in Bergen, Norway taking part in a unique new program aimed at providing future physical therapy leaders with international perspectives on health care.

The Global Health Summer Institute (GHSI) is an innovative partnership between Duke University, Bergen University College in Norway, and Queen's University in Ontario, Canada. GHSI is funded by a four-year grant from the Norwegian Ministry of Education and Research under its North American Strategy for Higher Education Cooperation program.

During their week at GHSI, students visited a Norwegian rehab clinic specializing in neck and spine injuries, attended lectures by world-renowned physical therapists (including our own Dr. Michel Landry), and brainstormed on global health care issues affecting the profession with 15 student counterparts from Canada and Norway. They also learned about the history of physical therapy advances in Bergen, where Norwegian scientist Gerhard Hansen discovered the cause of leprosy and where polio and leprosy shaped the profession – and visited the very hospital where lepers used to be quarantined. There was even time to climb a mountain overlooking Bergen and sample traditional cuisine like reindeer soup.



Dr. Jan Gwyer, Holly Thompson '14, Rebecca Varner '14, Keaton Ray '14, Elise Harris '14, Trista Flynn '14, Layla Seyedahmadian '14, Dr. Michel Landry

“Global Health Summer Institute and the grant supporting it present a tremendous opportunity for physical therapy students from three different countries to come together and talk about global health issues,” Dr. Landry said. “These students have remained in contact, so the international conversation that began in Norway will continue. That in itself is an amazing outcome that creates great promise for our world in the future.”

In 2014, Duke will host the summer institute, welcoming Norwegian and Canadian students to Durham to explore how physical therapy can help patients affected by life-changing events such as earthquakes or wars. In 2015, GHSI will be held in Ontario, Canada. Over these next few years, Dr. Landry notes, the plan is to expand

the program significantly and include students from developing nations that bear much of the global burden of disease. For instance, leprosy, a completely preventable and curable disease, still has not been eradicated in many low-income countries.

In addition to GHSI, the four-year grant also funds faculty and student exchanges among the three educational institutions during the academic year, and could lead to new research collaborations. This program builds on an existing partnership with Bergen University that has enabled Duke DPT students to take part in clinical internships in Norway for the past five years.



DPT Program



2013

On May 12, 2013, 59 newly minted DPTs accepted their Duke diplomas. Due to campus renovations, the ceremony was held off-campus at the historic Carolina Theater in downtown Durham, followed by a reception at the Durham Convention Center. The following members of the Class of 2013 were recognized during the ceremony:

Helen Kaiser Scholarship Award:

Dr. Patricia Punanani Bufalini, Dr. Kristen Campbell, Dr. Erika Ruzzeddu Grace, Dr. Briana Lavone Gregory, Dr. Amanda Albertson Heath, Dr. Elena Alexandrovna Kramerenko, Dr. Tawny Kross, Dr. Natalie Kathryn Larson, Dr. Lee William Plamann, Dr. Noe Sariban, Dr. Caroline Ann Schroeder, Dr. Jennifer Ann Shaughnessy, Dr. Ryan Scott Sweeney, Dr. Angelo Wo

Student Recognition Award:

Dr. Amanda Albertson Heath, Dr. Caroline Jacquelyn Varriale

Helen Kaiser Duke Physical Therapy Alumni Association Award: Dr. Tyler James Patrick

Duke Doctor of Physical Therapy Diversity Award:

Dr. Amber Nicole Chewning, Dr. Drew Daniel Dorschner

Jan K. Richardson Excellence in Teaching Award:

Dr. Mike Reiman

2012

On May 13, 2012, Duke DPT awarded diplomas to 72 members of the Class of 2012 – the largest class in our program's history! Dr. Landry opened the ceremony at the Bryan Center, followed by a reflection given by Dr. Elizabeth Ross and comments by Dr. Victor Dzau, Duke's chancellor for health affairs. 2012 class president Dr. Kara Noronha announced the gift of an alumni scholarship fund in their class' name.

