

*Cathie T. Siders, Ph.D.*

Dr. Siders is a psychologist specializing in organizational consulting and executive coaching. Her professional experience reflects strong interest in the management of workplace conflict, the issues affecting the private and professional lives of women and the leadership challenges of setting direction in organizations. Dr. Siders provides consultation to individuals and work groups in academic health centers, professional societies and higher education.

Anticipating a growing need for executive coaching, Dr. Siders transitioned from the practice of psychotherapy to the application of psychological principles in organizations and groups. Her expertise from many years as a therapist provides invaluable understanding of human behavior and the importance of making well-informed judgments and healthy choices.

Dr. Siders holds a Ph.D. in counseling psychology from The University of Iowa and completed mediation certification in an advanced training program through the Boston University School of Public Health entitled “Conflict Resolution Strategies for Health Care”. She is certified in the administration and interpretation of the Myers-Briggs Type Indicator, the EQi, all of the Center for Creative Leadership’s 360 instruments and in numerous other psychological tests.

Dr. Siders serves as both consultant and faculty member in nationally recognized leadership programs:

- The Executive Leadership in Academic Medicine for Women at Drexel University (ELAM)
- Duke University LEADership DEvelopment for Researchers
- Duke School of Medicine ALICE Program (Academic Leadership, Innovation and Collaborative Engagement)

Dr. Siders currently provides consultation to executive coaching clients in the following organizations:

- Drexel University College of Medicine
- Duke University School of Medicine
- Duke University Trinity College Arts & Sciences
- Howard University College of Engineering
- McGill University
- Medical University of South Carolina
- NYU Langone Medical Center
- Purdue University College of Science
- Virginia Commonwealth University Health System
- University of Houston College of Medicine
- University of New Mexico School of Medicine