Several members of the Class of 2012 were recognized during the graduation ceremony:

Helen Kaiser Scholarship Award:

Dr. Lauren Marie Blount, Dr. Amy Marie Cadwallader, Dr. Hannah Dawn Cheek, Dr. Kayla Emily Daugherty, Dr. Lorice Patricia Eby, Dr. Alexandra Himes-Ferris, Dr. Lindsey Marie Joseph, Dr. Michelle Lynn Rossio, Dr. Brooke Miranda Womack

Student Recognition Award:

Dr. Michael Alan Schmidt

Helen Kaiser Duke Physical Therapy Alumni Association Award: Dr. Lorice Patricia Eby

Duke Doctor of Physical Therapy Diversity Award: Dr. Brooke Miranda Womack

Jan K. Richardson Excellence in Teaching Award:

Dr. Carol Figuers '81



A new tradition: DPT White Coat Ceremony



July 13, 2012 was a historic day at Duke DPT:

Our inaugural White Coat Ceremony at Duke Chapel!

As the first class to complete the didactic portion of the new team-based learning curriculum, the DPT Class of 2013 received their white coats to mark the transition to clinical education. Two of our distinguished alumni were on hand to speak at this special event. Dr. Rebecca Craik '72, chair of the Arcadia University Physical Therapy Program, was the Evidence-Based Practice Capstone Discussant, and Dean McCall '04, NCPTA President, gave the keynote address. Congratulations to the Class of 2013, and thank you, Dr. Craik and Dr. McCall! We are thrilled about this new annual tradition.



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Faculty News

Gwyer receives national award for leadership

The American Physical Therapy Association presented our very own **Janet L. Gwyer, PT, PhD** with the 2012 Catherine Worthingham



Fellowship for her significant contributions and advancement in the areas of education, research, clinical practice, advocacy and professional service to the APTA. Over a distinguished career in physical therapy spanning more than four decades, Dr. Gwyer has served in many roles, including clinical practitioner, UNC research assistant, APTA's associate director

for its Departments of Practice and Education, and of course her current leadership role as professor and vice chief of education here at Duke DPT.

In presenting this award, the APTA cited Dr. Gwyer's "history of innovation in education and research," including her expertise in the area of educational program development.

Dr. Gwyer has served on the APTA Board of Directors and as chief delegate for the North Carolina chapter, advocating for physical therapy on the state and national levels. She has also held a host of other national and state chapter offices and positions.

"a history of innovation in education and research"

Duke was one of the first global universities to partner with Coursera

White teaches free online course open to all

In April 2013, Associate Professor **Leonard White, PhD** began teaching a 12-week course on Medical Neuroscience to students around



the world via Coursera, an education company that partners with the top universities and organizations in the world to offer free online courses open to anyone. Duke was one of the first global universities to partner with Coursera to offer these free "massive open online courses" (MOOCs), which have potential to revolutionize education –

including continuing education – throughout the world. Using video lectures, quizzes and exams, recommended readings and interactive online activities, Dr. White guided students as they explored the structure and function of the human central nervous system. Duke has arranged for several professors to teach these courses, which are offered free on the Internet to improve teaching technology, enhance the classroom experience, and broaden Duke's global audience. Check out other **Duke Coursera Courses**.



New Faculty Profile

Jason Allen, PhD is an associate professor at DPT with a secondary appointment in cardiology. A registered vascular specialist, research scientist and clinician in exercise physiology and vascular biology, Dr. Allen directs the Frederick R. Cobb Non-Invasive Vascular Research Laboratory, which is supported by the National Institutes of Health, American Diabetes Association and American Heart Association. He also directs DPT's Applied Physiology courses.



Research Updates

Several faculty presented at the 2013 APTA's Combined Sections Meetings in San Diego:

Adam Goode '05: Modifiable risk factors for low back symptoms in a U.S. community-based population: The Johnston County Osteoarthritis Project (platform presentation); (with Chad Cook) First-time low back pain and recurrent low back pain: Recognition of key factors and prevention.

Mike Reiman and Adam Goode '05: Diagnostic accuracy of clinical tests of the hip: A systematic review with meta-analysis (research platform presentation)

Mike Reiman: The Athlete's Hip: Hip Special Testing; The Missing Link: Relating Shoulder and Hip Joint Pathologies.



Carol Figuers '81: Women's health content in physical therapy professional programs: A survey of academic faculty.



Rob Butler: Three presentations: Comparison between Rangers, combat, combat service and combat service support soldiers on multiple performance measures predictive of injury risk;



Application of athletic movement tests that predict injury risk in a military population: Development of normative data; Dynamic balance values differ across competition level and sporting activities. Three posters: Hypermobility and dynamic balance in junior soccer players from Spain; Relationship between upper-quarter function and golf kinematics; Individual lower-extremity joint contributions during acceleration, deceleration and steady-state runs.



Corrie Odom: Presided over annual business meeting of the Clinical Education Special Interest Group.



Charlie Sheets: Improving evidence-based practice and professionalism across the health care spectrum.

DPT student leadership knows no bounds

Duke DPT students continue a long tradition of professional leadership at the national and international levels. Recent appointments include:

Ciara Burgi '14 – student committee, International Association for Dance Medicine & Science, and pro bono PT services chair, APTA Student Assembly Board of Directors

Keaton Ray '14 – secretary, Student Assembly Board of Directors

Chrissy Becks '14 – social committee chair, Student Special Interest Group of the American Academy of Orthopedic and Manual Physical Therapists' Association

Cody Mansfield '14 – web administrator, Student Special Interest Group of the American Academy of Orthopedic and Manual Physical Therapists' Association

Natasha Kopecky '15 – minority and international affairs chair, APTA Student Assembly



Cody Mansfield '14 and Chrissy Becks '14

Also at CSM

Jason Shutt '15 presented his poster: Relationship between upper-quarter function and golf kinematics

Equipment donated

In-Step Mobility has donated a U-Step 2 Walker to Duke DPT for our students to use in the Movement Matters course. This walker's ultra-stable design and innovative braking system increases patients' ability to move independently. Thanks, In-Step Mobility, for giving our students the opportunity to work with the latest equipment!



Students spend break helping Jamaican stroke patients

In December 2012, ten second-year DPT students spent a week in Jamaica volunteering at the Bull Savannah Physiotherapy Stroke Camp in St. Elizabeth Parish. Led by Duke DPT faculty member and neurological practice management professor Dr. Jody Feld, the group provided interventions such as bodyweight-supported treadmill training and functional electrical stimulation, and led activities for the camper-patients like races and a dance contest. The group brought along a stockpile of donations, including medical supplies, soccer cleats, shoes and sheets to share through the Friends of the Redeemer United charity organization that runs the camp.



100%

Percentage of Duke DPT students who are members of the APTA, earning the program platinum-level recognition in the **2013 APTA Reach100 Challenge**

Way to represent!

Back Row: Trista Flynn, Leigh Welsh, Kaylene Kroemer, Dr. Jody Feld, Beth Buzzell, Brittany Ross, Holly Thompson, Lauren Monarski
Front Row: Tessa Fraser, Katie Ikuta, Meera Parekh

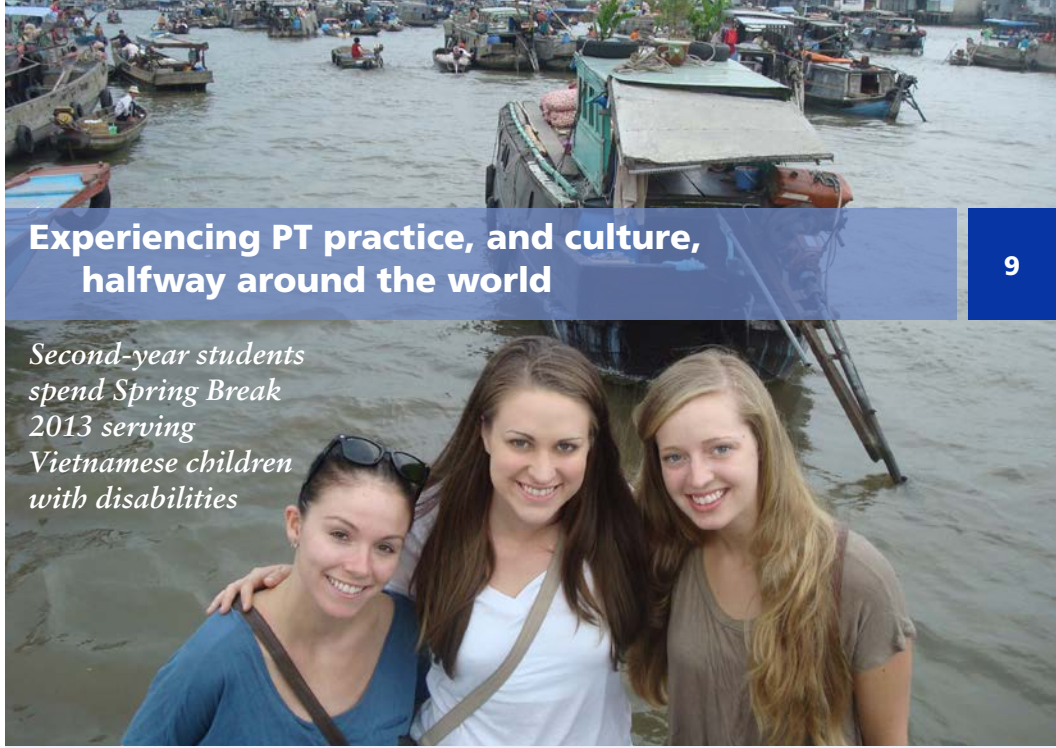
Beth Buzzell '14 called the service trip "an incredible opportunity to be fully immersed in a culture so unlike our own, to really connect with patients, and to look outside the skills we learned in the classroom and be as creative and insightful as possible."

The students were able to apply Duke's team-based learning approach as they worked in small teams to help coordinate patients' treatment while moving through a variety of therapeutic experiences. The camp's format gave the students extended hands-on hours with patients, alongside experienced physical therapists who provided guidance and feedback.

Buzzell recalled how inspiring it was to see the camper-patients active and enjoying themselves – like the 6-foot-7 patient with cerebellar ataxia pushing another patient in her wheelchair as part of a relay race. And the inspiration went beyond the camp. "On the last morning of our trip, we took a hike to see the sunrise. As I watched, I saw a new career for myself in physical therapy: one of service to communities all over the world in need of a hand."

Experiencing PT practice, and culture, halfway around the world

*Second-year students
spend Spring Break
2013 serving
Vietnamese children
with disabilities*



(L to R): Keaton Ray, Elizabeth Dias, Elise Harris

BY ELISE HARRIS '14

Keaton Ray, Elizabeth Dias and I traveled to Ho Chi Minh City to volunteer at a hospital working with children who have various disabilities. Through the Volunteers for Peace Vietnam program, we each spent one week with a local physiotherapist named Vu, and two weeks assisting nurses in a daycare for children with disabilities.

During our time with Vu, we learned a great deal about the profession of physiotherapy and patient management in Vietnam. We also learned that family education is critical for these children's rehabilitation. The families are taught exercises and techniques so they can work with their children outside the weekly treatment sessions.

In the daycare center, most of the children have cerebral palsy and do not receive regular therapy. Many have profound mobility limitations as a result of musculoskeletal impairments. Most were only limited physically – cognitively, they were at age-level. It was challenging to see how much their physical condi-

tions limited their participation. For example, we met a 22-year-old man who has no use of his legs and limited use of his arms. Since he cannot provide for himself, his family drops him off at the daycare every day so they can work.

For me, the most valuable aspect of our trip was cultural immersion. We lived with other international volunteers and learned how to navigate the city on our own. We learned basic phrases in Vietnamese to negotiate everyday tasks such as paying for bus fare and purchasing food. Every day, we would meet someone who wanted to practice English, so we got to talk about politics, civil rights and pop culture.

Our time in Vietnam taught me that I have so much more to learn as a student. It also showed me that, even as students, we have so much to offer.

Click [here](#) to read a blog post by our students during their trip.

Duke DPT 5K



The 8th annual Duke DPT 5K was held on a rainy Saturday, September 29, 2012. Despite the inclement weather, 132 hearty runners came out to participate, racing their way through the beautiful West Campus and raising funds to support the North Carolina Therapeutic Riding Center. Runners enjoyed post-race treats of ice cream, popcorn and sandwiches as well dozens of prizes awarded to top finishers in overall and age division categories and raffle winners. Drs. Case, Goode, Landry, Shipp, Terhune and White ran great races, with Dr. Goode taking home the top faculty award and Dr. Shipp winning her age division! The DPT 5K has become a great annual tradition for the program and a wonderful way to give back to the community.

The Medal Stand



Play for 8 Flag Football Tournament

■ The Class of 2014's Amanda Peterson, Allyson Hemstreet, Ciara Burgi, Beth Buzzell and Kayla Holz won the women's division of the Play for 8 Flag Football Tournament on October 5, 2012. The fundraising event supported Blair Holliday, a Duke football player who sustained a traumatic brain injury in a jet-skiing accident on July 4th. Several other DPT students competed in the tournament and got to meet Holliday, who has recovered well and was able to be on the sidelines when the football team defeated UNC on October 20th to bring back the Victory Bell and secure Duke's first bowl berth since 1994.



■ Hannah Smith '13 biked, swam and ran her way to a first place finish in the women's division of the Kerr Triathlon in Henderson, NC on June 3, 2012.

■ Job well done to the DPT students who recently completed the DC Half Marathon! Finishers include second-years Taylor Harrington, Cassandra Deitrick, Elizabeth Buice and Adrienne Barr and third-years Katie Deaton, Christa Sturiale, Elizabeth Dias, Amanda Elliot, Amanda Peterson and Kayla Holz.

■ In April, Chelsea Holt '13 completed the 2013 Boston Marathon with a time of 3:54. Aaron Kaufmann '14 also completed the race.

■ Hannah Smith '13 and Emily Bolthouse '14 competed in the USA Triathlon Collegiate Nationals in Tempe, AZ with the Duke Tri Club.

■ Dylan Elliott '15, aka "the White Blur," completed the Marineland Triathlon.

■ Duke Women's Club Water Polo team competed at Nationals (teammates include Chrissy Becks '14, Meg Cesarz '14, Susan Rhea '15, Chelsea Wolfe '15 and Bobby Lee '14).





We are the **Champions!**

Recent championships won by Duke DPT students (*Class year in parentheses*)

Fall 2010

- Men's Dodgeball (2013)
- Flag Football Grad Competitive (2012 and 2013)

Spring 2011

- Coed Softball (2013)

Summer 2011

- Coed and Men's 4v4 Competitive Basketball (2013)

Fall 2011

- Coed Competitive Volleyball (2013)
- Coed Flag Football (2013 and 2014)
- Coed 7v7 Competitive Soccer (2014)

Spring 2012

- Men's Competitive Basketball (2013 and 2014)
- Women's Big 4 Intramural Tournament (2013 and 2014)
- Coed 7v7 Indoor Soccer (2013)

Summer 2012

- Coed (2014) and Men's (2013 and 2014) 3v3 Competitive Basketball
- Coed 4v4 Basketball (2014)

Fall 2012

- Coed Flag Football (2013 and 2014)
- Women's Play for Eight Flag Football 4v4 Tournament (2014)

Spring 2013

- Men's WunderGlo Foundation's Go to Hell Cancer 3v3 Tournament (2013)

Duke DPT had a strong showing at the WunderGlo Foundation's Second Annual Go to Hell, Cancer! 3-on-3 Basketball Tournament on April 27, 2013. Students from all three years participated, as did several alumni and faculty – 21 program representatives overall. New graduates Noe Sariban, Tyler Eubanks, Pat Ward and Drew Dorschner won the men's championship!

Students learn how to **make sports accessible**



On March 21, 2013, Duke Doctor of Physical Therapy, Doctor of Medicine and Physician Assistant students took to the court to learn how to help children and adults with physical challenges enjoy the benefits of playing team and individual sports. During the two-hour Adaptive Sports Experience at the Brodie Recreation Center, students participated in wheelchair basketball, sitting volleyball, and blind bocce ball alongside athletes with disabilities. The event was facilitated by Bridge II Sports, a nonprofit community organization. There were 135 participants this year, an increase of 60% from last year.

Alumna competes in the Olympics



RUETERS

“To receive my DPT degree in 2004 and to finally compete in the Olympics in 2012,” Ola said, “shows the power of setting goals and never giving up on reaching them.”

Dr. Ola Sesay '04 dreamt of competing in the Olympics for a long time. A track and field athlete, she ran successfully in college and competed nationally while in the DPT program. She had an excellent showing at the 2004 and 2008 U.S. Track and Field Olympic Trials, but just missed making the team. At the 2012 Summer Olympics in London, Dr. Sesay represented Sierra Leone in the long jump, becoming the first athlete in the country's history to qualify for the Olympic Games. She had the honor of carrying the Sierra Leone flag during the opening ceremonies, and placed 23rd in the long jump – her highest finish in international competition. Congratulations, Ola!

INAUGURAL YEAR FOR Alumni Awards Program

The long-overdue awards program for distinguished alums of the Duke Graduate Program in Physical Therapy/Duke Doctor of Physical Therapy Program will begin this fall. Nominations for two categories are due by November 15, 2013, and can be made online.

While we will accept nominations from any source, we are especially encouraging those from alumni and program faculty, as well as program staff members and professional peers.

The two award categories are:

- **Distinguished Alumni Award**, open to any alumnus of the program who graduated ten or more years ago. The award is given to an individual who has demonstrated outstanding leadership, achievement and service in advancing health care as a professional physical therapist through clinical practice, education and/or research.
- **Emerging Leader Alumni Award**, open to any alumnus who has graduated from the Duke program within the past 10 years. Criteria are similar to the Distinguished Alumni Award, with the added element of having demonstrated considerable skills and promise to continue their progression toward leadership in the physical therapy profession.

Nominate a Distinguished Alum Now!

Selection of award recipients will be made by a committee comprised of current elected officers of the Duke PT Alumni Association and up to two alumni or current program faculty members appointed by the current association president. The awards process will culminate with the announcement of the award recipients at the annual Duke PT Alumni Association Meeting/Program Reception at APTA's Combined Sections Meeting in Las Vegas on February 3-6, 2014.

We encourage you to think about outstanding alumni who would be appropriate for these awards, and to do your part to nominate a worthy fellow alum or two of the Duke Physical Therapy master's or doctoral programs.



Allen Wicken, PT, MS ('74)
Immediate Past President,
Duke PT Alumni Association
Alumni Awards Program Coordinator

Class of 1990

During Medical Alumni Weekend in October 2012, nine members of the Class of 1990 came together for the first time since graduation for a weekend of reminiscing, campus-touring and laughter. The group included (with current states of residence): Barbara Brooks (Maine), Debbie Brown (SC), Janet Jobe Byers (Tenn.) with husband Jeff and son Daniel, Grace Hall (NC), Kathy Kolling Herriott (Ohio), Eileen Kahn (Maryland), Tamma Cain Klassen (NC), Nancy Cress Miller (NC) and Marci Piccus (Calif.).

Janet Jobe Byers '90, who organized the reunion, shared some highlights:

Our weekend included lunch with Dr. Kirk Johnson (our anatomy lab instructor), followed by a fantastic reception and tour of the 'new' Duke DPT classroom space at Erwin Square. Dr. Jan Gwyer provided an overview of the history and evolution of the Duke PT program into its current doctoral degree format. The tour was primarily given by current students, who also spoke about additional opportunities they have to serve populations outside our country. Duke PT Alumni Association President Allen Wicken also joined the reception and tour.

We then headed over to Duke South, which we found to be a whole new world! We had a blast roaming the halls and trying

Returns to Campus



to get oriented given all of the renovations and changes that have occurred over the years. The campus was as beautiful as ever.

On Sunday many of us enjoyed brunch with Dr. Emy Villanueva (our kinesiology instructor), where we celebrated the glorious victory of our Blue Devils football team over the Tarheels the previous night and caught up on life in general. We were blessed to have such terrific instructors at Duke!

Most of us rented a house together, where we had late night Skype sessions with Caroline Greenstein in Australia and Ginny Keely in California. We discovered that 22 years didn't change very much about any of us!

First DPT class celebrates 10th reunion

In May 2012, 17 members of Duke's first DPT class returned to campus to celebrate their 10-year reunion. The Class of 2002 enjoyed a student-led tour as well as a chance to reunite with several former professors, including Drs. Case, Figuers, Gwyer and Ross. Thanks to Isaac Lai '02 for organizing the reunion.

Have a reunion coming up? Contact dptalumni@dm.duke.edu to help make arrangements.

(L to R)

Dr. Amy Arundale '11,
Dr. Jenny Peterson
Bagwell '06, Dr. Brett
Aefsky '12, Dr. Corina
Martinez '06, Dr. Rosie
Canizares '07, Dr. Jason
Shutt '13, Dr. Jenna
Kellner Austell '06,
Dr. Rob Butler



Alumni at CSM 2013

- **Dr. Jennifer Moody Skeesick '06** was elected president of the Duke Physical Therapy Alumni Association at the CSM Duke Alumni Reception in San Diego.
- **Dr. Shefali Mathur Christopher '08** was reelected as secretary.
- **Dr. Jan Gwyer** presented **Sean Gallivan '94** with the Stanford Award from the education section for the most significant article published in the Journal of Physical Therapy Education in 2012. Gallivan's article was titled: Director of Clinical Education performance assessment surveys: A 360-degree assessment of the unique roles and responsibilities of this position in physical therapy education.
- The sports physical therapy section presented the IJSPT Achievement of Distinction – Outstanding Research Manuscript Excellence Award to **Dr. Paul Salamh '07** and his colleague Morey Kolber for their manuscript: The reliability, minimal detectable change and construct validity of a clinical measurement for quantifying posterior shoulder tightness in the post-operative population.

These Duke alumni presented at CSM 2013:

- **Elizabeth Mostrom '78**: Education Section's Polly Cerasoli Lecture.
- **Carol Figuers '81**: Women's health content in physical therapy professional programs: A survey of academic faculty.
- **Alan Lee '94** and **Mike Billings '94**: Panelists on tele-health panel.
- **Becca Jordre '02**: Fitness screening for Senior Games athletes.
- **Matt Garet '04**: Conservative treatment in lumbar spondylolysis and spondylolisthesis: A systematic review (poster).
- **Adam Goode '05**: Modifiable risk factors for low back symptoms in a U.S. community-based population: The Johnston County Osteoarthritis Project (platform presentation); (with Chad Cook): First-time low back pain and recurrent low back pain: Recognition of key factors and prevention.
- **Sean Rundell '05**: Physical therapy utilization among Medicare beneficiaries with a new episode of low back pain: The association with early imaging (platform presentation), An innovative collaboration for a pro-bono, student service learning clinic (poster).
- **Jennifer Peterson Bagwell '06**: Are the results of the FABER test associated with radiographic measurements used to diagnose femoroacetabular impingement?



Dr. Corina Martinez '06 and Dr. Ashley Davis.

- **Corina Martinez '06** (pictured above) and **Rob Butler:** Interaction of gender and body composition on rectus femoris morphology across knee range of motion (poster).
- **Evan Nelson '07:** Reliability and validity of the University of Wisconsin Running Injury and Recovery Index: A pilot study (platform presentation).
- **Natalie Herback Sebba '07:** What does a women's health physical therapist REALLY do?
- **Sara Forsythe Tomaszewski '07:** Use of manual therapy in the treatment of traumatic distal tibiofibular syndesmosis injury (poster), Use of trunk stabilization for the treatment of anterior hip pain: A case series (poster).
- **Shelfali Mathur Christopher '08:** Comprehensive management of the triathlete: Injury, rehab and performance (preconference).
- **Chris Holladay '08:** The Complicated Patient.
- **Laura Stanley '10** and **Katie Lyn Beasley '11:** Knee deficits are associated with higher landing error scoring system (LESS) scores in athletes who have returned to sport following primary anterior cruciate ligament reconstruction.
- **Katie Lyn Beasley '11:** Relationship of patient self-reported outcomes to clinical impairments and functional sport tests in athletes who have returned to sport following anterior cruciate ligament reconstruction (platform presentation).

NCPTA Fall Conference

As always, Duke DPT played a prominent role at this year's North Carolina Physical Therapy Association Conference, held in Greensboro on October 11-13, 2012.

- Dr. Carol Casper Figuers '81, Dr. Andrew George '03, Dr. Mathew Garett '04, Dr. Dora Sole '05, Dr. Christina Holladay '08 and Dr. Mike Schmidt '12 each spoke at the conference.



- 2013 graduates Angela Bowers, Shauna Folan, Amanda Heath, Bridget Ripa and Caroline Varriale were awarded first place for research poster presentations for their capstone project: Stress urinary incontinence in the female athlete: Recommendation for screening.
- Third-years Kayla Holz, Eileen Strube and Lucy DeLisa assumed the roles of chair, secretary and treasurer respectively within the Student Special Interest Group of the NCPTA; Kayla and Eileen are taking over for 2013 Graduates Tyler Patrick and Caroline Harless in their respective roles.

Third-year students **Shauna Folan, Amanda Heath, Caroline Varriale**, (pictured L to R), **Angela Bowers**, and **Bridget Ripa** (not pictured) were awarded first place for research poster presentations for their capstone project: *Stress urinary incontinence in the female athlete: Recommendation for screening.*

Great showing by Duke DPT!

Engage. Connect. Celebrate.



*As an alumnus,
you are a valuable
member of our
community and
we would like
to hear from you.*

Connect with other Duke Alumni

Duke Alumni Association: Connect with classmates across Duke, learn about upcoming events and career networking opportunities.

Duke Alumni Directory: Update your profiles to reflect your current contact and professional information.

Duke Connect: An online networking tool that includes 5,000 alums offering information and advice about particular geographic areas, jobs and careers, stages of life, and graduate education.

Grow your Professional Network

Join our LinkedIn Group to share jobs, discuss trending topics, and connect with alumni and current DPT students to expand your professional network.



Join Our **LinkedIn Group**

How Can We Better Serve You?

We'd like to know a bit more about you so we can provide relevant resources and opportunities. Please **take our brief (10 minute) survey** to share how we can better serve you.

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Upcoming DPT Continuing Education Courses

Title of Course	Dates	Provider	Registration Information
Gait and Movement Analysis for Targeted Treatment of Individuals with Neurologic Involvement	November 16th-17th, 2013	DPT ConEd	Register
Functional Dry Needling - Level 1 Training	November 22nd-24th, 2013	Kineticore	Register
Functional Dry Needling for the Clinical Setting	February 14th-16th, 2014	Kineticore	Save the date*
Structural Assessment of the Lower Quarter with Emphasis on Foot and Ankle, and Fabrication of Foot Orthoses	March 8th-9th, 2014	DPT ConEd	Save the date*
AOTA Fieldwork Educator Certificate Program	March 21st-22nd, 2014	DPT ConEd	Save the date*
Kinesio Taping Fundamentals & Advanced (KT1 & KT2)	March 29th-30th, 2014	Rehab Education	Save the date*
Herman and Wallace (PF1)	April 25th-27th, 2014	Herman & Wallace	Register
Herman and Wallace (PF2B)	October 3rd-5th, 2014	Herman & Wallace	Save the date*
Maitland MT-2	November 21th-23rd, 2014	MAPS	Save the date*

* Registration Coming soon – check the **website** for a future announcement
For further information, contact Dick Woolley at (919) 684-1365 or richard.woolley@dm.duke.edu